

WES - Delta Lake Triathlon - 20240713



Overall Results

Place	Finish	Bib	Name	AG	City	State	Swim	Swim Rank	T1	T1 Rank	Bike	Bike Rank	T2	T2 Rank	Run	Run Rank	Nat.
Olympic Triathlon																	
1.	1:57:36	2846	Garriott, Cole	Male 30-34	Utica	NY	0:21:14	1	0:01:12	10	0:54:08	2	0:00:49	6	0:40:11	6	
2.	1:59:26	2825	Schlesier, Brett	Male 30-34	Johnstown	NY	0:24:12	5	0:00:46	1	0:54:35	3	0:00:34	1	0:39:17	5	
3.	2:01:00	2899	Kreuser, Ryan	Male 25-29	Newark	NY	0:22:08	2	0:00:59	5	0:55:06	5	0:00:45	3	0:41:59	9	
4.	2:01:34	2990	Schutt, Darren	Male 40-44	Webster	NY	0:25:22	8	0:00:52	2	0:55:23	7	0:01:06	23	0:38:49	1	
5.	2:04:45	2920	Mizener, Chris	Male 45-49	Fort Worth	TX	0:25:35	9	0:01:34	21	0:54:06	1	0:00:48	5	0:42:40	10	
6.	2:05:30	2867	Hartwell, Mike	Male 30-34	Cicero	NY	0:22:26	3	0:01:11	9	1:01:44	15	0:00:55	14	0:39:12	4	
7.	2:06:52	2855	Goggs, Robert	Male 40-44	Ithaca	NY	0:27:24	13	0:01:17	12	0:55:04	4	0:01:18	33	0:41:48	8	
8.	2:06:53	3066	Lambers, Tjibbe	Male 50-54	Cooperstown	NY	0:22:41	4	0:01:38	23	1:01:54	16	0:01:28	40	0:39:10	3	
9.	2:09:02	2769	Bach, Brandon	Male 35-39	Weedsport	NY	0:32:41	43	0:01:06	7	0:55:23	8	0:00:53	10	0:38:56	2	
10.	2:09:56	2789	Bright, Joe	Male 35-39	Syracuse	NY	0:27:07	12	0:01:48	31	0:59:21	12	0:01:01	20	0:40:37	7	
11.	2:10:58	2981	McGrew, Ian	Male 35-39	Kingston	NY	0:28:21	17	0:01:57	38	0:55:22	6	0:00:51	9	0:44:24	14	
12.	2:13:15	3001	Smith, Greg	Male 40-44	Rome	NY	0:29:51	27	0:01:43	27	0:57:45	9	0:00:58	17	0:42:56	11	
13.	2:15:53	2898	Kresge, Matthew	Male 55-59	Rexford	NY	0:26:55	11	0:02:44	64	1:01:56	17	0:00:50	7	0:43:26	13	
14.	2:17:36	3067	Lamothe, Christopher	Male 35-39	Fayetteville	NY	0:24:44	6	0:02:09	45	0:59:33	14	0:01:08	25	0:50:00	24	
15.	2:18:43	2834	Fernando, Christopher	Male 50-54	Albany	NY	0:28:23	18	0:01:28	18	1:02:23	19	0:01:27	39	0:45:01	15	
16.	2:19:22	3014	Stalker, Michael	Male 60-64	Chestertown	NY	0:30:31	30	0:01:28	17	0:59:22	13	0:01:40	49	0:46:21	17	
17.	2:22:22	2998	Olt, Alex	Male 35-39	Syracuse	NY	0:28:30	20	0:00:54	4	0:59:00	11	0:00:51	8	0:53:05	33	
18.	2:23:46	2979	Roman, Brandon	Male 40-44	High Falls	NY	0:30:36	32	0:01:24	16	1:07:38	33	0:01:01	21	0:43:04	12	
19.	2:24:25	3013	Stalker, Beth	Female 65-69	Chestertown	NY	0:28:01	15	0:02:16	49	1:05:12	25	0:01:50	57	0:47:03	18	
20.	2:27:34	3028	Thompson, Chris	Male 50-54	Delmar	NY	0:27:32	14	0:01:14	11	1:06:35	31	0:00:56	16	0:51:15	30	
21.	2:28:43	2818	Demos, Nick	Male 60-64	Queensbury	NY	0:34:15	55	0:02:00	39	1:02:05	18	0:01:05	22	0:49:17	20	
22.	2:29:44	2774	Barth, Jade	Female 45-49	Syracuse	NY	0:28:23	19	0:01:18	14	1:09:47	45	0:00:45	4	0:49:30	21	
23.	2:29:50	2943	Parker, Craig	Male 55-59	East Hampton	CT	0:28:08	16	0:03:30	74	1:05:42	27	0:01:57	65	0:50:32	28	
24.	2:30:26	2889	Kiteveles, Ted	Male 55-59	Warners	NY	0:34:28	57	0:01:30	19	1:03:22	20	0:00:56	15	0:50:07	25	
25.	2:30:40	2974	Robson, Allison	Female 25-29	Fairport	NY	0:31:17	38	0:01:43	26	1:06:22	29	0:01:29	43	0:49:48	23	



