

Ticonderoga Triathlon Festival Course & Age Group Records Sprint & Olympic & Double Tri

Sprint Course

***2021 new and established course**

1:02:26	Tim Russell	Saratoga Springs, NY	2021	M30-34
1:14:14	Leila Paltrowitz	New York, NY	2021	F19&U

Sprint Age Group Records

TIME	AGE GROUP	NAME	CITY/STATE	YEAR
1:14:14	F19&U	Leila Paltrowitz	New York, NY	2021
1:26:19	F20-24	Renee Madcharo	Ballston Spa, NY	2022
1:30:10	F25-29	Carly Robb	New York, NY	2022
1:24:31	F30-34	Sasha Gifford	Brooklyn, NY	2022
1:17:22	F35-39	Meaghan Arzberger	Arundel, ME	2021
1:28:02	F40-44	Stephanie Hanrahan	Fonda, NY	2021
1:21:51	F45-49	Nicola MacNeil	Rotterdam Junction, NY	2021
1:21:19	F50-54	Michelle Gillian	Poughkeepsie, NY	2022
1:22:00	F55-59	Amy Sherman	New York, NY	2022
1:22:09	F60-64	Dot Martin	Montpelier, VT	2021
1:18:02	F65-69	Susan Kreplin-Michaels	Aubrn, NY	2021
1:50:38	F70-74	Margaret Wallace	Queensbury, NY	2022

TIME	AGE GROUP	NAME	CITY/STATE	YEAR
1:11:59	M19&U	Spencer Anderson	Rochester, NY	2021
1:14:19	M20-24	Timothy Purcell	Pittsburgh, PA	2021
1:08:51	M25-29	Patrick Smotzer	Brooklyn, NY	2021
1:02:26	M30-34	Tim Russell	Saratoga Springs, NY	2021
1:05:25	M35-39	Sean Fleming	Charlotte, VT	2022
1:09:32	M40-44	Stephen Maas	Barre, VT	2021
1:11:30	M45-49	Brian Watts	Clifton Park, NY	2021
1:13:30	M50-54	Steve Gillian	Poughkeepsie, NY	2021
1:17:45	M55-59	Chris McNally	Ballston Spa, NY	2021
1:14:59	M60-64	Tom Dillon	Bethlehem, PA	2021
1:15:47	M65-69	Tom Dillon	Bethlehem, PA	2022
1:17:58	M70-74	Jonathan Reik	Farmington, CT	2022
1:27:43	M75-79	David Dibelius	Lake George, NY	2021
AquaBike				
51:57		Mark Lucier	Wayland, MA	2021
1:04:34		Karen Phillips	Clifton Park, NY	2022
Relay Team				
1:35:58		Doom's Day		2022

Olympic Course

1:58:22	Kevin Cronin	Greenfield Center, NY	2021	M20-24
2:11:32	Carol Henry	Ballston Spa, NY	2021	F60-64

TIME	AGE GROUP	NAME	CITY/STATE	YEAR
2:47:04	F20-24	Harriet Mueller	Arlington, MA	2022
2:28:09	F25-29	Lauren Rabideau	Ballston Spa, NY	2022
2:33:44	F30-34	Ava Agree	Berkeley, CA	2021
2:33:03	F35-39	Jessica Corwin	Ballston Spa, NY	2021
2:12:13	F40-44	Amy Farrell	Tupper Lake, NY	2021
2:33:13	F45-49	Lea Foster	Voorheesville, NY	2022
2:41:10	F50-54	Jennifer Kresge	Rexford, NY	2022
2:42:55	F55-59	Amy Sherman	New York, NY	2022
2:11:32	F60-64	Carol Henry	Ballston Spa, NY	2021
TIME	AGE GROUP	NAME	CITY/STATE	YEAR
2:08:45	M19&U	Justin Layer	Ballston Spa, NY	2021
1:58:22	M20-24	Kevin Cronin	Greenfield Center, NY	2021
1:59:22	M25-29	Christopher Halsey	Ithaca, NY	2022
2:02:14	M30-34	Tim Russell	Saratoga Springs, NY	2021
2:18:51	M35-39	Joseph Wells	Vergennes, VT	2022
2:04:03	M40-44	Matthew Crave	Schenectady, NY	2021
2:23:20	M45-49	Christopher Frasca	New York, NY	2021
2:11:37	M50-54	Marc Silberman	Gillette, NJ	2022

2:03:49	M55-59	Don Kjelleren	Williamstown, MA	2021
2:16:48	M60-64	Mark Mulder	Burlington, VT	2021
2:38:51	M65-69	Michel Gagne	Levis, QC, CAN	2022
3:02:41	M70-74	Jim Adams	Altona, NY	2021
AquaBike				
1:44:36		Laura Szczesniak	Syracuse, NY	2021
1:44:46		Bryan Oriel	Fairport, NY	2022
Relay Team				
2:25:12		Flynn/Ross/Trout		2022

DOUBLE TI
Sprint & Olympic combined time

3:04:40	M30-34	Tim Russell	Saratoga Springs, NY	2021
4:04:55	F55-59	Amy Sherman	New York, NY	2022
TIME	AGE GROUP	NAME	CITY/STATE	YEAR
4:44:29	F40-44	Jessie Sangster	Wilmington, NY	2021
4:11:27	F50-54	Michelle Gillian	Poughkeepsie, NY	2021
4:04:55	F55-59	Amy Sherman	New York, NY	2022

3:04:40	M30-34	Tim Russell	Saratoga Springs, NY	2021
3:36:46	M35-39	Kyle Flack	Lexington, KY	2021
3:41:13	M40-44	Stephen Maas	Barre, VT	2021
4:03:44	M45-49	Brian Connery	New Hartford, NY	2022
3:50:19	M50-54	Steve Gillian	Poughkeepsie, NY	2021
4:04:30	M55-59	Chris McNally	Ballston Spa, NY	2021
5:22:25	M60-64	John Harvey	Queensbury, NY	2021