

CassadagaMan 2021 Results

Event	Overall place	Finish time	Bib #	First name	Last name	Age Group	A G place	City	State	Swim Leg Time	T1 Leg Time	Bike Leg Time	T2 Leg Time	Run Leg Time
Triathlon	1	04:47:00	177	Ryan	LAWRENCE	1st Place Male	1	Union City	PA	00:25:53	00:00:41	02:39:12	00:01:08	01:40:05
Triathlon	2	05:09:16	120	Mark	DURNO	2nd Place Male	2	Fairview Park	OH	00:29:19	00:01:45	02:52:38	00:01:02	01:44:29
Triathlon	3	05:15:43	129	Cameron	TOWNSEND	3rd Place Male	3	Buffalo	NY	00:37:16	00:02:03	02:47:35	00:01:12	01:47:35
Triathlon	4	05:16:26	70	Blair	BENSON	1st Place Female	1	Rochester	NY	00:29:38	00:01:53	02:54:43	00:00:47	01:49:22
Triathlon	5	05:43:12	121	Steve	GILLIAN	M 50-54	1	Poughkeepsie	NY	00:31:45	00:01:53	03:01:08	00:02:47	02:05:37
Triathlon	6	05:46:15	181	Phillip	AMSLER	M 30-34	1	Cheswick	PA	00:38:00	00:02:39	02:52:16	00:02:48	02:10:29
Triathlon	7	05:46:41	65	Rae	GLASER	2nd Place Female	2	Webster	NY	00:35:12	00:01:30	03:13:48	00:01:11	01:54:58
Triathlon	8	05:47:18	48	Kerry	POTTER	3rd Place Female	3	Harveys Lake	PA	00:49:47	00:01:48	03:01:57	00:01:46	01:51:58
Triathlon	9	05:49:49	148	Mark	KOMOSINSKI	M 45-49	1	Orchard Park	NY	00:37:24	00:03:31	03:11:44	00:02:46	01:54:23
Triathlon	10	05:50:06	180	Glen	SHOUP	M 35-39	1	Jamestown	NY	00:31:24	00:03:20	03:08:01	00:01:56	02:05:22
Triathlon	11	05:51:23	156	Trevor	THEOBALD	M 45-49	2	Painesville	OH	00:36:42	00:03:02	03:15:54	00:01:26	01:54:18
Triathlon	12	05:51:55	170	Neil	ANDERSON	M 35-39	2	Buffalo	NY	00:32:32	00:04:28	03:18:48	00:03:15	01:52:50
Triathlon	13	05:52:06	34	Deborah	BATTAGLIA	F 50-54	1	Centre Hall	PA	00:29:33	00:01:52	03:13:28	00:01:21	02:05:49
Triathlon	14	05:53:31	182	Jacob	ANASTASIA	M 30-34	2	Buffalo	NY	00:37:57	00:02:53	03:16:25	00:01:32	01:54:42
Triathlon	15	05:55:05	124	Chuck	KREGER	M 50-54	2	Centre Hall	PA	00:31:08	00:01:49	03:10:12	00:01:26	02:10:28
Triathlon	16	05:56:03	188	Luke	DUNKELBERG	M 25-29	1	Rochester	NY	00:32:46	00:01:50	03:26:41	00:01:58	01:52:47
Triathlon	17	05:57:14	141	Marc	UHTEG	M 50-54	3	Chaffee	NY	00:36:33	00:02:42	03:07:52	00:01:04	02:09:01
Triathlon	18	05:58:49	72	Samanta	ROTONDELLI	F 30-34	1	Youngsville	PA	00:35:39	00:04:51	03:17:50	00:02:25	01:58:02
Triathlon	19	06:01:59	160	Matthew	BECKER	M 40-44	1	Twinsburg	OH	00:37:13	00:02:59	03:13:21	00:02:23	02:06:01
Triathlon	20	06:04:18	164	Luke	FODOR	M 40-44	2	Jamestown	NY	00:37:04	00:01:32	03:02:07	00:01:07	02:22:27
