



## Overall Results

Place	Finish	Bib	Name	AG	City	State	Swim	T1	Bike	T2	Run	Nat.
Triathlon												
1.	<b>4:25:40</b>	2179	Russell, Tim	Male 35-39	Saratoga Springs	NY	30:27	00:38	2:22:14	01:36	1:30:45	
2.	<b>4:48:52</b>	2176	Bax, Michael	Male 35-39	Buffalo	NY	35:50	02:27	2:30:24	01:05	1:39:06	
3.	<b>4:53:02</b>	2102	Mohr, Lucas	Male 25-29	Vestal	NY	30:20	00:52	2:39:22	01:01	1:41:27	
4.	<b>4:53:32</b>	2090	McCarthy, Liam	Male 35-39	Ballston Spa	NY	33:13	01:27	2:31:07	01:33	1:46:12	
5.	<b>5:00:10</b>	2058	Dugan, Jeff	Male 40-44	Syracuse	NY	41:42	02:04	2:37:38	01:16	1:37:30	
6.	<b>5:02:21</b>	2129	Rogalski, Joseph	Male 50-54	Buffalo	NY	32:32	01:19	2:40:57	01:27	1:46:06	
7.	<b>5:03:38</b>	2086	Mack, Guilford	Male 40-44	Milford	NH	35:28	02:44	2:37:26	01:10	1:46:50	
8.	<b>5:04:51</b>	2114	Osada, Tatsuhiko	Male 40-44	Washington	DC	29:45	01:49	2:46:43	00:52	1:45:42	
9.	<b>5:14:11</b>	2004	Amsler, Phillip	Male 35-39	Cheswick	PA	36:58	02:41	2:42:26	01:26	1:50:40	
10.	<b>5:15:19</b>	2165	Wells, Joseph	Male 35-39	Vergennes	VT	33:01	01:05	2:48:52	01:16	1:51:05	
11.	<b>5:16:39</b>	2095	McGrew, Ian	Male 35-39	Kingston	NY	37:07	03:28	2:36:01	02:16	1:57:47	
12.	<b>5:19:53</b>	2062	Hoffmann, Mark	Male 45-49	Newtown Square	PA	35:07	03:23	2:49:39	02:38	1:49:06	
13.	<b>5:26:49</b>	2164	Weber, Michael	Male 40-44	Fairfax	VT	40:12	02:38	2:50:58	01:24	1:51:37	
14.	<b>5:28:09</b>	2079	Leigh, Lindsay	Female 45-49	Harrisburg	PA	30:13	01:05	2:48:53	01:26	2:06:32	
15.	<b>5:29:11</b>	2060	Hill, Robert	Male 45-49	Manlius	NY	40:32	02:31	2:57:22	01:59	1:46:47	
16.	<b>5:30:34</b>	2094	McGarry, Matthew	Male 25-29	Salt Lake City	UT	38:31	03:27	2:25:22	02:16	2:20:58	
17.	<b>5:33:07</b>	2146	Slovenkay, Richard	Male 50-54	Mentor	OH	38:21	02:17	2:52:48	02:00	1:57:41	
18.	<b>5:35:03</b>	2140	Schonfeld, Lucas	Male 30-34	King Ferry	NY	37:48	02:11	2:51:48	00:34	2:02:42	
19.	<b>5:35:21</b>	2162	Kline, Nathan	Male 30-34	Jamesville	NY	41:31	03:28	2:46:41	02:00	2:01:41	
20.	<b>5:40:37</b>	2022	Carter, Christopher	Male 45-49	Averill Park	NY	35:41	02:47	3:00:40	01:40	1:59:49	
21.	<b>5:41:00</b>	2130	Rogers, Joshua	Male 35-39	Williamsport	PA	41:59	02:13	3:05:48	01:35	1:49:25	
22.	<b>5:41:37</b>	2099	Merlino, AJ	Male 35-39	Elizabethtown	PA	48:39	02:33	2:50:14	02:25	1:57:46	
23.	<b>5:42:08</b>	2065	Gray, Michael	Male 55-59	New York	NY	42:56	02:51	2:50:01	02:20	2:04:00	
24.	<b>5:42:40</b>	2082	Lounsbery, Lauren	Female 30-34	Ballston Spa	NY	32:57	01:51	3:08:12	01:48	1:57:52	