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Overall Results

Place	Finish	Bib	Name	AG	City	State	Swim	Swim Rank	T1	T1 Rank	Bike	Bike Rank	T2	T2 Rank	Run	Run Rank	Nat.
26.	2:31:56	3015	Stephens, Jacob	Male 15-19	Concord	NC	0:25:09	7	0:01:41	25	1:10:49	47	0:01:49	56	0:52:25	31	
27.	2:32:41	2914	Mcmanus, John	Male 50-54	Albany	NY	0:34:13	54	0:01:54	35	1:05:29	26	0:01:49	55	0:49:15	19	
28.	2:33:39	2882	Kapinus, Patrick	Male 60-64	Chenango Forks	NY	0:33:26	48	0:02:29	58	0:58:08	10	0:01:19	34	0:58:15	42	
29.	2:33:42	2897	Kresge, Jennifer	Female 50-54	Rexford	NY	0:28:33	21	0:01:56	37	1:08:56	38	0:00:54	11	0:53:21	34	
30.	2:33:47	2854	Gloo, Rick	Male 40-44	Mohawk	NY	0:32:54	44	0:01:17	13	1:08:42	36	0:01:11	28	0:49:41	22	
31.	2:33:49	2771	Barclay, Julie	Female 50-54	Groton	NY	0:31:34	40	0:01:03	6	1:10:00	46	0:01:00	19	0:50:10	26	
32.	2:34:12	2802	Connery, Brian	Male 45-49	New Hartford	NY	0:29:15	25	0:02:22	54	1:03:39	21	0:01:35	45	0:57:19	40	
33.	2:35:35	2902	Macneil, Nicola	Female 50-54	Rotterdam Junction	NY	0:31:08	36	0:01:21	15	1:08:56	37	0:01:08	26	0:53:00	32	
34.	2:35:42	2879	Jimerson, Corey	Male 30-34	Liverpool	NY	0:28:41	22	0:02:08	44	1:08:07	34	0:01:37	47	0:55:07	37	
35.	2:36:01	2804	Cooreman, Dana	Female 40-44	New Hartford	NY	0:40:12	76	0:02:06	42	1:06:27	30	0:00:55	13	0:46:20	16	
36.	2:36:18	3154	Lewis, Joshua	Male 40-44	Oriskany Falls	NY	0:32:59	45	0:01:46	28	1:09:36	43	0:01:22	35	0:50:34	29	
37.	2:36:47	2810	Cross, Vicki	Female 50-54	Davenport	NY	0:29:48	26	0:01:38	22	1:09:40	44	0:01:09	27	0:54:31	36	
38.	2:37:47	2892	Kodzas, Petar	Male 55-59	Rochester	NY	0:28:51	24	0:01:55	36	1:07:02	32	0:01:55	63	0:58:02	41	
39.	2:39:07	2842	Fodor, Willow	Female 45-49	Jamestown	NY	0:31:33	39	0:01:48	30	1:05:51	28	0:01:11	29	0:58:43	43	
40.	2:42:44	3061	Zayachek, Joel	Male 50-54	New Hartford	NY	0:34:32	58	0:01:39	24	1:09:04	40	0:01:25	38	0:56:02	38	
41.	2:43:51	2852	Gleason, Dennis	Male 50-54	East Durham	NY	0:34:09	52	0:02:29	57	1:04:24	24	0:01:44	52	1:01:03	50	
42.	2:46:51	2949	Peebles, Sarah	Female 15-19	Lowville	NY	0:31:00	35	0:02:07	43	1:12:42	50	0:00:39	2	1:00:22	48	
43.	2:47:15	2922	Moon, Nichole	Female 35-39	Manotick	ON	0:31:44	41	0:02:12	47	1:12:26	49	0:01:07	24	0:59:42	45	
44.	2:48:09	3050	Whipps, Melissa	Female 45-49	Fayetteville	NY	0:31:53	42	0:01:53	34	1:09:23	41	0:01:47	54	1:03:11	55	
45.	2:49:54	2885	Keller, Jamie	Female 40-44	Rome	NY	0:28:43	23	0:02:01	40	1:14:26	62	0:01:28	42	1:03:14	56	
46.	2:50:14	2836	Finch, Katie	Female 40-44	Kennedy	NY	0:30:34	31	0:02:12	46	1:13:36	55	0:01:11	30	1:02:39	53	
47.	2:50:17	2945	Alesi, Rebecca	Female 25-29	Syracuse	NY	0:33:39	49	0:01:47	29	1:19:20	72	0:01:39	48	0:53:50	35	
48.	2:50:57	2991	Seaton, Dale	Male 60-64	Utica	NY	0:34:09	53	0:00:54	3	1:04:10	23	0:00:54	12	1:10:47	68	
49.	2:51:06	2944	Parriott, Erica	Female 30-34	Ringwood	NJ	0:30:42	33	0:01:31	20	1:14:47	64	0:01:35	46	1:02:29	52	
50.	2:51:26	2966	Rappaport, Joan	Female 60-64	Manlius	NY	0:39:03	71	0:01:51	33	1:18:11	68	0:01:54	61	0:50:24	27	
51.	2:52:25	2773	McCutcheon, Brigham	Male 50-54	Altamont	NY	0:33:07	46	0:02:37	59	1:09:27	42	0:01:54	60	1:05:17	60	