Triathlon	21	06:07:37	117	David	SHAPIRO	M 55-59	1	Buffalo	NY	00:32:05	00:03:33	03:23:59	00:02:48	02:05:10
Triathlon	22	06:08:23	59	Willow	FODOR	F 40-44	1	Jamestown	NY	00:42:32	00:01:30	03:14:26	00:01:00	02:08:54
Triathlon	23	06:09:07	145	William	CROZIER	M 45-49	3	Watkinsville	GA	00:42:32	00:02:45	03:13:07	00:03:22	02:07:19
Triathlon	24	06:09:38	122	Tim	GOSSMAN	M 50-54	4	Avon	OH	00:33:50	00:01:51	03:17:08	00:02:05	02:14:42
Triathlon	25	06:09:51	50	Kristine	URBAN	F 45-49	1	Avon	OH	00:36:17	00:03:16	03:17:54	00:01:51	02:10:31
Triathlon	26	06:10:52	161	Ben	CHOPRA	M 40-44	3	Guilford	CT	00:30:56	00:01:43	03:17:51	00:02:50	02:17:30
Triathlon	27	06:11:57	186	Jeffrey	SHERWIN	M 30-34	3	Rochester	NY	00:36:50	00:03:36	03:21:55	00:03:11	02:06:22
Triathlon	28	06:14:56	162	Joshua	DERCK	M 40-44	4	Houghton	NY	00:40:01	00:03:01	03:12:32	00:01:44	02:17:36
Triathlon	29	06:15:09	61	Melissa	MCNETT	F 40-44	2	Warren	PA	00:36:15	00:01:36	03:26:04	00:01:23	02:09:50
Triathlon	30	06:15:16	184	David	MCNULTY	M 30-34	4	Lansdale	PA	00:37:00	00:05:05	03:19:44	00:02:48	02:10:36
Triathlon	31	06:21:17	126	David	MOSTOLLER	M 50-54	5	Mullica Hill	NJ	00:33:45	00:02:50	03:14:45	00:01:43	02:28:12
Triathlon	32	06:26:56	67	Alexis	SCIARRINO	F 35-39	1	Fredonia	NY	00:39:12	00:03:22	03:24:29	00:03:27	02:16:24
Triathlon	33	06:29:23	111	Kevin	MURPHY	M 60-64	1	Painesville	OH	00:40:18	00:02:48	03:10:22	00:02:09	02:33:45
Triathlon	34	06:31:46	113	Sean	TONZI	M 60-64	2	Skaneateles	NY	00:40:22	00:02:01	03:22:44	00:01:45	02:24:53
Triathlon	35	06:32:00	60	Mollie	HUTTON	F 40-44	3	Pendleton	NY	00:38:30	00:02:36	03:35:46	00:01:27	02:13:39
Triathlon	36	06:33:46	183	Krzysztof	BANCZAREK	M 30-34	5	Arkport	NY	00:38:29	00:05:45	03:13:35	00:03:22	02:32:32
Triathlon	37	06:34:50	53	Suzanne	BELTZ	F 40-44	4	Rome	NY	00:36:23	00:02:14	03:30:00	00:02:14	02:23:56
Triathlon	38	06:35:15	173	Samuel	CROZIER	M 35-39	3	Ponte Vedra Beach	FL	00:39:47	00:03:03	03:27:03	00:02:52	02:22:28
Triathlon	39	06:35:59	154	William	STIEBER	M 45-49	4	Monroe	NY	00:36:12	00:02:27	03:14:50	00:03:05	02:39:23
Triathlon	40	06:38:59	39	Dana	RINI	F 50-54	2	Willoughby	OH	00:36:52	00:02:21	03:37:19	00:01:46	02:20:39
Triathlon	41	06:40:08	158	Tim	WOLF	M 45-49	5	Buffalo	NY	00:36:36	00:04:42	03:39:23	00:04:07	02:15:18
Triathlon	42	06:40:40	187	Nathan	ANASTASIA	M 25-29	2	Buffalo	NY	00:38:57	00:02:58	03:24:16	00:03:08	02:31:19
Triathlon	43	06:42:50	40	Anita	WOODS	F 50-54	3	Cleveland	OH	00:37:59	00:03:37	03:22:18	00:01:55	02:36:58
