

FROZEN 50K

TIME	NAME	CITY, STATE	AGE	YEAR
3:52:00	KEITH MACKOWIAK	DUNKIRK, NY	41	2024
4:59:00	FRANCINE BARCHETT	BENTON HARBOR, MI	24	2022

COURSE RECORDS MALE/FEMALE

FRICKIN' HOT 50K

TIME	NAME	CITY, STATE	AGE	YEAR
3:59:09	TONY SWIERK	FREDONIA, NY	26	2024
4:52:00	ALICIA TYLER	LINDLEY, NY	43	2023