Overall Results

Place	Finish	Bib	Name	AG	City	State	Swim	T1	Bike	T2	Run	Nat.
25.	5:46:05	2106	Myers, Zachary	Male 30-34	Syracuse	NY	38:46	03:19	3:20:34	02:27	1:40:59	
26.	5:48:59	2010	Bielecki, Matt	Male 35-39	Ellicott City	MD	35:14	05:04	3:00:52	04:08	2:03:41	
27.	5:50:56	2104	Muldowney, Brian	Male 55-59	Manchester	NH	37:44	02:46	2:58:41	02:35	2:09:10	
28.	5:51:05	2131	Roman, Brandon	Male 40-44	High Falls	NY	44:37	03:18	3:09:53	01:31	1:51:46	
29.	5:53:30	2175	McNulty, David	Male 35-39	Landsdale	PA	40:30	04:22	2:54:08	01:29	2:13:01	
30.	5:55:56	2045	Flint, Joseph	Male 40-44	Chittenango	NY	37:14	02:58	3:10:46	02:49	2:02:09	
31.	5:57:14	2036	Durno, Mark	Male 55-59	Fairview Park	OH	35:43	03:18	2:57:45	02:25	2:18:03	
32.	6:01:20	2113	Olt, Alex	Male 35-39	Oyster Bay	NY	43:49	01:35	2:50:02	01:34	2:24:20	
33.	6:01:50	2174	Zaccheo, Billy	Male 55-59	Hackettstown	NJ	48:42	01:35	3:15:29	02:33	1:53:31	
34.	6:04:19	2105	Murphy, Kevin	Male 60-64	Painesville	OH	42:59	04:29	2:58:52	01:52	2:16:07	
35.	6:04:50	2177	Urban, Kristine	Female 50-54	Avon	OH	40:34	03:20	3:08:06	03:00	2:09:50	
36.	6:06:40	2006	Arroyo, August	Male 20-24	Skaneateles	NY	33:52	03:57	3:16:25	01:56	2:10:30	
37.	6:07:23	2056	Harrod-McGrew, Anna	Female 35-39	Kingston	NY	46:20	03:02	3:14:55	02:08	2:00:58	
38.	6:07:42	2001	Alcantara, Alison	Female 35-39	Johnstown	PA	38:38	03:16	3:05:12	01:46	2:18:50	
39.	6:11:01	2023	Clarke, Dana	Female 40-44	Berwyn	PA	37:01	03:46	3:01:57	02:17	2:26:00	
40.	6:17:08	2035	Duprey, Mary	Female 65-69	Plattsburgh	NY	40:51	05:39	3:08:23	04:31	2:17:44	
41.	6:18:11	2076	Larson, Adrian	Male 35-39	Saint Joseph	MI	39:48	07:04	3:18:29	05:32	2:07:18	
42.	6:18:23	2109	Nolan, Zachary	Male 30-34	Delmar	NY	52:10	02:37	3:08:45	01:37	2:13:14	
43.	6:18:33	2074	Kurzdorfer, James	Male 25-29	Depew	NY	36:31	05:01	3:12:21	03:53	2:20:47	
44.	6:19:15	2053	Grannell, Francine	Female 50-54	Skaneateles	NY	44:35	03:59	3:14:31	02:10	2:14:00	
45.	6:21:44	2108	Nasto, Jennifer	Female 50-54	Rome	NY	47:08	05:19	3:12:50	03:24	2:13:03	
46.	6:21:51	2119	Pisciotta, Joseph	Male 35-39	Pittsburgh	PA	39:23	04:48	3:11:18	02:59	2:23:23	
47.	6:23:33	2115	Parker, Craig	Male 55-59	East Hampton	CT	38:34	04:04	3:21:06	02:57	2:16:52	
48.	6:24:00	2002	Alesi, Rebecca	Female 25-29	Syracuse	NY	48:39	05:20	4:01:31	02:21	1:26:09	
49.	6:24:40	2180	Griffith, Jason	Male 50-54	Keyser	WV	37:56	03:38	3:01:55	02:19	2:38:52	