Triathlon	44	06:43:29	114	Kurt	GUSTAFSON	M 55-59	2	Jamestown	NY	00:36:38	00:04:13	03:26:32	00:04:00	02:32:04
Triathlon	45	06:44:07	49	Victoria	STONE	F 45-49	2	Huntington	MA	00:38:51	00:02:36	03:41:25	00:02:33	02:18:40
Triathlon	46	06:46:09	175	Bryan	GINGRAS	M 35-39	4	Montgomery	NY	00:44:12	00:06:18	03:33:46	00:03:30	02:18:20
Triathlon	47	06:46:14	51	Kristen	WAUGH	F 45-49	3	China Grove	NC	00:43:16	00:03:44	03:25:53	00:02:02	02:31:17
Triathlon	48	06:47:25	179	Michael	POKORA	M 35-39	5	Tonawanda	NY	00:48:41	00:04:11	03:16:16	00:03:58	02:34:17
Triathlon	49	06:47:57	190	Cameron	SCHIAVONE	M 25-29	3	East Syracuse	NY	00:39:56	00:02:41	03:33:40	00:01:42	02:29:56
Triathlon	50	06:48:13	151	David	PARKER	M 45-49	6	East Otto	NY	00:40:41	00:02:18	03:29:22	00:03:03	02:32:46
Triathlon	51	06:49:24	71	Anna	CARAPPELLA	F 30-34	2	Fredonia	NY	00:36:36	00:02:35	03:29:28	00:03:31	02:37:13
Triathlon	52	06:50:26	166	Michael	SCHULTZ	M 40-44	5	Hamburg	NY	00:44:38	00:06:43	03:33:50	00:04:42	02:20:30
Triathlon	53	06:52:49	125	Bruce	LEVINE	M 50-54	6	Buffalo	NY	00:33:58	00:03:15	03:33:20	00:02:18	02:39:56
Triathlon	54	06:55:41	56	Katie	FINCH	F 40-44	5	Sinclairville	NY	00:37:44	00:02:16	03:39:28	00:02:50	02:33:21
Triathlon	55	06:56:39	115	David	HENS	M 55-59	3	Lakeview	NY	00:37:29	00:03:37	03:33:59	00:02:52	02:38:40
Triathlon	56	06:57:38	64	Jennifer	ECKENRODE	F 35-39	2	Slippery Rock	PA	00:39:10	00:03:32	03:44:19	00:04:13	02:26:22
Triathlon	57	06:59:34	153	Greg	STEINBERG	M 45-49	7	Westlake	OH	00:37:22	00:05:50	03:46:54	00:02:53	02:26:34
Triathlon	58	07:02:52	169	Hugo	ALVAREZ	M 35-39	6	Rochester	NY	00:32:31	00:07:38	04:15:08	00:06:04	02:01:29
Triathlon	59	07:03:09	155	Mike	SWANSON	M 45-49	8	Mentor	OH	00:40:00	00:04:02	03:33:24	00:04:43	02:40:58
Triathlon	60	07:12:48	168	Mark	WRIGHT JR	M 40-44	6	Buffalo	NY	00:37:10	00:04:30	03:27:56	00:04:07	02:59:02
Triathlon	61	07:12:53	62	Julie	SADAR	F 40-44	6	Cuyahoga Falls	OH	00:36:33	00:03:40	03:29:00	00:04:12	02:59:26
Triathlon	62	07:13:13	66	Katrina	RYAN	F 35-39	3	Lancaster	NY	00:49:14	00:03:04	03:49:33	00:03:32	02:27:47
Triathlon	63	07:13:37	150	Michael	MULLAN	M 45-49	9	Aston	PA	00:38:00	00:06:59	03:49:11	00:05:27	02:33:58
Triathlon	64	07:15:56	143	Bernard	WAUGH	M 50-54	7	China Grove	NC	00:38:11	00:02:49	03:38:51	00:03:11	02:52:52
Triathlon	65	07:18:06	165	Phil	MORGAN	M 40-44	7	Rochester	NY	00:39:49	00:04:17	04:00:09	00:02:37	02:31:12
