

Sheet1

Event	First name	Last name	Bib #	Age category	Finish time	Overall place	Age grp place	City	State	Swim Leg	T1	Bike Leg	T2	Run Leg
Sprint Triathlon	Owen	ROWLANDS	154	1st Place Male	01:07:24	1	1	Campbell Hall	NY	00:08:33	00:00:31	00:36:11	00:00:29	00:21:38
Sprint Triathlon	Rebeccah	WASSNER	33	1st Place Female	01:10:16	2	1	New Paltz	NY	00:09:00	00:00:43	00:37:27	00:00:44	00:22:20
Sprint Triathlon	Chris	LANG	145	2nd Place Male	01:12:01	3	2	Pleasant Valley	NY	00:11:51	00:00:40	00:36:24	00:01:02	00:22:02
Sprint Triathlon	Shawn	JACKSON	129	3rd Place Male	01:12:55	4	3	Marlboro	NY	00:11:06	00:00:41	00:36:37	00:00:24	00:24:05
Sprint Triathlon Relay	Team	SOBOLEWSKI	160	1st Relay Team	01:13:36	1	1	Lagrangeville	NY	00:11:04	00:00:27	00:39:53	00:00:17	00:21:52
Sprint Triathlon	Peter	SKUTNIK	121	M 45-49	01:13:45	5	1	Midland Park	NJ	00:11:22	00:01:25	00:37:25	00:00:30	00:23:01
Sprint Triathlon	Julia	DESCOTEAUX	41	2nd Place Female	01:15:08	6	2	Stanfordville	NY	00:10:55	00:00:41	00:38:18	00:00:38	00:24:34
Sprint Triathlon	Donald	THURSTON	98	M 55-59	01:15:58	7	1	Pine Bush	NY	00:11:08	00:01:12	00:40:31	00:00:47	00:22:18
Sprint Triathlon	Vladimir	ARONSKY	112	M 45-49	01:16:23	8	2	Bellmore	NY	00:12:39	00:00:54	00:38:54	00:00:36	00:23:17
Sprint Triathlon	Robert	STEPHENSON	141	M 35-39	01:16:29	9	1	Easton	MD	00:12:47	00:01:00	00:37:50	00:00:49	00:24:00
Sprint Triathlon	Mark	EISENHANDLER	114	M 45-49	01:17:54	10	3	New Paltz	NY	00:13:21	00:00:54	00:38:13	00:00:28	00:24:57
Sprint Triathlon	Gentry	ROUSE	134	M 40-44	01:18:46	11	1	Rhinebeck	NY	00:14:11	00:01:01	00:36:54	00:00:36	00:26:01
Sprint Triathlon	Todd	COVERT	113	M 45-49	01:19:02	12	4	Stockbridge	MA	00:11:50	00:01:18	00:38:18	00:00:58	00:26:36
Sprint Triathlon	Matthew	TEBO	136	M 40-44	01:19:22	13	2	Clifton Park	NY	00:12:38	00:01:26	00:38:30	00:01:14	00:25:31
Sprint Triathlon	Scott	COSTLEY	101	M 50-54	01:19:25	14	1	Tillson	NY	00:12:24	00:00:58	00:39:20	00:00:42	00:26:00
Sprint Triathlon	Steve	ODONNELL	97	M 55-59	01:19:34	15	2	East Chatham	NY	00:12:34	00:01:22	00:38:14	00:00:57	00:26:25
Sprint Triathlon	Steve	GILLIAN	102	M 50-54	01:19:39	16	2	Poughkeepsie	NY	00:11:48	00:01:12	00:38:16	00:01:53	00:26:27
Sprint Triathlon	Laura	LICIS	46	3rd Place Female	01:20:23	17	3	Millbrook	NY	00:10:26	00:01:03	00:39:59	00:00:46	00:28:07
Sprint Triathlon	Mikko	MANNER	96	M 55-59	01:20:36	18	3	Poughkeepsie	NY	00:13:36	00:01:19	00:39:08	00:01:12	00:25:18
