

### STTC Course Record Holders 2017-Present (Cassadaga Park-Cassadaga, NY)

<b>Swim</b>	<b>Distance</b>	<b>Time</b>	<b>Age-Group</b>	<b>Year</b>	<b>Race #</b>
Wade Clark	400 yards	4:36	19-Under	2018	#3
Kalen Strickland	400 yards	5:26	19-Under	2018	#2

<b>Bike</b>	<b>Distance</b>	<b>Time</b>	<b>Age-Group</b>	<b>Year</b>	<b>Race #</b>
Rob Leary	13 Miles	0:36:44	40-44	2018	#4
Ashley Forsyth	13 Miles	0:39:28	35-39	2018	#3

<b>Run</b>	<b>Distance</b>	<b>Time</b>	<b>Age-Group</b>	<b>Year</b>	<b>Race #</b>
Jeremy Zgoda	2 miles	12:08	20-24	2017	#3
Brooke Adams	2 miles	13:32	25-29	2017	#4

<b>Course Record</b>	<b>Distance</b>	<b>Time</b>	<b>Age-Group</b>	<b>Year</b>	<b>Race #</b>
Rob Leary	400/13/2	0:54:52	40-44	2018	#3
Ashley Forsyth	400/13/2	0:59:41	35-39	2018	#3