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Place	Finish	Bib	Name	AG	City	State	Swim	T1	Bike	T2	Run	Nat.
50.	<b>6:24:57</b>	2040	Falco, Coraline	Female 45-49	Albany	NY	52:03	03:19	3:24:50	01:31	2:03:14	
51.	<b>6:27:24</b>	2009	Berkshire, Matthew	Male 40-44	Middleburgh	NY	40:41	04:07	3:06:44	03:07	2:32:45	
52.	<b>6:28:09</b>	2091	McCloe, Chris	Female 55-59	Endicott	NY	35:37	02:23	3:14:47	02:34	2:32:48	
53.	<b>6:28:22</b>	2071	Kinney, Christina	Female 30-34	Tonawanda	NY	47:30	03:24	3:22:43	02:05	2:12:40	
54.	<b>6:30:11</b>	2157	Uhteg, Marc	Male 55-59	Chaffee	NY	43:11	02:14	3:17:27	01:48	2:25:31	
55.	<b>6:30:27</b>	2103	Moskowitz, Jacqui	Female 55-59	Asbury Park	NJ	43:22	02:46	3:28:17	02:55	2:13:07	
56.	<b>6:30:40</b>	2182	Pinchok, Matt	Male 40-44	Pittsburgh	PA	35:24	02:22	3:29:58	02:14	2:20:42	
57.	<b>6:31:41</b>	2150	Sposato, Brian	Male 25-29	Utica	NY	41:30	04:23	3:32:27	04:04	2:09:17	
58.	<b>6:34:05</b>	2117	Parriott, Erica	Female 30-34	Ringwood	NJ	41:12	01:36	3:26:57	01:33	2:22:47	
59.	<b>6:34:11</b>	2134	Santos, Ricardo	Male 45-49	Freehold	NJ	43:35	03:29	3:16:53	03:41	2:26:33	
60.	<b>6:35:12</b>	2153	Steuber, William	Male 50-54	Monroe	NY	40:54	02:13	3:03:28	01:51	2:46:46	
61.	<b>6:35:28</b>	2059	Henrichs, Lara	Female 55-59	Point Pleasant Beach	NJ	40:19	01:45	3:20:10	01:30	2:31:44	
62.	<b>6:36:57</b>	2160	Wang, Bryan	Male 30-34	New York	NY	37:51	12:55	3:41:00	05:14	1:59:57	
63.	<b>6:36:58</b>	2161	Wang, Eric	Male 30-34	Morganville	NJ	37:49	13:00	3:41:08	05:04	1:59:57	
64.	<b>6:37:19</b>	2008	Becker, Julia	Female 35-39	Barrington	NJ	42:03	03:17	3:20:56	02:02	2:29:01	
65.	<b>6:38:01</b>	2025	Colebrook, Claire	Female 55-59	State College	PA	47:44	05:05	3:47:57	02:38	1:54:37	
66.	<b>6:38:12</b>	2181	Silva, Renato	Male 45-49	Hyannis	MA	45:07	03:59	3:21:37	03:00	2:24:29	
67.	<b>6:39:50</b>	2037	Dymek, Therese	Female 50-54	Wynnewood	PA	35:54	03:46	3:27:52	03:47	2:28:31	
68.	<b>6:42:02</b>	2041	Farrell, Colleen	Female 50-54	Syracuse	NY	48:02	03:18	3:21:36	01:39	2:27:27	
69.	<b>6:42:49</b>	2133	Salzman, Trevor	Male 15-19	Baldwinsville	NY	39:46	03:01	3:23:16	01:43	2:35:03	
70.	<b>6:43:23</b>	2070	King, Eric	Male 35-39	Saint Benedict	PA	48:50	05:07	3:27:27	01:40	2:20:19	
71.	<b>6:43:23</b>	2044	Finch, Dana	Female 35-39	Manlius	NY	40:10	03:34	3:25:24	01:52	2:32:23	
72.	<b>6:43:29</b>	2048	Gannon, Walter	Male 50-54	Mayfield	NY	49:03	03:34	3:10:58	03:55	2:35:59	
73.	<b>6:48:15</b>	2178	Murad, David	Male 60-64	Utica	NY	51:38	07:26	3:21:01	05:16	2:22:54	
74.	<b>6:48:34</b>	2170	Wnorowski, Daniel C	Male 65-69	Cazenovia	NY	47:39	03:28	2:51:53	03:14	3:02:20	





Overall Results

Place	Finish	Bib	Name	AG	City	State	Swim	T1	Bike	T2	Run	Nat.
75.	6:49:48	2159	Vidal, Louis	Male 40-44	Albany	NY	40:21	03:33	3:43:26	02:09	2:20:19	
76.	6:50:12	2173	Yu, Marcus	Male 25-29	Markham	ON	43:34	04:13	3:24:14	02:53	2:35:18	
77.	6:50:59	2167	Whalen, Beverly	Female 65-69	Wappingers Falls	NY	47:41	04:25	3:25:36	04:34	2:28:43	
78.	6:51:38	2141	Scott, Robert	Male 50-54	New York Mills	NY	52:33	10:37	3:28:12	05:26	2:14:50	
79.	6:51:46	2014	Neuburger, David	Male 30-34	New York	NY	50:54	04:20	3:21:43	02:19	2:32:30	
80.	6:52:57	2093	Mcdonnell, Michael	Male 60-64	Manalapan	NJ	54:59	04:02	3:16:51	04:00	2:33:05	
81.	6:53:49	2083	Love, Jeff	Male 30-34	Syracuse	NY	44:52	03:29	3:18:28	02:47	2:44:13	
82.	6:54:55	2054	Gura, Jeff	Male 65-69	Ponte Vedra	FL	44:39	04:56	3:25:33	03:21	2:36:26	
83.	6:55:56	2055	Hardt, Savanna	Female 20-24	Ballston Spa	NY	41:44	02:27	3:34:44	01:39	2:35:22	
84.	7:00:30	2088	McArdle, Rachel	Female 50-54	Niagara Falls	NY	58:50	05:13	3:30:31	03:17	2:22:39	
85.	7:01:30	2081	List, Audrey	Female 50-54	Fayetteville	PA	39:29	02:42	3:32:07	03:10	2:44:02	
86.	7:02:35	2033	Donnelly, Mark	Male 65-69	Jamesville	NY	46:09	04:20	3:25:10	02:31	2:44:25	
87.	7:02:39	2078	Lauterbach, Andrew	Male 45-49	Fairport	NY	42:55	07:20	3:39:38	03:59	2:28:47	
88.	7:05:34	2069	Kesil, Jenn	Female 45-49	Brick	NJ	48:31	01:49	3:28:02	02:00	2:45:12	
89.	7:05:48	2135	McNulty, Timothy	Male 35-39	Ambler	PA	51:27	05:41	3:27:05	04:03	2:37:32	
90.	7:07:14	2132	Sadar, Julie	Female 45-49	Cuyahoga Falls	OH	40:58	03:14	3:22:44	03:53	2:56:25	
91.	7:08:27	2087	Matthews, Steven	Male 25-29	Albany	NY	37:41	03:50	3:22:52	02:55	3:01:09	
92.	7:08:48	2136	Schapiro, Michael	Male 65-69	Vestal	NY	40:25	09:05	3:36:14	06:57	2:36:07	
93.	7:09:46	2101	Miranda, David	Male 50-54	Baldwinsville	NY	45:25	03:01	3:27:05	01:40	2:52:35	
94.	7:10:06	2097	Meekins, Kris	Male 65-69	Ashville	NY	37:35	03:41	3:30:01	05:09	2:53:40	
95.	7:11:52	2152	Stephenson, Lisa	Female 50-54	Freeport	PA	40:43	06:46	3:47:34	05:05	2:31:44	
96.	7:12:28	2144	Shrader, Steven	Male 40-44	Northville	NY	35:34	04:48	3:35:52	01:42	2:54:32	
97.	7:14:36	2123	Powers, Thomas	Male 45-49	Baldwinsville	NY	47:43	06:24	3:34:20	05:26	2:40:43	
98.	7:18:09	2124	Ramaniuk, Darya	Female 40-44	Emmaus	PA	43:10	04:09	3:38:31	02:09	2:50:10	
99.	7:22:17	2166	Wertz, Danielle	Female 35-39	State College	PA	53:34	03:32	3:37:03	04:06	2:44:02	