Sprint Triathlon	Greg	JONES	130	M 40-44	01:21:08	19	3	Brooklyn	NY	00:13:18	00:01:33	00:39:58	00:00:55	00:25:21
Sprint Triathlon	Shannon	JENKINS	37	F 40-44	01:21:16	20	1	Hamburg	NJ	00:12:21	00:00:49	00:40:22	00:00:33	00:27:08
Sprint Triathlon	Leila	PALTROWITZ	55	F 19-	01:21:33	21	1	New York	NY	00:09:03	00:00:45	00:45:10	00:00:38	00:25:55
Sprint Triathlon	Michael	GEORGE	150	M 25-29	01:22:24	22	1	Pine Plains	NY	00:15:46	00:01:14	00:39:30	00:00:49	00:25:02
Sprint Triathlon	Mike	VEEDER	88	M 60-64	01:22:27	23	1	Earlton	NY	00:14:08	00:00:40	00:42:08	00:00:51	00:24:38
Sprint Triathlon	Erica	FELLER	28	F 45-49	01:22:42	24	1	Brewster	NY	00:13:10	00:01:25	00:41:37	00:01:04	00:25:24
Sprint Triathlon	Meagan	LEDENDECKER	56	F 45-49	01:23:37	25	2	Stockbridge	MA	00:13:43	00:01:49	00:39:09	00:00:57	00:27:57
Sprint Triathlon	Alan	GOLDS	82	M 60-64	01:24:14	26	2	Hastings On Hudson	NY	00:13:49	00:01:33	00:40:49	00:00:57	00:27:04
Sprint Triathlon	Esteban	DE BACKER	126	M 40-44	01:24:45	27	4	New York	NY	00:13:13	00:01:54	00:43:00	00:00:57	00:25:38
Sprint Triathlon	David	STECKMAN	135	M 40-44	01:25:32	28	5	Poughkeepsie	NY	00:13:24	00:02:01	00:43:06	00:01:36	00:25:22
Sprint Triathlon	Michelle	GILLIAN	15	F 50-54	01:26:24	29	1	Poughkeepsie	NY	00:14:25	00:01:14	00:40:47	00:00:51	00:29:05
Sprint Triathlon	Arwen	LAWSON	17	F 50-54	01:26:57	30	2	Ridgewood	NJ	00:12:38	00:01:28	00:42:37	00:00:42	00:29:30
Sprint Triathlon	Kimberly	MEYERS	10	F 55-59	01:27:07	31	1	Otis	MA	00:11:02	00:01:29	00:43:47	00:01:33	00:29:13
Sprint Triathlon	Brian	LEE	117	M 45-49	01:27:38	32	5	Poughkeepsie	NY	00:14:34	00:01:52	00:43:03	00:01:08	00:26:59
Sprint Triathlon	Gonzalo	DIAZ	127	M 40-44	01:28:23	33	6	Saratoga Springs	NY	00:13:00	00:01:31	00:45:15	00:01:06	00:27:29
Sprint Triathlon	Kevin	KIRCHHEIMER	144	M 30-34	01:28:32	34	1	Binghamton	NY	00:12:33	00:02:10	00:41:30	00:01:25	00:30:53
Sprint Triathlon	Kevin	MATTHEWS	131	M 40-44	01:28:57	35	7	New York	NY	00:13:55	00:01:51	00:41:58	00:01:32	00:29:39
Sprint Triathlon	Robert	VARA	100	M 55-59	01:29:02	36	4	Carmel	NY	00:18:32	00:00:56	00:39:56	00:00:56	00:28:40
Sprint Triathlon	Steven	ZOELLER	89	M 60-64	01:29:14	37	3	Lagrangeville	NY	00:14:40	00:02:25	00:39:04	00:01:22	00:31:42
Sprint Triathlon	David	BECKWITH	73	M 65-69	01:30:14	38	1	Poughkeepsie	NY	00:16:49	00:01:40	00:42:16	00:02:02	00:27:25