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Place	Finish	Bib	Name	AG	City	State	Swim	Swim Rank	T1	T1 Rank	Bike	Bike Rank	T2	T2 Rank	Run	Run Rank	Nat.
52.	2:52:55	2948	Pedersen, Victoria	Female 65-69	Sherrill	NY	0:36:21	65	0:01:08	8	1:13:15	53	0:01:24	37	1:00:46	49	
53.	2:53:05	2907	Mariano, Meg	Female 55-59	Syracuse	NY	0:34:03	51	0:03:33	76	1:13:05	52	0:02:21	75	1:00:00	47	
54.	2:53:38	2961	Powers, Thomas	Male 45-49	Baldwinsville	NY	0:34:55	59	0:05:01	83	1:12:44	51	0:01:57	66	0:58:58	44	
55.	2:54:19	2971	Richardson, Terri	Female 50-54	Oswego	NY	0:25:46	10	0:02:21	51	1:14:10	58	0:01:42	51	1:10:18	67	
56.	2:54:32	3025	Tassone, Aimee	Female 45-49	Scottsville	NY	0:33:52	50	0:02:04	41	1:15:29	65	0:01:28	41	1:01:37	51	
57.	2:55:09	2953	Perry, Jeff	Male 55-59	Homer	NY	0:40:05	73	0:03:21	71	1:08:41	35	0:03:04	80	0:59:56	46	
58.	2:56:44	3043	Waldron, Christine	Female 45-49	Chittenango	NY	0:34:55	60	0:02:58	68	1:12:22	48	0:02:07	69	1:04:19	58	
59.	2:57:36	2908	Marinelli, Dawn	Female 55-59	Bridgewater	NJ	0:40:10	75	0:04:23	80	1:14:39	63	0:01:42	50	0:56:39	39	
60.	2:58:00	2911	McCarthy, Kate	Female 60-64	Lockport	NY	0:30:26	29	0:02:43	61	1:18:10	67	0:01:53	59	1:04:46	59	
61.	2:58:47	2812	Cutrie, Melissa	Female 45-49	Chittenango	NY	0:36:14	64	0:02:46	65	1:14:20	60	0:02:21	74	1:03:04	54	
62.	2:59:13	2913	McManus, Bill	Male 70-74	Baldwinsville	NY	0:34:57	61	0:02:43	62	1:09:03	39	0:03:38	83	1:08:50	62	
63.	3:01:59	2853	Gleason, Colin	Male 20-24	East Durham	NY	0:33:09	47	0:02:27	56	1:18:45	70	0:01:12	31	1:06:23	61	
