



Overall Results

Place	Finish	Bib	Name	AG	City	State	Swim	T1	Bike	T2	Run	Nat.
Triathlon												
1.	52:54	2250	McGrew, Ian	Male 35-39	Kingston	NY	06:22	00:34	33:44	00:36	11:38	
2.	55:40	2120	Bakker, Michael	Male 55-59	New Paltz	NY	07:23	00:30	34:32	00:21	12:54	
3.	57:33	2256	Oertel, Nate	Male 40-44	Kingston	NY	07:13	00:59	36:32	01:08	11:41	
4.	57:35	2198	Brutvan, Lydia	Female 20-24	Gardiner	NY	05:25	00:39	38:34	00:23	12:34	
5.	57:53	2261	Roman, Brandon	Male 40-44	High Falls	NY	07:18	00:44	37:32	00:45	11:34	
6.	57:55	2223	Cordella, Massimo	Male 40-44	Rosendale	NY	06:24	01:31	37:32	00:52	11:36	
7.	58:03	2239	Halstead, Michael	Male 55-59	Stone Ridge	NY	06:08	01:04	36:28	00:28	13:55	
8.	58:16	2278	Engel, Niles	Male 50-54	Highland	NY	07:41	00:43	37:06	00:33	12:13	
9.	59:58	2172	Berkshire, Matthew	Male 40-44	Middleburgh	NY	07:02	01:08	38:39	00:45	12:24	
10.	1:00:40	2235	Eisenhandler, Mark	Male 50-54	New Paltz	NY	07:28	00:39	38:53	00:35	13:05	
11.	1:01:16	2266	Shashaty, Bill	Male 55-59	Stone Ridge	NY	06:21	00:52	38:16	00:49	14:58	
12.	1:02:56	2277	Murray, Sophia	Female 15-19	Gansevoort	NY	08:06	01:15	39:44	00:30	13:21	
13.	1:03:01	2242	Harrod-McGrew, Anna	Female 35-39	Kingston	NY	08:21	00:57	40:15	00:33	12:55	
14.	1:03:09	2265	Schindler, Steve	Male 65-69	Hurley	NY	06:32	01:25	40:24	00:52	13:56	
15.	1:03:11	2276	Murray, Emma	Female 15-19	Gansevoort	NY	08:14	01:06	39:43	00:24	13:44	
16.	1:03:35	2192	Britt, Westley	Male 40-44	New Paltz	NY	07:01	01:29	40:24	00:20	14:21	
17.	1:03:52	2270	Thurston, Donald	Male 55-59	Pine Bush	NY	06:31	01:11	41:41	00:59	13:30	
18.	1:06:13	2232	Demis, Jim	Male 60-64	New Paltz	NY	07:12	01:10	43:34	00:49	13:28	
19.	1:06:24	2273	Learn, Roger	Male 65-69	Troy	PA	07:03	01:06	41:45	00:49	15:41	
20.	1:06:39	2257	Ouimet, Patricia	Female 60-64	Millbrook	NY	07:24	01:03	43:00	00:42	14:30	
21.	1:07:07	2260	Rizik, Anastasia	Female 35-39	Wappingers Falls	NY	07:03	01:29	43:14	01:05	14:16	
22.	1:07:41	2249	Mazzella, Danielle	Female 45-49	New Paltz	NY	09:26	01:12	42:41	00:57	13:25	
23.	1:08:24	2203	Brutvan, Marty	Male 50-54	Gardiner	NY	10:22	01:20	43:49	00:30	12:23	
24.	1:08:50	2251	Mercurio, Dominick	Male 75-79	Cottkill	NY	08:46	00:45	43:14	00:38	15:27	
25.	1:09:42	2253	Miller, Richard	Male 70-74	Accord	NY	07:19	01:08	43:46	00:42	16:47	