Sprint Triathlon	Karen	TREMAINE	4	F 60-64	01:30:16	39	1	Stormville	NY	00:14:10	00:01:57	00:41:52	00:01:01	00:31:14
Sprint Triathlon	Dr. Tom	DENHAM	93	M 55-59	01:30:21	40	5	Delmar	NY	00:15:18	00:00:55	00:42:09	00:00:16	00:31:41
Sprint Triathlon	Shana	SOLOFF	53	F 25-29	01:30:42	41	1	Spring Valley	NY	00:17:45	00:03:34	00:42:09	00:01:35	00:25:37
Sprint Triathlon	Dominick	MERCURIO	71	M 75-79	01:31:08	42	1	Cottekill	NY	00:14:48	00:01:03	00:45:46	00:00:43	00:28:46
Sprint Triathlon	Austin	LOEFFEL	152	M 25-29	01:31:42	43	2	Red Hook	NY	00:11:14	00:01:55	00:49:18	00:01:19	00:27:54
Sprint Triathlon	Richard	WHITNEY	142	M 35-39	01:32:02	44	2	New Paltz	NY	00:12:39	00:01:31	00:48:52	00:00:31	00:28:26
Sprint Triathlon	Nicola	MACNEIL	29	F 45-49	01:32:13	46	3	Rotterdam Junction	NY	00:13:55	00:01:30	00:47:54	00:00:21	00:28:32
Sprint Triathlon	James	BACON	79	M 60-64	01:32:13	45	4	New Paltz	NY	00:11:13	00:02:24	00:45:01	00:01:09	00:32:24

Sheet1

Sprint Triathlon	Eissa	BONAMO	34	F 40-44	01:32:24	47	2	Stanfordville	NY	00:14:07	00:03:37	00:47:29	00:01:27	00:25:43
Sprint Triathlon	Ricky	ANGIER	122	M 40-44	01:32:30	48	8	Elizaville	NY	00:15:16	00:03:06	00:44:01	00:01:08	00:28:58
Sprint Triathlon	John	MCCULLOCH	132	M 40-44	01:32:52	49	9	Hudson	NY	00:16:10	00:02:03	00:46:29	00:01:20	00:26:49
Sprint Triathlon	Paul	ENGEL	116	M 45-49	01:33:06	50	6	Albany	NY	00:11:24	00:01:11	00:47:23	00:01:07	00:32:00
Sprint Triathlon	Jennifer	SCHIPPER	30	F 45-49	01:33:08	51	4	Sussex	NJ	00:12:37	00:02:38	00:44:58	00:01:14	00:31:40
Sprint Triathlon	Mary	DENITTO	1	F 70-74	01:34:02	52	1	Rhinebeck	NY	00:14:47	00:01:59	00:44:25	00:01:19	00:31:31
Sprint Triathlon	Gerard	VIVERITO	110	M 50-54	01:34:14	53	3	Rhinebeck	NY	00:14:36	00:01:13	00:43:19	00:00:46	00:34:19
Sprint Triathlon	Margaret	BANKER	25	F 45-49	01:34:47	54	5	Lakeville	CT	00:14:32	00:02:41	00:48:45	00:01:09	00:27:37
Sprint Triathlon	Alyson	LLERANDI	9	F 55-59	01:35:07	55	2	Midland Park	NJ	00:11:34	00:00:52	00:49:07	00:01:02	00:32:30
Sprint Triathlon	Theresa	VOTANO	23	F 50-54	01:35:14	56	3	Carmel	NY	00:17:50	00:00:43	00:44:34	00:00:39	00:31:26
Sprint Triathlon	Michael	ROBERTSON	120	M 45-49	01:35:16	57	7	Red Hook	NY	00:12:36	00:02:27	00:47:14	00:01:03	00:31:54
Sprint Triathlon	Bryan	LYNCH	118	M 45-49	01:35:21	58	8	Fishkill	NY	00:14:19	00:02:24	00:48:17	00:01:03	00:29:16
Sprint Triathlon	Elise	BACON	6	F 55-59	01:36:14	59	3	New Paltz	NY	00:14:22	00:01:53	00:46:50	00:01:07	00:32:00