Triathlon	66	07:20:00	35	Dana	BLASEY	F 50-54	4	Northfield	OH	00:34:24	00:03:15	03:29:54	00:05:04	03:07:22
Triathlon	67	07:20:51	58	Nicole	FLOSS	F 40-44	7	Clarence	NY	00:36:36	00:02:21	03:50:21	00:03:05	02:48:26
Triathlon	68	07:21:43	146	James	FEENEY	M 45-49	10	Orchard Park	NY	00:53:32	00:05:27	04:12:57	00:03:21	02:06:23
Triathlon	69	07:23:01	74	Laura	WILCOX	F 25-29	1	Hamburg	NY	00:37:28	00:03:29	03:59:46	00:02:35	02:39:43
Triathlon	70	07:26:36	105	Mark	GARGUILO	M 65-69	1	Tonawanda	NY	00:39:32	00:06:34	03:48:01	00:05:52	02:46:35
Triathlon	71	07:27:14	63	Sydney	CHINCHANA	F 35-39	4	Richfield	OH	00:42:55	00:02:28	03:55:47	00:01:59	02:44:03
Triathlon	72	07:29:21	112	Thomas	REYNOLDS	M 60-64	3	Hamburg	NY	00:58:02	00:06:23	03:42:59	00:06:55	02:34:59
Triathlon	73	07:29:52	32	Laurie	SCHEUING	F 55-59	1	Saratoga Springs	NY	00:43:02	00:02:24	03:53:03	00:02:51	02:48:30
Triathlon	74	07:31:45	193	Dan	SKINNER	M 20-24	1	Brocton	NY	00:36:20	00:05:26	03:47:27	00:05:24	02:57:06
Triathlon	75	07:32:38	191	David	WILLIAMS	M 25-29	4	Buffalo	NY	00:50:02	00:06:14	03:44:43	00:05:48	02:45:48
Triathlon	76	07:36:09	109	Dennis	GLASCOTT	M 60-64	4	Angola	NY	00:34:12	00:02:22	04:03:18	00:01:46	02:54:30

Triathlon	77	07:37:10	36	Andrea	LEHMAN	F 50-54	5	Coudersport	PA	00:47:42	00:08:59	03:31:11	00:02:36	03:06:40
Triathlon	78	07:39:59	55	Elizabeth	CHOIS	F 40-44	8	Cleveland	OH	00:40:14	00:02:02	03:54:39	00:02:57	03:00:05
Triathlon	79	07:41:39	176	Adam	KOLPACK	M 35-39	7	Sanborn	NY	00:41:50	00:04:22	03:52:32	00:04:54	02:57:59
Triathlon	80	07:45:01	100	Doug	FROST	M 65-69	2	Grand Island	NY	00:37:17	00:02:29	03:49:19	00:01:32	03:14:22
Triathlon	81	07:46:54	68	Lisa	STANTON	F 35-39	5	Russell	PA	00:38:27	00:04:55	04:28:47	00:03:56	02:30:47
Triathlon	82	07:49:47	157	Todd	WILLIAMS	M 45-49	11	Pittsford	NY	00:42:26	00:06:52	03:48:44	00:06:58	03:04:45
Triathlon	83	07:50:48	163	Lawrence	FAULKERSON JR.	M 40-44	8	Ashtabula	OH	00:41:23	00:04:32	04:01:46	00:02:52	03:00:14
Triathlon	84	07:54:03	31	Lisa	AUGUSTINE-GLASIER	F 55-59	2	Fredonia	NY	00:46:52	00:05:32	04:04:39	00:04:40	02:52:18
Triathlon	85	07:57:57	106	Mark	LAVNER	M 65-69	3	Fairport	NY	00:45:22	00:05:49	04:33:52	00:03:06	02:29:46
Triathlon	86	08:04:13	192	Bryce	GATTO	M 20-24	2	Westfield	NY	00:45:44	00:04:36	04:20:51	00:01:57	02:51:03
Triathlon	87	08:04:15	172	Dan	CONTINENZA	M 35-39	8	Mc Kean	PA	00:44:53	00:05:55	03:58:35	00:04:52	03:09:58
Triathlon	88	08:04:37	37	Carol	EARLES	F 50-54	6	Ravenden Springs	AR	00:48:20	00:11:56	03:40:32	00:08:58	03:14:49