Overall Results

Place	Finish	Bib	Name	AG	City	State	Swim	T1	Bike	T2	Run	Nat.
100.	<b>7:22:30</b>	2168	Winn, Eric	Male 70-74	Charlestown	RI	40:48	04:49	3:30:45	02:22	3:03:46	
101.	<b>7:24:16</b>	2085	Lozier, Jared	Male 30-34	Mechanicville	NY	50:28	06:31	3:51:56	08:06	2:27:15	
102.	<b>7:25:18</b>	2017	Bruna, Joey	Male 20-24	Skaneateles	NY	39:46	03:14	3:32:33	03:05	3:06:40	
103.	<b>7:25:56</b>	2084	Lowell, Corey	Female 45-49	Asbury Park	NJ	42:31	03:14	3:35:50	03:09	3:01:12	
104.	<b>7:26:30</b>	2077	Lascola, Katie	Female 45-49	Oakmont	PA	39:47	03:20	3:58:22	04:50	2:40:11	
105.	<b>7:28:19</b>	2072	Klein, Lori	Female 45-49	Lebanon	PA	42:28	02:49	3:48:23	03:16	2:51:23	
106.	<b>7:28:28</b>	2092	McCoy, Marjory	Female 60-64	Haddonfield	NJ	52:23	05:08	3:25:23	04:11	3:01:23	
107.	<b>7:28:31</b>	2107	Narsavage, Marea	Female 45-49	Schnecksville	PA	53:04	07:41	3:53:56	07:34	2:26:16	
108.	<b>7:28:31</b>	2143	Shrader, Rebecca	Female 45-49	Northville	NY	55:00	09:11	3:49:18	08:52	2:26:10	
109.	<b>7:33:24</b>	2098	Mentkowski, Aaron	Male 50-54	Buffalo	NY	50:46	06:30	3:37:13	02:57	2:55:58	
110.	<b>7:34:11</b>	2127	Riker, Zachary	Male 25-29	Cicero	NY	47:09	05:50	3:38:33	05:53	2:56:46	
111.	<b>7:35:53</b>	2021	Carr, Rosanne	Female 45-49	Cassadaga	NY	47:01	03:09	3:47:52	04:20	2:53:31	
112.	<b>7:36:52</b>	2028	Cutrie, Melissa	Female 45-49	Chittenango	NY	50:07	03:12	3:54:20	03:33	2:45:40	
113.	<b>7:36:55</b>	2126	Redmond, Sean	Male 40-44	Cambridge	NY	50:37	04:47	4:19:18	01:50	2:20:23	
114.	<b>7:37:41</b>	2145	Signoracci, Marlo	Female 50-54	Hicksville	NY	52:26	03:29	3:48:53	01:47	2:51:06	
115.	<b>7:38:05</b>	2034	Dougherty, Kristy	Female 55-59	ENDICOTT	NY	41:20	06:05	3:57:52	04:58	2:47:50	
116.	<b>7:39:08</b>	2031	Freebern, Danielle	Female 40-44	Greenfield Center	NY	43:54	03:59	3:55:25	03:32	2:52:18	
117.	<b>7:40:20</b>	2066	Kalinowski, Daniel	Male 30-34	Washington	DC	40:56	05:34	3:35:15	04:33	3:14:02	
118.	<b>7:41:37</b>	2052	Gonzalez, Marissa	Female 30-34	Washington	DC	41:26	05:35	3:55:24	06:54	2:52:18	
119.	<b>7:42:43</b>	2138	Schneider, Gregory	Male 15-19	Grimsby	ON	55:53	05:28	3:48:25	03:23	2:49:34	
120.	<b>7:43:12</b>	2024	Clarke, Barbara	Female 65-69	West Chester	PA	56:56	04:58	3:56:09	03:26	2:41:43	
121.	<b>7:44:17</b>	2122	Povlich, Laura	Female 40-44	Washington	DC	47:07	04:57	3:55:46	03:47	2:52:40	
122.	<b>7:46:01</b>	2128	Roadarmel, Logan	Male 20-24	Jamesville	NY	39:51	07:27	3:25:24	04:13	3:29:06	
123.	<b>7:47:16</b>	2000	Abrahamson, Brian	Male 40-44	Manlius	NY	46:28	05:04	3:55:25	03:39	2:56:40	
124.	<b>7:51:04</b>	2149	Spaulding, Christina	Female 35-39	Rensselaer	NY	49:09	06:27	3:47:00	08:26	3:00:02	