Sprint Triathlon	Dara	SHEINFELD	31	F 45-49	01:36:37	60	6	New York	NY	00:14:33	00:02:59	00:49:52	00:01:24	00:27:46
Sprint Triathlon	Jacob	PALTROWITZ	155	M19-	01:37:06	61	1	New York	NY	00:11:39	00:01:23	00:49:03	00:00:44	00:34:15
Sprint Triathlon	John	BLACKBURN	124	M 40-44	01:37:12	62	10	Red Hook	NY	00:13:55	00:00:49	00:42:06	00:00:56	00:39:24
Sprint Triathlon	Amy	HOLLISTER	36	F 40-44	01:37:13	63	3	Massena	NY	00:16:47	00:02:19	00:46:03	00:02:29	00:29:32
Sprint Triathlon	Joanna	SHEINFELD	32	F 45-49	01:37:46	64	7	New York	NY	00:14:07	00:02:47	00:46:39	00:02:08	00:32:03
Sprint Triathlon	James	KELLY	76	M 65-69	01:37:54	65	2	Poughquag	NY	00:16:59	00:01:59	00:47:29	00:01:12	00:30:13
Sprint Triathlon	Bill	PAPE	72	M 70-74	01:37:59	66	1	Rosendale	NY	00:14:02	00:02:06	00:43:34	00:00:54	00:37:21
Sprint Triathlon	Simone	NADEAU	42	F 35-39	01:38:11	67	1	Saratoga Springs	NY	00:14:01	00:01:57	00:48:27	00:01:46	00:31:57
Sprint Triathlon	Christopher	FORERO	128	M 40-44	01:38:24	68	11	Long Island City	NY	00:14:28	00:02:10	00:47:15	00:02:28	00:32:00
Sprint Triathlon	Stephanie	HANRAHAN	35	F 40-44	01:38:27	69	4	Fonda	NY	00:12:07	00:02:18	00:53:02	00:00:40	00:30:18
Sprint Triathlon	Gelly	NEUSTADT	38	F 40-44	01:38:42	70	5	Spring Valley	NY	00:16:38	00:02:25	00:52:34	00:02:10	00:24:52
Sprint Triathlon	Julia	KADISON	7	F 55-59	01:38:48	71	4	East Chatham	NY	00:14:21	00:02:09	00:49:15	00:01:17	00:31:45
Sprint Triathlon	Beverly	WHALEN	5	F 60-64	01:39:24	72	2	Wappingers Falls	NY	00:17:48	00:01:29	00:48:02	00:01:02	00:31:02
Sprint Triathlon	Christine	VALENTE	54	F 25-29	01:39:37	73	2	Franklin	MA	00:15:03	00:03:39	00:50:58	00:01:40	00:28:15
Sprint Triathlon	Christina	SCHICK	40	F 40-44	01:39:40	74	6	Edgewater	NJ	00:15:24	00:01:58	00:50:10	00:01:18	00:30:48
Sprint Triathlon	Nick	MOORE	77	M 65-69	01:39:55	75	3	Sharon	CT	00:13:42	00:02:07	00:49:07	00:01:40	00:33:16
Sprint Triathlon	Andrew	TANZILLO	108	M 50-54	01:40:27	76	4	Hudson	NY	00:14:19	00:01:51	00:50:03	00:01:38	00:32:33
Sprint Triathlon	Joel	BERKOWITZ	80	M 60-64	01:40:30	77	5	Danbury	CT	00:15:07	00:02:35	00:45:07	00:02:14	00:35:24
Sprint Triathlon	Carol	MITCHELL	11	F 55-59	01:40:44	78	5	Lagrangeville	NY	00:17:33	00:03:06	00:46:48	00:01:34	00:31:41
Sprint Triathlon	Jonathan	ROTH	133	M 40-44	01:41:47	79	12	Morristown	NJ	00:15:04	00:02:59	00:47:04	00:01:05	00:35:34
Sprint Triathlon	Caroline	BURKE	44	F 30-34	01:42:48	80	1	Brooklyn	NY	00:16:43	00:01:05	00:52:10	00:00:22	00:32:25