Triathlon	89	08:06:31	45	Shandra	HOUGH	F 45-49	4	Navarre	OH	00:47:37	00:03:28	04:19:00	00:01:57	02:54:28
Triathlon	90	08:09:50	69	Katherine	ZUNNER	F 35-39	6	Lockport	NY	00:34:11	00:04:05	04:23:32	00:04:52	03:03:08
Triathlon	91	08:11:46	116	Benedict	MIRALIA	M 55-59	4	Cleveland	OH	00:47:04	00:06:13	04:05:21	00:05:21	03:07:45
Triathlon	92	08:15:49	128	David	SEYBOLD	M 50-54	8	Lewisburg	PA	00:51:37	00:08:07	04:33:59	00:08:00	02:34:04
Triathlon	93	08:18:40	185	Jayson	SELBERT	M 30-34	6	Arcade	NY	00:58:56	00:04:50	03:40:59	00:05:02	03:28:50
Triathlon	94	08:25:24	107	Jim	PROIETTI	M 65-69	4	Syracuse	NY	00:52:30	00:06:46	04:11:50	00:06:12	03:08:05
Triathlon	95	08:35:38	46	Patricia	MANGINE	F 45-49	5	Stockton	NY	01:12:05	00:08:26	04:23:39	00:06:52	02:44:33
Triathlon	96	08:36:39	123	Terry	HOKAJ	M 50-54	9	Erie	PA	00:51:22	00:05:10	04:26:43	00:04:57	03:08:26
Triathlon	97	08:39:10	47	Carolyn	NEWKIRK	F 45-49	6	Pittsburgh	PA	00:43:40	00:07:24	05:07:02	00:07:00	02:34:02
Triathlon	98	08:46:51	76	Eileen	GREW	F 60-64	1	Buffalo	NY	00:42:58	00:04:05	04:20:10	00:04:18	03:35:18
Triathlon	99	08:48:47	189	Ryan	FORGHAM	M 25-29	5	Auburn	NY	00:41:42	00:04:57	04:30:54	00:04:22	03:26:51
Triathlon	100	08:59:13	149	Joseph	LOMBARDO	M 45-49	12	Rochester	NY	00:55:52	00:09:30	04:30:31	00:04:14	03:19:04
Triathlon	101	09:10:39	52	Sandra	YEWALL	F 45-49	7	Warminster	PA	00:47:50	00:08:00	05:03:26	00:06:28	03:04:54
Triathlon	102	09:11:14	159	Tom	ALGUIRE	M 40-44	9	Angola	NY	00:56:37	00:05:13	04:43:10	00:03:57	03:22:15
Triathlon	103	09:17:03	38	Teal	CLARK	F 50-54	7	Jonesboro	AR	00:48:35	00:09:48	04:38:19	00:06:21	03:33:58
Triathlon	104	09:25:38	43	Rosanne	CARR	F 45-49	8	Cassadaga	NY	01:06:18	00:03:40	04:36:07	00:05:21	03:34:11
Triathlon	105	09:53:23	127	Charles	OEHRLEIN	M 50-54	10	Helena	AL	00:46:25	00:06:37	04:29:38	00:06:16	04:24:25
Triathlon	106	10:17:40	33	Jane	ARMSTRONG	F 50-54	8	Gibsonia	PA	00:50:52	00:07:29	05:00:33	00:05:13	04:13:31
Triathlon	107	10:20:40	108	Ed	SHEPHARD	M 65-69	5	Wexford	PA	00:43:36	00:10:32	04:25:15	00:09:32	04:51:44
Triathlon	DNF		41	Melissa	BEVINS	F 45-49		Middleburgh	NY	01:31:00	00:06:26			
Triathlon	DNF		57	Gretchen	FITZGERALD	F 40-44		Syracuse	NY	00:44:03	00:04:31			
Triathlon	DNF		75	Emily	KNACK	F 20-24		Painesville	OH	00:33:01	00:02:29	03:20:20		
Triathlon	DNF		110	Charles	KEENEN	M 60-64		Elbridge	NY	00:39:54	00:04:37	03:23:46	00:03:51	