Overall Results

Place	Finish	Bib	Name	AG	City	State	Swim	T1	Bike	T2	Run	Nat.
125.	7:53:01	2155	Thieme, Carolyn	Female 35-39	Eaton	NY	47:34	05:02	4:09:53	04:40	2:45:52	
126.	7:58:59	2073	Kolpack, Adam	Male 40-44	Sanborn	NY	1:10:02	05:51	4:08:00	05:38	2:29:28	
127.	8:11:53	2171	Yohn, Amanda	Female 35-39	Muncy	PA	49:07	03:03	3:52:48	02:08	3:24:47	
128.	8:15:44	2116	Parks III, John	Male 50-54	Montoursville	PA	1:01:53	06:53	3:43:04	05:52	3:18:02	
129.	8:19:34	2011	Bingham, Emma	Female 45-49	Perth	ON	56:44	02:54	3:44:57	02:40	3:32:19	
130.	8:27:39	2147	Smith, Chris	Male 50-54	Brunswick	OH	53:47	04:54	3:51:38	05:23	3:31:57	
131.	8:29:37	2096	McMahon, Joseph	Male 55-59	Rochester	NY	41:12	03:40	3:56:54	03:56	3:43:55	
132.	8:43:27	2016	Braner, Elyse	Female 40-44	Washington	DC	53:55	05:56	4:28:44	02:46	3:12:06	
133.	8:56:40	2051	Gillian, Valerie	Female 25-29	Poughkeepsie	NY	54:46	04:12	4:28:32	02:52	3:26:18	
134.	9:00:29	2100	Miralia, Benedict	Male 60-64	Cleveland	OH	1:01:30	05:55	4:23:49	03:59	3:25:16	
135.	9:10:43	2112	Oehrlein, Charles	Male 50-54	Helena	AL	56:11	07:57	4:32:54	04:11	3:29:30	
136.	9:12:03	2154	Thieme, Trevor	Male 35-39	Eaton	NY	49:26	06:01	4:30:13	05:08	3:41:15	
137.	9:12:18	2015	Boser, Dana	Male 45-49	Olean	NY	51:03	03:23	3:58:08	03:54	4:15:50	
138.	9:22:03	2049	Geizhals, Jennifer	Female 40-44	New York	NY	51:50	07:20	5:11:36	03:08	3:08:09	
139.	9:40:53	2005	Anderson, Kari	Female 60-64	Woodbridge	VA	54:36	11:30	4:40:13	07:17	3:47:17	

AquaBike

1.	3:43:30	2029	Daun, Karin	Female 60-64	Brownsburg	IN	36:13	03:38	3:03:39		
2.	3:46:14	2121	Burke, Jude	Male 55-59	Skaneateles	NY	42:31	02:33	3:01:10		
3.	3:46:52	2030	Mort, Michael	Male 40-44	Liverpool	NY	39:10	01:45	3:05:57		
4.	3:56:16	2169	Winter, Cassie	Female 55-59	Taberg	NY	47:23	02:46	3:06:07		
5.	4:11:54	2142	Shapiro, David	Male 60-64	Buffalo	NY	38:29	04:34	3:28:51		
6.	4:15:58	2067	Kandel, Ben	Male 45-49	Syracuse	NY	50:07	05:52	3:19:59		
7.	4:23:12	2156	Turner, Audrey	Female 65-69	Marcellus	NY	40:25	03:14	3:39:33		
8.	4:23:38	2043	Fesenger, Gordon	Male 65-69	Cazenovia	NY	44:28	02:04	3:37:06		
9.	4:30:43	2032	Desimini, Laura	Female 50-54	Point Pleasant Beach	NJ	36:09	03:02	3:51:32		