Sprint Triathlon	Michael	MALDONADO	146	M 30-34	01:43:15	81	2	Poughkeepsie	NY	00:18:57	00:02:02	00:49:24	00:00:50	00:32:01
Sprint Triathlon	Jim	BECKER	70	M 75-79	01:43:54	83	2	Woodstock	NY	00:13:23	00:02:31	00:50:23	00:00:41	00:36:54
Sprint Triathlon	John	MANNING	119	M 45-49	01:43:54	82	9	Chatham	NY	00:17:58	00:03:09	00:51:55	00:02:23	00:28:28
Sprint Triathlon	Valerie	GILLIAN	49	F 25-29	01:44:45	84	3	Poughkeepsie	NY	00:16:51	00:04:04	00:49:01	00:00:46	00:34:00
Sprint Triathlon	Rich	DONNELLY	94	M 55-59	01:46:20	85	6	Tuxedo Park	NY	00:13:10	00:01:37	00:46:45	00:02:03	00:42:43
Sprint Triathlon	Kristina	SISON	13	F 55-59	01:47:14	86	6	Astoria	NY	00:18:16	00:00:50	00:51:31	00:00:42	00:35:52
Sprint Triathlon	Miles	BRAFFETT	81	M 60-64	01:47:14	87	6	Hillsdale	NY	00:14:10	00:02:14	00:49:48	00:01:15	00:39:46
Sprint Triathlon	Josh	BURCKHARD	125	M 40-44	01:47:47	88	13	Rhinebeck	NY	00:14:37	00:02:00	00:55:40	00:01:57	00:33:31
Sprint Triathlon	Gina	LANG	45	F 30-34	01:47:51	89	2	Pleasant Valley	NY	00:16:05	00:03:21	00:57:29	00:02:14	00:28:41
Sprint Triathlon	Abby	THURSTON	3	F 60-64	01:48:21	90	3	Pine Bush	NY	00:18:45	00:02:08	00:50:24	00:01:05	00:35:57
Sprint Triathlon	Ryan	BAXTER	143	M 30-34	01:48:52	91	3	Washingtonville	NY	00:18:13	00:02:29	00:50:03	00:00:49	00:37:16
Sprint Triathlon	Tom	TAUSCHER	78	M 65-69	01:49:55	92	4	Olivebridge	NY	00:16:22	00:02:34	00:48:27	00:01:28	00:41:03
Sprint Triathlon	Timothy	RICHARDS	87	M 60-64	01:51:56	93	7	Ogdensburg	NY	00:13:18	00:02:06	00:51:18	00:01:47	00:43:24
Sprint Triathlon	Andrew	ALTMAN	90	M 55-59	01:52:19	94	7	Great Neck	NY	00:16:16	00:03:07	00:59:31	00:02:15	00:31:08

Sheet1

Sprint Triathlon	Richard	MILLER	85	M 60-64	01:53:09	95	8	Thornwood	NY	00:16:27	00:03:15	00:52:58	00:01:43	00:38:45
Sprint Triathlon	Nan	MORRISON	12	F 55-59	01:53:52	96	7	New York	NY	00:16:10	00:04:03	00:53:53	00:01:02	00:38:42
Sprint Triathlon	Kelly	LOPANE	51	F 25-29	01:54:29	97	4	Millerton	NY	00:14:11	00:02:02	00:55:23	00:01:23	00:41:29
Sprint Triathlon	Roger	LIBERMAN	84	M 60-64	01:54:44	98	9	New York	NY	00:20:50	00:01:32	00:56:29	00:01:10	00:34:41
Sprint Triathlon	Matthew	VARA	153	M 25-29	01:55:42	99	3	Wappingers Falls	NY	00:24:32	00:03:38	00:56:34	00:01:50	00:29:06
Sprint Triathlon	Andrew	SEICOL	147	M 30-34	01:55:45	100	4	White Plains	NY	00:14:51	00:03:32	00:54:12	00:02:00	00:41:08
