

Ticonderoga Triathlon Festival Course & Age Group Records

Sprint

***2021 new and established course**

Male Overall - Sprint	1:02:26	Tim Russell	2021	Saratoga Springs, NY
Female Overall - Sprint	1:14:14	Leila Paltrowitz	2021	New York, NY
AquaBike Overall Male	51:57	Mark Lucier	2021	Wayland, MA
AquaBike Overall Female	1:21:05	Sally Cartwright	2021	Wayland, MA
AGE GROUPS				
Female 19&U	1:14:14	Leila Paltrowitz	2021	New York, NY
Male 19&U	1:11:59	Spencer Anderson	2021	Rochester, NY
Female 20-24	1:26:37	Violet Hess	2021	Marion, NY
Male 20-24	1:14:19	Timothy Purcell	2021	Pittsburgh, PA
Female 25-29	1:54:51	Lauren Daly	2021	Middletown, NY
Male 25-29	1:08:51	Patrick Smotzer	2021	Brooklyn, NY
Female 30-34	1:38:11	Kelly Zug	2021	Arlington, VA
Male 30-34	1:07:53	Maxwell Curtiss	2021	Milton, VT
Female 35-39	1:17:22	Meaghan Arzberger	2021	Arundel, ME
Male 35-39	1:07:53	Kyle Flack	2021	Lexington, KY

Female 40-44	1:28:02	Stephanie Hanrahan	2021	Fonda, NY
Male 40-44	1:09:32	Stephen Maas	2021	Barre, VT
Female 45-49	1:21:51	Nicola MacNeil	2021	Rotterdam Junction, NY
Male 45-49	1:11:30	Brian Watts	2021	Clifton Park, NY
Female 50-54	1:22:51	Michelle Gillian	2021	Poughkeepsie, NY
Male 50-54	1:13:30	Steve Gillian	2021	Poughkeepsie, NY
Female 55-59	1:36:37	Shelly Young	2021	Ticonderoga, NY
Male 55-59	1:17:45	Chris McNally	2021	Ballston Spa, NY
Female 60-64	1:22:09	Dot Martin	2021	Montpelier, VT
Male 60-64	1:14:59	Tom Dillon	2021	Bethlehem, PA
Female 65-69	1:18:02	Susan Kreplin-Michaels	2021	Aubrn, NY
Male 70-74	1:30:55	John Martin	2021	Montpelier, VT
Male 75-79	1:27:43	David Dibelius	2021	Lake George, NY

Olympic

Male Overall	1:58:22	Kevin Cronin	2021	Greenfield Center, NY
Female Overall	2:11:32	Carol Henry	2021	Ballston Spa, NY
AquaBike Overall Female	1:44:36	Laura Szczesniak	2021	Syracuse, NY
AGE GROUPS				
Male 19&U	2:08:45	Justin Layer	2021	Ballston Spa, NY
Male 20-24	1:58:22	Kevin Cronin	2021	Greenfield Center, NY
Female 25-29	3:20:15	Valerie Gillian	2021	Poughkeepsie, NY
Male 25-29	2:35:51	Ryan Kelly	2021	East Greenbush, NY
Female 30-34	2:33:44	Ava Agree	2021	Berkeley, CA
Male 30-34	2:02:14	Tim Russell	2021	Saratoga Springs, NY
Female 35-39	2:33:03	Jessica Corwin	2021	Ballston Spa, NY
Male 35-39	2:20:28	Joseph Wells	2021	Vergennes, VT
Female 40-44	2:12:13	Amy Farrell	2021	Tupper Lake, NY
Male 40-44	2:04:03	Matthew Crave	2021	Schenectady, NY
Female 45-49	2:43:45	Jessica Nash	2021	Troy, NY

Male 45-49	2:23:20	Christopher Frasca	2021	New York, NY
Female 50-54	2:43:53	Judith Guzzo	2021	
Male 50-54	2:15:26	David Connery	2021	Shelburne, VT
Female 55-59	3:32:48	Michelle Perlee	2021	Bristol, VT
Male 55-59	2:03:49	Don Kjelleren	2021	Williamstown, MA
Female 60-64	2:11:32	Carol Henry	2021	Ballston Spa, NY
Male 60-64	2:16:48	Mark Mulder	2021	Burlington, VT
Male 70-74	3:02:41	Jim Adams	2021	Altona, NY

DOUBLE TI
Sprint & Olympic combined time

Male Overall	3:04:40	Tim Russell	2021	Saratoga Springs, NY
Female Overall	4:11:27	Michelle Gillian	2021	Poughkeepsie, NY
AGE GROUPS				
Male 30-34	3:04:40	Tim Russell	2021	Saratoga Springs, NY
Male 35-39	3:36:46	Kyle Flack	2021	Lexington, KY
Female 40-44	4:44:29	Jessie Sangster	2021	Wilmington, NY
Male 40-44	3:41:13	Stephen Maas	2021	Barre, VT

Male 45-49	4:06:42	Christopher Erwin	2021	Middle Grove, NY
Female 50-54	4:11:27	Michelle Gillian	2021	Poughkeepsie, NY
Male 50-54	3:50:19	Steve Gillian	2021	Poughkeepsie, NY
Male 55-59	4:04:30	Chris McNally	2021	Ballston Spa, NY
Male 60-64	5:22:25	John Harvey	2021	Queensbury, NY