Overall Results

Place	Finish	Bib	Name	AG	City	State	Swim	T1	Bike	T2	Run	Nat.
10.	<b>4:31:23</b>	2064	Houck, Mary	Female 60-64	Fort Plain	NY	46:27	04:37	3:40:19			
11.	<b>4:41:05</b>	2013	Woods, Noe	Female 50-54	Pittsburgh	PA	42:41	03:29	3:54:55			
12.	<b>5:11:02</b>	2038	Escher, Denise	Female 50-54	Wilmington	DE	36:23	04:58	4:29:41			
13.	<b>5:16:56</b>	2061	Hoef, mary Jo	Female 65-69	Skaneateles	NY	52:13	08:57	4:15:46			
14.	<b>5:31:44</b>	2111	Norris, Laura	Female 65-69	Manlius	NY	52:14	05:21	4:34:09			

Relay Team

1.	<b>5:11:49</b>	716	APE-X,		Binghamton	NY	32:21	00:39	2:51:59	00:33	1:46:17	
2.	<b>5:13:38</b>	707	A-Squared,		Jamesville	NY	29:18	02:31	2:54:24	00:38	1:46:47	
3.	<b>5:36:49</b>	719	BrettFit,		Delanson	NY	43:34	00:50	2:42:14	00:33	2:09:38	
4.	<b>6:05:55</b>	749	Team Triforce,		Jamestown	NY	32:27	00:35	3:10:25	00:38	2:21:50	
5.	<b>6:11:04</b>	741	E-Z Self Storage,		Madison	WI	41:35	00:52	3:56:07	00:35	1:31:55	
6.	<b>6:45:00</b>	743	It's not fun til it's not,		Syracuse	NY	51:23	00:57	3:19:05	00:57	2:32:38	
7.	<b>6:47:01</b>	747	Thirsty Turtles,		Jordan	NY	43:07	00:41	3:29:33	00:47	2:32:53	
8.	<b>7:12:33</b>	742	Fast and Delirious,		Syracuse	NY	43:26	00:59	3:34:20	00:50	2:52:58	
9.	<b>7:45:00</b>	748	Whiskey Tango Foxtrot,		New Hartford	NY	38:34	00:43	4:31:05	00:40	2:33:58	

Number of records: 162





### Top 3 Awards

Place	Finish Time	Bib	Name	City	State	Nat.	Swim	T1	Bike	T2	Run	AG
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#### Triathlon

##### Female

1.	5:28:09	2079	Leigh, Lindsay	Harrisburg	PA		30:13	01:05	2:48:53	01:26	2:06:32	Female 45-49
2.	5:42:40	2082	Lounsbury, Lauren	Ballston Spa	NY		32:57	01:51	3:08:12	01:48	1:57:52	Female 30-34
3.	6:04:50	2177	Urban, Kristine	Avon	OH		40:34	03:20	3:08:06	03:00	2:09:50	Female 50-54

##### Male

1.	4:25:40	2179	Russell, Tim	Saratoga Springs	NY		30:27	00:38	2:22:14	01:36	1:30:45	Male 35-39
2.	4:48:52	2176	Bax, Michael	Buffalo	NY		35:50	02:27	2:30:24	01:05	1:39:06	Male 35-39
3.	4:53:02	2102	Mohr, Lucas	Vestal	NY		30:20	00:52	2:39:22	01:01	1:41:27	Male 25-29

#### AquaBike

##### Female

1.	3:43:30	2029	Daun, Karin	Brownsburg	IN		36:13	03:38	3:03:39			Female 60-64
2.	3:56:16	2169	Winter, Cassie	Taberg	NY		47:23	02:46	3:06:07			Female 55-59
3.	4:23:12	2156	Turner, Audrey	Marcellus	NY		40:25	03:14	3:39:33			Female 65-69

##### Male

1.	3:46:14	2121	Burke, Jude	Skaneateles	NY		42:31	02:33	3:01:10			Male 55-59
2.	3:46:52	2030	Mort, Michael	Liverpool	NY		39:10	01:45	3:05:57			Male 40-44
3.	4:11:54	2142	Shapiro, David	Buffalo	NY		38:29	04:34	3:28:51			Male 60-64

#### Relay Team

1.	5:11:49	716	APE-X,	Binghamton	NY		32:21	00:39	2:51:59	00:33	1:46:17	
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### Top 3 Awards

Place	Finish Time	Bib	Name	City	State	Nat.	Swim	T1	Bike	T2	Run	AG
2.	5:13:38	707	A-Squared,	Jamesville	NY		29:18	02:31	2:54:24	00:38	1:46:47	
3.	5:36:49	719	BrettFit,	Delanson	NY		43:34	00:50	2:42:14	00:33	2:09:38	