64.	3:02:50	2891	Kmush, Brittany	Female 35-39	East Syracuse	NY	0:30:24	28	0:02:48	66	1:14:24	61	0:02:14	73	1:12:59	71	
65.	3:05:38	3044	Walter, Catarina	Female 50-54	Syracuse	NY	0:38:02	68	0:02:42	60	1:13:20	54	0:02:23	76	1:09:09	63	
66.	3:09:25	3016	Stephens, Curtis	Male 40-44	Concord	NC	0:35:09	62	0:02:44	63	1:14:11	59	0:01:59	67	1:15:19	74	
67.	3:10:08	2962	Prince, Glenn	Male 65-69	Palmyra	NY	0:40:09	74	0:02:21	52	1:13:39	56	0:01:55	62	1:12:02	70	
68.	3:12:47	2794	Carrier, AJ	Male 60-64	Rexford	NY	0:37:31	67	0:03:45	77	1:19:13	71	0:02:11	72	1:10:05	64	
69.	3:15:21	2798	Chase, Jennifer	Female 45-49	Camden	NY	0:31:16	37	0:02:26	55	1:24:19	78	0:02:11	71	1:15:07	73	
70.	3:16:08	2764	Andruczyk, Tori	Female 45-49	Honeoye Falls	NY	0:35:44	63	0:01:51	32	1:16:35	66	0:01:46	53	1:20:10	77	
71.	3:16:37	2982	Rosenthal, Marty	Male 55-59	Cooperstown	NY	0:34:17	56	0:05:11	84	1:13:43	57	0:05:03	85	1:18:20	76	
72.	3:17:25	2994	Seth-Cimini, Jennifer	Female 50-54	East Aurora	NY	0:38:27	69	0:03:31	75	1:29:18	81	0:01:56	64	1:04:11	57	
73.	3:19:18	2935	Olander, Kurt	Male 65-69	Pine Bush	NY	0:38:40	70	0:03:57	78	1:23:29	76	0:02:59	79	1:10:10	65	
74.	3:19:37	2827	Dorr, Mark	Male 50-54	Schenectady	NY	0:43:33	81	0:03:03	69	1:21:18	74	0:01:24	36	1:10:18	66	
75.	3:21:21	2783	Bliss, Deborah	Female 75-79	Spencer	NY	0:42:22	79	0:02:19	50	1:19:52	73	0:02:37	77	1:14:10	72	
76.	3:23:21	2931	Njoku, Prince	Male 25-29	Rome	NY	0:39:49	72	0:03:09	70	1:27:18	80	0:02:03	68	1:11:00	69	
77.	3:36:19	2814	Davis, Thomas	Male 65-69	Whitesboro	NY	0:41:08	78	0:04:45	81	1:18:15	69	0:05:02	84	1:27:06	78	



