

## Athlete Guide Randolph Toymaker 5K FUNdraiser

Saturday, July 27, 2019 Weeden Park Weeden Road, Randolph, NY 14772

Race Communications: Mark H. Wilson (914-466-9214) - Race Director Tonia H. Wilson (716-353-1288) - Registration & Administration

Race begins at 9:00am, SHARP Registration and packet pick-up opens at 7:30am. Pre-race meeting held 8:45am

**UNLESS** you hear from us directly, always assume that the race is on regardless of weather conditions where you are at. We will race rain or shine but will never put any of our athletes in danger.

#### PARKING

There will be plenty of parking at the race site.

#### REGISTRATION

Registration will open at 7:30am at the race site. All athletes must pick up their race packets themselves on RACE-DAY. You will receive your race t-shirt, bib number and goodie bags at this time.

Minors must have a parent or legal guardian present at registration to sign waiver.

Race day registration will be available for \$30/adults and \$10/kids under 17.

Payment can be made with credit/debit card (+ a \$2.50 service fee), cash or check made out to "Randolph Toymakers"

#### **BIB NUMBER**

For individual racers, you must have your number displayed on the front of your body during the run portion of the race.

#### **RACE ROUTE**

A straight out and back. The race will leave from the parking area of Weeden Park and take a left turn onto Weeden Road, continue straight past the 4-way intersection (there will be fire police stationed) and the turn-around will be close to the Fish Hatchery.

Runners and walkers both will be on the course at the same time. Runners will stage themselves at the front of the starting line to begin the race. Walkers are welcome. There is no time limit.

#### FINISH

You will be timed as you cross under the finish line. There will be water bottles available.

#### AWARDS

- Top 3 Overall (M & F)
- Top 3 Age Group (M & F)
  15-19,20-25,25-29,30-34,35-39,40-44,45-49,50-54,55-59, 60-64, 65-69,
  70-74,75-79,80-84,85+
- Award ceremony will begin at approximately 10:30am.

### FOOD

Hot dog picnic and refreshments will be provided by local merchants.

#### RULES

#### \*\*HAVE FUN

1. Unsportsmanlike-Like Conduct: Foul, harsh, argumentative or abusive language or other unsportsmanlike conduct directed at race organizers, police officials, volunteers, spectators or fellow athletes is forbidden.

**2. Headphones:** Headphones, headsets, walkmans, ipods, mp3 players, or personal audio devices, etc. are not to be carried or worn at any time during the race.

**3. Race numbers:** All athletes are required to wear race numbers at all times during the run. Numbers must face the front and be clearly visible at all times. Numbers may not be cut or folded or altered in any way. DO NOT transfer your number to any other athlete or take a number from an athlete that is not competing.

**4. Abandonment:** All personal equipment and belongings taken out onto the course must stay on the athlete the entire time. No garbage, clothing, etc. shall be thrown on the course.

# We are always in need of volunteers to assist on race day. If you have a family member or friend that is able to help us, please have them get in touch with us or come on race day. We would be so appreciative.

Please support and thank our sponsors;

Randolph Auto Supply, VanRensselear & Son Funeral Home

Anderson Auto, Cold Spring Volunteer Fire Department, Crosby's, Dr. Erika Connor, MD, East Randolph Volunteer Fire Department, Inkley's Angus Hill Farm, Inkley's Pharmacy & Gifts, Jamestown Area Community Federal Credit Union, Jeff's Autobody, Joe's Auto & Marine Repair, JRCS Digital, Kennedy Supermarket, LandPro Equipment, Landmark Chevrolet, Metallic Ladder, Mike Frame Images & Computer Consulting, Old Tool Tavern, R&M Restaurant, Randolph Volunteer Fire Department, Randolph Manor ~ Home for Adults, Randolph Veterinary Clinic, Register Graphics, Tops Friendly Market, Turney's Auto Repair & Sales, Vern's Place

# Thank you for supporting the Randolph Toymakers. This is the only FUNdraiser that they do all year to provide the supplies needed to continue their mission to give simple wooden toys to kids in need.

Thank you for racing with us. We strive to plan a fun, athlete centered event for you to test your fitness and endurance as well as leave with a new set of friends. Please watch our website at

www.CoachMarkWilson.com for race results, future events and activities.

Best of luck and stay safe.

Mark & Tonia Wilson

Wilson Endurance Sports, LLC