## Age Group Awards Triathlon

Place	Finish	Bib	Name	City	State	Swim	T1	Bike	T2	Run	Nat.
Triathlon											
Female 20-24											
1.	<b>6:55:56</b>	2055	Hardt, Savanna	Ballston Spa	NY	41:44	02:27	3:34:44	01:39	2:35:22	
Female 25-29											
1.	<b>6:24:00</b>	2002	Alesi, Rebecca	Syracuse	NY	48:39	05:20	4:01:31	02:21	1:26:09	
2.	<b>8:56:40</b>	2051	Gillian, Valerie	Poughkeepsie	NY	54:46	04:12	4:28:32	02:52	3:26:18	
Female 30-34											
1.	<b>6:28:22</b>	2071	Kinney, Christina	Tonawanda	NY	47:30	03:24	3:22:43	02:05	2:12:40	
2.	<b>6:34:05</b>	2117	Parriott, Erica	Ringwood	NJ	41:12	01:36	3:26:57	01:33	2:22:47	
3.	<b>7:41:37</b>	2052	Gonzalez, Marissa	Washington	DC	41:26	05:35	3:55:24	06:54	2:52:18	
Female 35-39											
1.	<b>6:07:23</b>	2056	Harrod-McGrew, Anna	Kingston	NY	46:20	03:02	3:14:55	02:08	2:00:58	
2.	<b>6:07:42</b>	2001	Alcantara, Alison	Johnstown	PA	38:38	03:16	3:05:12	01:46	2:18:50	
3.	<b>6:37:19</b>	2008	Becker, Julia	Barrington	NJ	42:03	03:17	3:20:56	02:02	2:29:01	
Female 40-44											
1.	<b>6:11:01</b>	2023	Clarke, Dana	Berwyn	PA	37:01	03:46	3:01:57	02:17	2:26:00	
2.	<b>7:18:09</b>	2124	Ramaniuk, Darya	Emmaus	PA	43:10	04:09	3:38:31	02:09	2:50:10	
3.	<b>7:39:08</b>	2031	Freebern, Danielle	Greenfield Center	NY	43:54	03:59	3:55:25	03:32	2:52:18	
Female 45-49											
1.	<b>6:24:57</b>	2040	Falco, Coraline	Albany	NY	52:03	03:19	3:24:50	01:31	2:03:14	
2.	<b>7:05:34</b>	2069	Kesil, Jenn	Brick	NJ	48:31	01:49	3:28:02	02:00	2:45:12	
3.	<b>7:07:14</b>	2132	Sadar, Julie	Cuyahoga Falls	OH	40:58	03:14	3:22:44	03:53	2:56:25	





## Age Group Awards Triathlon

Place	Finish	Bib	Name	City	State	Swim	T1	Bike	T2	Run	Nat.
Female 50-54											
1.	<b>6:19:15</b>	2053	Grannell, Francine	Skaneateles	NY	44:35	03:59	3:14:31	02:10	2:14:00	
2.	<b>6:21:44</b>	2108	Nasto, Jennifer	Rome	NY	47:08	05:19	3:12:50	03:24	2:13:03	
3.	<b>6:39:50</b>	2037	Dymek, Therese	Wynnewood	PA	35:54	03:46	3:27:52	03:47	2:28:31	
Female 55-59											
1.	<b>6:28:09</b>	2091	McCloe, Chris	Endicott	NY	35:37	02:23	3:14:47	02:34	2:32:48	
2.	<b>6:30:27</b>	2103	Moskowitz, Jacqui	Asbury Park	NJ	43:22	02:46	3:28:17	02:55	2:13:07	
3.	<b>6:35:28</b>	2059	Henrichs, Lara	Point Pleasant Beach	NJ	40:19	01:45	3:20:10	01:30	2:31:44	
Female 60-64											
1.	<b>7:28:28</b>	2092	McCoy, Marjory	Haddonfield	NJ	52:23	05:08	3:25:23	04:11	3:01:23	
2.	<b>9:40:53</b>	2005	Anderson, Kari	Woodbridge	VA	54:36	11:30	4:40:13	07:17	3:47:17	
Female 65-69											
1.	<b>6:17:08</b>	2035	Duprey, Mary	Plattsburgh	NY	40:51	05:39	3:08:23	04:31	2:17:44	
2.	<b>6:50:59</b>	2167	Whalen, Beverly	Wappingers Falls	NY	47:41	04:25	3:25:36	04:34	2:28:43	
3.	<b>7:43:12</b>	2024	Clarke, Barbara	West Chester	PA	56:56	04:58	3:56:09	03:26	2:41:43	
Male 15-19											
1.	<b>6:42:49</b>	2133	Salzman, Trevor	Baldwinsville	NY	39:46	03:01	3:23:16	01:43	2:35:03	
2.	<b>7:42:43</b>	2138	Schneider, Gregory	Grimsby	ON	55:53	05:28	3:48:25	03:23	2:49:34	
Male 20-24											
1.	<b>6:06:40</b>	2006	Arroyo, August	Skaneateles	NY	33:52	03:57	3:16:25	01:56	2:10:30	
2.	<b>7:25:18</b>	2017	Bruna, Joey	Skaneateles	NY	39:46	03:14	3:32:33	03:05	3:06:40	
3.	<b>7:46:01</b>	2128	Roadarmel, Logan	Jamesville	NY	39:51	07:27	3:25:24	04:13	3:29:06	