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Overall Results

Place	Finish	Bib	Name	AG	City	State	Swim	Swim Rank	T1	T1 Rank	Bike	Bike Rank	T2	T2 Rank	Run	Run Rank	Nat.
78.	3:36:27	2988	Schaal, Kirsten	Female 30-34	Baton rouge	LA	0:37:27	66	0:02:21	53	1:23:32	77	0:01:32	44	1:31:33	79	
79.	3:38:30	2848	Gavenda, Pam	Female 55-59	Manlius	NY	0:44:20	82	0:04:21	79	1:31:47	82	0:02:10	70	1:15:49	75	
80.	3:45:33	2946	Pattison, Michelle	Female 55-59	Cassadaga	NY	0:40:33	77	0:03:24	72	1:23:18	75	0:03:29	81	1:34:47	82	
81.	4:07:35	2851	Gilmore, Nadine	Female 50-54	Baldwinsville	NY	0:50:38	84	0:02:57	67	1:36:10	83	0:03:31	82	1:34:17	81	
82.	4:19:14	2829	Duncan, Summer	Female 45-49	liverpool	NY	1:02:36	85	0:05:24	85	1:37:34	84	0:01:14	32	1:32:24	80	
83.	4:24:46	2894	Kooritzky, Andrea	Female 50-54	Syracuse	NY	0:43:22	80	0:03:26	73	1:24:39	79	0:02:57	78	2:10:20	84	
84.	4:24:52	2951	Pellegrin, Tina	Female 50-54	Rochester	NY	0:45:53	83	0:04:47	82	1:52:17	85	0:01:51	58	1:40:04	83	

Olympic AquaBike

1.	1:30:52	2923	Mort, Michael	Male 40-44	Liverpool	NY	0:28:25	3	0:01:10	2	1:01:17	1	-1	-1	
2.	1:32:49	2768	Bablok, Judy	Female 60-64	Cleveland	NY	0:23:55	1	0:01:33	4	1:07:20	7	-1	-1	
3.	1:36:50	2775	Baxter, Michael	Male 65-69	Pittsford	NY	0:28:47	4	0:00:59	1	1:07:03	6	-1	-1	
4.	1:37:20	3063	Zhu, Shuirong	Female 50-54	Syracuse	NY	0:32:17	9	0:01:11	3	1:03:51	4	-1	-1	
5.	1:40:14	3036	VanDeMark, Chris	Male 60-64	Brockport	NY	0:30:11	5	0:02:39	11	1:07:22	8	-1	-1	
6.	1:40:21	3055	Winter, Cassie	Female 55-59	Taberg	NY	0:34:40	11	0:02:00	8	1:03:41	2	-1	-1	
7.	1:40:31	2927	Nasto, Jennifer	Female 50-54	Rome	NY	0:31:46	8	0:01:44	6	1:07:00	5	-1	-1	
8.	1:41:04	2844	Fostini, Paul	Male 60-64	Clinton	NY	0:35:42	14	0:01:34	5	1:03:48	3	-1	-1	
9.	1:44:37	3163	Bansbach, Eric	Male 55-59	Fayetteville	NY	0:31:05	6	0:02:37	10	1:10:54	9	-1	-1	
10.	1:46:56	2912	McIntyre, Tim	Male 45-49	Nedrow	NY	0:31:36	7	0:03:58	15	1:11:21	10	-1	-1	
11.	1:47:01	2765	Blinken Jr., Robert	Male 65-69	White Plains	NY	0:27:29	2	0:07:38	16	1:11:53	11	-1	-1	
12.	1:53:25	2960	Plumb, Mary	Female 50-54	Jamestown	NY	0:33:33	10	0:02:50	13	1:17:01	12	-1	-1	
13.	1:55:41	2986	Ryder, Kim	Female 70-74	Bernhards Bay	NY	0:34:56	12	0:01:54	7	1:18:49	13	-1	-1	
14.	2:01:33	2824	Domachowske, Mary Beth	Female 65-69	Syracuse	NY	0:35:29	13	0:03:01	14	1:23:02	14	-1	-1	
15.	2:13:23	2784	Boettrich, Ellen	Female 70-74	Hilton	NY	0:42:17	15	0:02:07	9	1:28:58	15	-1	-1	
16.	2:30:18	2964	Rankins-Burd, Margot	Female 25-29	West Winfield	NY	0:44:06	16	0:02:46	12	1:43:25	16	-1	-1	