Triathlon	DNF		118	Sheridan	BILEN	M 50-54		Archbold	OH	01:02:06	00:06:25	06:34:28		
Triathlon	DNF		144	Vedder	WHITE	M 50-54		Orchard Park	NY	00:34:14	00:02:06			
AquaBike	1	03:26:18	14	Jim	HALL	M Open	1	Buffalo	NY	00:33:42	00:02:01	02:50:34		
AquaBike	2	03:40:21	11	Michael	ROWLEY	M Open	2	Scottsville	NY	00:32:53	00:01:07	03:06:20		
AquaBike	3	03:45:20	9	Karli	LAWSON	F Open	1	Buffalo	NY	00:30:57	00:03:01	03:11:22		
AquaBike	4	03:51:41	2	Karin	DAUN	F Open	2	Brownsburg	IN	00:31:42	00:03:05	03:16:53		
AquaBike	5	03:57:41	3	Sarah	ALDRICH	F Open	3	Washington	DE	00:37:42	00:04:47	03:15:11		
AquaBike	6	04:05:29	17	Justin	HEISER	M Open	3	Akron	OH	00:33:59	00:01:46	03:29:42		
AquaBike	7	04:08:32	16	Jeb	BOBSEINE	M Open	4	Hamburg	NY	00:37:27	00:05:41	03:25:23		
AquaBike	8	04:25:55	5	Joan	SALMAN	F Open	4	Orchard Park	NY	00:36:57	00:02:57	03:45:59		
AquaBike	9	04:26:05	4	Aimee	KREBS	F Open	5	Chagrin Falls	OH	00:30:27	00:02:59	03:52:38		
AquaBike	10	04:28:00	10	Carl	ZEBROWSKI	M Open	5	Getzville	NY	00:39:36	00:06:49	03:41:34		
AquaBike	11	04:28:38	12	Robert	WHEATALL	M Open	6	Butler	PA	00:39:21	00:09:28	03:39:48		
AquaBike	12	04:30:17	7	Mary	PLUMB	F Open	6	Jamestown	NY	00:37:51	00:02:10	03:50:16		
AquaBike	13	05:08:26	1	Elizabeth	KELLY	F Open	7	Erie	PA	00:39:46	00:04:12	04:24:27		
AquaBike	14	06:01:43	6	Roberta	MOSIER-PETERSON	F Open	8	Gerry	NY	00:44:44	00:10:48	05:06:10		
AquaBike	15	06:29:52	15	Martin	GREGOIRE	Paratriathletes	1	Buffalo	NY	00:45:05	00:08:10	05:36:36		
Triathlon Relay	1	05:11:04	21	The Trifectas	TEAM		1	Jamestown	NY	00:28:03	00:00:41	02:56:57	00:00:33	01:44:48
Triathlon Relay	2	05:12:49	28	Tri-Ing For Gold	TEAM		2	Buffalo	NY	00:32:20	00:00:38	02:58:08	00:00:32	01:41:08
Triathlon Relay	3	05:24:48	24	Lmk	TEAM		3	Falconer	NY	00:33:15	00:00:51	02:58:04	00:00:38	01:51:58
Triathlon Relay	4	06:21:20	22	E-Z Self Storage	TEAM		4	Madison	WI	00:32:30	00:00:48	04:09:15	00:00:41	01:38:04
Triathlon Relay	5	06:25:48	20	The Eh!	TEAM		5	Avon	OH	00:44:00	00:00:43	03:23:29	00:00:48	02:16:46
Triathlon Relay	6	06:36:12	27	Hellbenders	TEAM		6	Meadville	PA	00:41:33	00:01:04	03:49:22	00:01:06	02:03:05
Triathlon Relay	7	07:14:28	25	Pineapple Power	TEAM		7	Cassadaga	NY	00:36:17	00:01:00	04:03:10	00:00:35	02:33:25
Triathlon Relay	8	07:46:36	23	Don't Tri This At Home	TEAM		8	Dunkirk	NY	00:41:09	00:01:01	05:04:11	00:00:54	01:59:20
Triathlon Relay	9	08:03:07	26	The Screaming Turtles	TEAM		9	Meadville	PA	00:38:16	00:00:48	04:16:54	00:00:59	03:06:09