Overall Results

Place	Finish	Bib	Name	AG	City	State	Swim	T1	Bike	T2	Run	Nat.
26.	1:09:49	2208	Cadenhead, Bruce	Male 60-64	Dobbs Ferry	NY	07:26	02:28	43:04	00:33	16:18	
27.	1:10:04	2243	Holton, Rebecca	Female 40-44	Highland	NY	08:44	02:07	45:20	00:40	13:13	
28.	1:10:41	2224	Cross, Vicki	Female 50-54	Davenport	NY	07:34	01:24	46:46	00:40	14:17	
29.	1:11:04	2233	Doherty, Michael	Male 45-49	Austin	TX	08:12	01:11	43:58	01:20	16:23	
30.	1:12:26	2238	Flores, M. Enrique	Male 60-64	Red Hook	NY	09:08	01:54	43:28	00:52	17:04	
31.	1:16:46	2197	Brown, Katie	Female 40-44	Beacon	NY	09:57	02:04	47:37	01:03	16:05	
32.	1:18:17	2234	Doherty, Jennifer	Female 55-59	High Falls	NY	08:23	01:19	50:02	01:22	17:11	
33.	1:19:42	2254	Miller, Aiden	Male 15-19	New York	NY	08:00	01:48	52:18	00:21	17:15	
34.	1:21:27	2241	Hanrahan, Stephanie	Female 45-49	Fonda	NY	07:15	01:50	49:45	00:24	22:13	
35.	1:21:29	2274	Bajana, Javier	Male 45-49	New Windsor	NY	09:34	01:39	48:33	01:08	20:35	
36.	1:22:31	2258	Paruolo, Tiffany	Female 25-29	Ballston Spa	NY	08:26	01:41	56:26	00:15	15:43	
37.	1:22:51	2272	Cioppa, Tara	Female 50-54	Beacon	NY	11:44	02:31	51:39	00:49	16:08	
38.	1:23:05	2222	Coconis, Deborah	Female 55-59	Poughkeepsie	NY	09:22	01:19	53:18	00:49	18:17	
39.	1:23:45	2275	Guest, Donald	Male 30-34	Middleburgh	NY	08:23	01:52	53:24	01:11	18:55	
40.	1:28:21	2247	Lopane, Kelly	Female 30-34	Millerton	NY	07:49	01:54	57:10	00:59	20:29	
41.	1:32:57	2042	Altman, Andrew	Male 55-59	Great Neck	NY	10:16	02:26	1:02:34	00:32	17:09	
42.	1:37:06	2268	Tekin, Serife	Female 40-44	Syracuse	NY	13:02	02:43	59:47	01:12	20:22	
43.	1:40:35	2264	Schindler, Carol	Female 60-64	Hurley	NY	12:06	03:30	58:54	01:35	24:30	
44.	1:57:09	2218	Ciccotelli, Heather	Female 45-49	Sharon	CT	14:59	05:01	1:12:49	00:49	23:31	
45.	1:59:31	2231	Darkazalli, Jennifer	Female 35-39	New York	NY	10:36	03:47	1:33:12	00:26	11:30	
46.	2:03:27	2262	Rossi, Barbara	Female 55-59	New York	NY	10:40	03:22	1:27:13	00:28	21:44	

AquaBike

1.	59:49	2259	Pohl, Mirandi	Female 35-39	Brooklyn	NY	09:27	01:53	48:29			
----	-------	------	---------------	--------------	----------	----	-------	-------	-------	--	--	--

Number of records: 47





Top 3 Awards

Place	Finish Time	Bib	Name	City	State	Nat.	Swim	T1	Bike	T2	Run	AG
-------	-------------	-----	------	------	-------	------	------	----	------	----	-----	----

Triathlon

Female

1.	57:35	2198	Brutvan, Lydia	Gardiner	NY		05:25	00:39	38:34	00:23	12:34	Female 20-24
2.	1:02:56	2277	Murray, Sophia	Gansevoort	NY		08:06	01:15	39:44	00:30	13:21	Female 15-19
3.	1:03:01	2242	Harrod-McGrew, Anna	Kingston	NY		08:21	00:57	40:15	00:33	12:55	Female 35-39

Male

1.	52:54	2250	McGrew, Ian	Kingston	NY		06:22	00:34	33:44	00:36	11:38	Male 35-39
2.	55:40	2120	Bakker, Michael	New Paltz	NY		07:23	00:30	34:32	00:21	12:54	Male 55-59
3.	57:33	2256	Oertel, Nate	Kingston	NY		07:13	00:59	36:32	01:08	11:41	Male 40-44

AquaBike

Female

1.	59:49	2259	Pohl, Mirandi	Brooklyn	NY		09:27	01:53	48:29			Female 35-39
----	-------	------	---------------	----------	----	--	-------	-------	-------	--	--	--------------