## Age Group Awards Triathlon

Place	Finish	Bib	Name	City	State	Swim	T1	Bike	T2	Run	Nat.
Male 25-29											
1.	<b>5:30:34</b>	2094	McGarry, Matthew	Salt Lake City	UT	38:31	03:27	2:25:22	02:16	2:20:58	
2.	<b>6:18:33</b>	2074	Kurzdorfer, James	Depew	NY	36:31	05:01	3:12:21	03:53	2:20:47	
3.	<b>6:31:41</b>	2150	Sposato, Brian	Utica	NY	41:30	04:23	3:32:27	04:04	2:09:17	
Male 30-34											
1.	<b>5:35:03</b>	2140	Schonfeld, Lucas	King Ferry	NY	37:48	02:11	2:51:48	00:34	2:02:42	
2.	<b>5:35:21</b>	2162	Kline, Nathan	Jamesville	NY	41:31	03:28	2:46:41	02:00	2:01:41	
3.	<b>5:46:05</b>	2106	Myers, Zachary	Syracuse	NY	38:46	03:19	3:20:34	02:27	1:40:59	
Male 35-39											
1.	<b>4:53:32</b>	2090	McCarthy, Liam	Ballston Spa	NY	33:13	01:27	2:31:07	01:33	1:46:12	
2.	<b>5:14:11</b>	2004	Amsler, Phillip	Cheswick	PA	36:58	02:41	2:42:26	01:26	1:50:40	
3.	<b>5:15:19</b>	2165	Wells, Joseph	Vergennes	VT	33:01	01:05	2:48:52	01:16	1:51:05	
Male 40-44											
1.	<b>5:00:10</b>	2058	Dugan, Jeff	Syracuse	NY	41:42	02:04	2:37:38	01:16	1:37:30	
2.	<b>5:03:38</b>	2086	Mack, Guilford	Milford	NH	35:28	02:44	2:37:26	01:10	1:46:50	
3.	<b>5:04:51</b>	2114	Osada, Tatsuhiko	Washington	DC	29:45	01:49	2:46:43	00:52	1:45:42	
Male 45-49											
1.	<b>5:19:53</b>	2062	Hoffmann, Mark	Newtown Square	PA	35:07	03:23	2:49:39	02:38	1:49:06	
2.	<b>5:29:11</b>	2060	Hill, Robert	Manlius	NY	40:32	02:31	2:57:22	01:59	1:46:47	
3.	<b>5:40:37</b>	2022	Carter, Christopher	Averill Park	NY	35:41	02:47	3:00:40	01:40	1:59:49	
Male 50-54											
1.	<b>5:02:21</b>	2129	Rogalski, Joseph	Buffalo	NY	32:32	01:19	2:40:57	01:27	1:46:06	





## Age Group Awards Triathlon

Place	Finish	Bib	Name	City	State	Swim	T1	Bike	T2	Run	Nat.
2.	<b>5:33:07</b>	2146	Slovenkay, Richard	Mentor	OH	38:21	02:17	2:52:48	02:00	1:57:41	
3.	<b>6:24:40</b>	2180	Griffith, Jason	Keyser	WV	37:56	03:38	3:01:55	02:19	2:38:52	

## Male 55-59

1.	<b>5:42:08</b>	2065	Gray, Michael	New York	NY	42:56	02:51	2:50:01	02:20	2:04:00	
2.	<b>5:50:56</b>	2104	Muldowney, Brian	Manchester	NH	37:44	02:46	2:58:41	02:35	2:09:10	
3.	<b>5:57:14</b>	2036	Durno, Mark	Fairview Park	OH	35:43	03:18	2:57:45	02:25	2:18:03	

## Male 60-64

1.	<b>6:04:19</b>	2105	Murphy, Kevin	Painesville	OH	42:59	04:29	2:58:52	01:52	2:16:07	
2.	<b>6:48:15</b>	2178	Murad, David	Utica	NY	51:38	07:26	3:21:01	05:16	2:22:54	
3.	<b>6:52:57</b>	2093	Mcdonnell, Michael	Manalapan	NJ	54:59	04:02	3:16:51	04:00	2:33:05	

## Male 65-69

1.	<b>6:48:34</b>	2170	Wnorowski, Daniel C	Cazenovia	NY	47:39	03:28	2:51:53	03:14	3:02:20	
2.	<b>6:54:55</b>	2054	Gura, Jeff	Ponte Vedra	FL	44:39	04:56	3:25:33	03:21	2:36:26	
3.	<b>7:02:35</b>	2033	Donnelly, Mark	Jamesville	NY	46:09	04:20	3:25:10	02:31	2:44:25	

## Male 70-74

1.	<b>7:22:30</b>	2168	Winn, Eric	Charlestown	RI	40:48	04:49	3:30:45	02:22	3:03:46	
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