Sprint Triathlon	Melissa	SCHULZ	19	F 50-54	01:56:07	101	4	Rhinebeck	NY	00:17:17	00:03:00	00:57:10	00:01:33	00:37:04
Sprint Triathlon	Sheri	FRANKLIN	14	F 50-54	01:56:15	102	5	New York	NY	00:16:24	00:05:23	00:55:31	00:02:24	00:36:32
Sprint Triathlon	Tom	VACULIK	109	M 50-54	01:56:30	103	5	Poughkeepsie	NY	00:17:17	00:02:08	00:54:11	00:00:58	00:41:54
Sprint Triathlon	Jenn	LEACH	50	F 25-29	01:56:49	104	5	Clinton Corners	NY	00:14:50	00:01:56	00:52:45	00:00:49	00:46:25
Sprint Triathlon	Jim	BOYLES	91	M 55-59	01:56:49	105	8	Pine Plains	NY	00:15:28	00:02:20	00:57:02	00:00:49	00:41:09
Sprint Triathlon	Cristina	VILLAGRA	22	F 50-54	01:58:56	106	6	Newly York	NY	00:15:34	00:02:34	01:01:42	00:02:02	00:37:02
Sprint Triathlon	Sarah	EVERY	27	F 45-49	01:58:59	107	8	Spencertown	NY	00:16:35	00:02:01	00:54:33	00:00:52	00:44:56
Sprint Triathlon	Jean	DONNELLY	2	F 60-64	02:00:32	108	4	Tuxedo Park	NY	00:14:48	00:02:00	00:55:38	00:01:30	00:46:34
Sprint Triathlon	Tremont	POOLE	106	M 50-54	02:04:33	109	6	Mamaroneck	NY	00:17:07	00:04:35	00:57:34	00:01:20	00:43:55
Sprint Triathlon	Rachel	SINGER	48	F 30-34	02:08:56	110	3	Bronx	NY	00:17:54	00:04:27	01:00:03	00:02:03	00:44:28
Sprint Triathlon	Richard	BROTHERTON	74	M 65-69	02:10:07	111	5	Brooklyn	NY	00:17:34	00:00:41	00:57:40	00:00:39	00:53:32
Sprint Triathlon	Heather	DUBETSKY	26	F 45-49	02:10:42	112	9	Wappingers Falls	NY	00:18:31	00:01:57	01:05:19	00:01:19	00:43:35
Sprint Triathlon	Lori	THOMPSON	21	F 50-54	02:12:00	113	7	Wappingers Falls	NY	00:25:23	00:03:28	01:01:40	00:02:09	00:39:19
Sprint Triathlon	Lisa	SHAY	20	F 50-54	02:14:34	114	8	Clinton Corners	NY	00:23:58	00:04:03	00:59:45	00:00:31	00:46:14
Sprint Triathlon	Anthony	MANNINO	104	M 50-54	02:17:54	115	7	Fishkill	NY	00:26:47	00:03:50	01:02:16	00:02:43	00:42:17
Sprint Triathlon	Dan	ANDRESEN	148	M 25-29	02:29:55	116	4	Chatham	NY	00:23:06	00:03:12	01:06:36	00:01:58	00:55:01
Sprint Triathlon	Melissa	WOODS	24	F 50-54	03:01:52	117	9	Brooklyn	NY	00:25:09	00:03:53	01:28:32	00:02:11	01:02:05
Sprint Triathlon	Rasna	SETHI	43	F 35-39	02:38:39		DNF	Plainsboro	NJ		00:03:30	01:19:41	00:01:31	01:00:14
Sprint AquaBike	Eric	JOHNSON	62	1st Place Male	00:58:06	1		Ridgewood	NJ	00:14:27	00:00:51	00:42:46		
Sprint AquaBike	Ed	DOLENK	75	2nd Place Male	01:11:18	2		Wappingers Falls	NY	00:17:15	00:02:38	00:51:24		
Sprint AquaBike	Sheva	OLIVER	60	1st Place Female	01:11:48	3		Spring Valley	NY	00:16:42	00:03:00	00:52:06		