Age Group Awards

Place	Finish	Bib	Name	City	State	Swim	T1	Bike	T2	Run	Nat.
Triathlon											
Female 15-19											
1.	1:03:11	2276	Murray, Emma	Gansevoort	NY	08:14	01:06	39:43	00:24	13:44	
Female 25-29											
1.	1:22:31	2258	Paruolo, Tiffany	Ballston Spa	NY	08:26	01:41	56:26	00:15	15:43	
Female 30-34											
1.	1:28:21	2247	Lopane, Kelly	Millerton	NY	07:49	01:54	57:10	00:59	20:29	
Female 35-39											
1.	1:07:07	2260	Rizik, Anastasia	Wappingers Falls	NY	07:03	01:29	43:14	01:05	14:16	
2.	1:59:31	2231	Darkazalli, Jennifer	New York	NY	10:36	03:47	1:33:12	00:26	11:30	
Female 40-44											
1.	1:10:04	2243	Holton, Rebecca	Highland	NY	08:44	02:07	45:20	00:40	13:13	
2.	1:16:46	2197	Brown, Katie	Beacon	NY	09:57	02:04	47:37	01:03	16:05	
3.	1:37:06	2268	Tekin, Serife	Syracuse	NY	13:02	02:43	59:47	01:12	20:22	
Female 45-49											
1.	1:07:41	2249	Mazzella, Danielle	New Paltz	NY	09:26	01:12	42:41	00:57	13:25	
2.	1:21:27	2241	Hanrahan, Stephanie	Fonda	NY	07:15	01:50	49:45	00:24	22:13	
3.	1:57:09	2218	Ciccotelli, Heather	Sharon	CT	14:59	05:01	1:12:49	00:49	23:31	
Female 50-54											
1.	1:10:41	2224	Cross, Vicki	Davenport	NY	07:34	01:24	46:46	00:40	14:17	
2.	1:22:51	2272	Cioppa, Tara	Beacon	NY	11:44	02:31	51:39	00:49	16:08	





Age Group Awards

Place	Finish	Bib	Name	City	State	Swim	T1	Bike	T2	Run	Nat.
Female 55-59											
1.	1:18:17	2234	Doherty, Jennifer	High Falls	NY	08:23	01:19	50:02	01:22	17:11	
2.	1:23:05	2222	Coconis, Deborah	Poughkeepsie	NY	09:22	01:19	53:18	00:49	18:17	
3.	2:03:27	2262	Rossi, Barbara	New York	NY	10:40	03:22	1:27:13	00:28	21:44	
Female 60-64											
1.	1:06:39	2257	Ouimet, Patricia	Millbrook	NY	07:24	01:03	43:00	00:42	14:30	
2.	1:40:35	2264	Schindler, Carol	Hurley	NY	12:06	03:30	58:54	01:35	24:30	
Male 15-19											
1.	1:19:42	2254	Miller, Aiden	New York	NY	08:00	01:48	52:18	00:21	17:15	
Male 30-34											
1.	1:23:45	2275	Guest, Donald	Middleburgh	NY	08:23	01:52	53:24	01:11	18:55	
Male 40-44											
1.	57:53	2261	Roman, Brandon	High Falls	NY	07:18	00:44	37:32	00:45	11:34	
2.	57:55	2223	Cordella, Massimo	Rosendale	NY	06:24	01:31	37:32	00:52	11:36	
3.	59:58	2172	Berkshire, Matthew	Middleburgh	NY	07:02	01:08	38:39	00:45	12:24	
Male 45-49											
1.	1:11:04	2233	Doherty, Michael	Austin	TX	08:12	01:11	43:58	01:20	16:23	
2.	1:21:29	2274	Bajana, Javier	New Windsor	NY	09:34	01:39	48:33	01:08	20:35	
Male 50-54											
1.	58:16	2278	Engel, Niles	Highland	NY	07:41	00:43	37:06	00:33	12:13	
2.	1:00:40	2235	Eisenhandler, Mark	New Paltz	NY	07:28	00:39	38:53	00:35	13:05	
3.	1:08:24	2203	Brutvan, Marty	Gardiner	NY	10:22	01:20	43:49	00:30	12:23	





Age Group Awards

Place	Finish	Bib	Name	City	State	Swim	T1	Bike	T2	Run	Nat.
Male 55-59											
1.	58:03	2239	Halstead, Michael	Stone Ridge	NY	06:08	01:04	36:28	00:28	13:55	
2.	1:01:16	2266	Shashaty, Bill	Stone Ridge	NY	06:21	00:52	38:16	00:49	14:58	
3.	1:03:52	2270	Thurston, Donald	Pine Bush	NY	06:31	01:11	41:41	00:59	13:30	
Male 60-64											
1.	1:06:13	2232	Demis, Jim	New Paltz	NY	07:12	01:10	43:34	00:49	13:28	
2.	1:09:49	2208	Cadenhead, Bruce	Dobbs Ferry	NY	07:26	02:28	43:04	00:33	16:18	
3.	1:12:26	2238	Flores, M. Enrique	Red Hook	NY	09:08	01:54	43:28	00:52	17:04	
Male 65-69											
1.	1:03:09	2265	Schindler, Steve	Hurley	NY	06:32	01:25	40:24	00:52	13:56	
2.	1:06:24	2273	Learn, Roger	Troy	PA	07:03	01:06	41:45	00:49	15:41	
Male 70-74											
1.	1:09:42	2253	Miller, Richard	Accord	NY	07:19	01:08	43:46	00:42	16:47	
Male 75-79											
1.	1:08:50	2251	Mercurio, Dominick	Cottekill	NY	08:46	00:45	43:14	00:38	15:27	