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Olympic Relay																	
1.	2:25:03	264	Beth's Friends,		Ballston Lake	NY	0:24:27	1	0:01:10	3	1:09:30	1	0:02:25	3	0:47:28	1	
2.	2:42:22	283	Boilermaker Bound,		Vestal	NY	0:24:44	2	0:00:43	1	1:15:04	2	0:00:37	1	1:01:12	3	
3.	3:02:24	287	Boilermaker Bound Too,		Binghamton	NY	0:28:13	3	0:00:55	2	1:33:43	3	0:00:52	2	0:58:39	2	

Number of records: 103



WES - Delta Lake Triathlon - 20240713



Top 3 Awards

Place	Finish Time	Bib	Name	City	State	Nat.	Swim	T1	Bike	T2	Run	AG
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Olympic Triathlon

Female

1.	2:24:25	3013	Stalker, Beth	Chestertown	NY		0:28:01	0:02:16	1:05:12	0:01:50	0:47:03	Female 65-69
2.	2:29:44	2774	Barth, Jade	Syracuse	NY		0:28:23	0:01:18	1:09:47	0:00:45	0:49:30	Female 45-49
3.	2:30:40	2974	Robson, Allison	Fairport	NY		0:31:17	0:01:43	1:06:22	0:01:29	0:49:48	Female 25-29

Male

1.	1:57:36	2846	Garriott, Cole	Utica	NY		0:21:14	0:01:12	0:54:08	0:00:49	0:40:11	Male 30-34
2.	1:59:26	2825	Schlesier, Brett	Johnstown	NY		0:24:12	0:00:46	0:54:35	0:00:34	0:39:17	Male 30-34
3.	2:01:00	2899	Kreuser, Ryan	Newark	NY		0:22:08	0:00:59	0:55:06	0:00:45	0:41:59	Male 25-29

Olympic AquaBike

Female

1.	1:32:49	2768	Bablok, Judy	Cleveland	NY		0:23:55	0:01:33	1:07:20			Female 60-64
2.	1:37:20	3063	Zhu, Shuirong	Syracuse	NY		0:32:17	0:01:11	1:03:51			Female 50-54
3.	1:40:21	3055	Winter, Cassie	Taberg	NY		0:34:40	0:02:00	1:03:41			Female 55-59

Male

1.	1:30:52	2923	Mort, Michael	Liverpool	NY		0:28:25	0:01:10	1:01:17			Male 40-44
2.	1:36:50	2775	Baxter, Michael	Pittsford	NY		0:28:47	0:00:59	1:07:03			Male 65-69
3.	1:40:14	3036	VanDeMark, Chris	Brockport	NY		0:30:11	0:02:39	1:07:22			Male 60-64

Olympic Relay


1.	2:25:03	264	Beth's Friends,	Ballston Lake	NY		0:24:27	0:01:10	1:09:30	0:02:25	0:47:28	
2.	2:42:22	283	Boilermaker Bound,	Vestal	NY		0:24:44	0:00:43	1:15:04	0:00:37	1:01:12	



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Top 3 Awards

Place	Finish Time	Bib	Name	City	State	Nat.	Swim	T1	Bike	T2	Run	AG
3.	3:02:24	287	Boilermaker Bound Too,	Binghamton	NY		0:28:13	0:00:55	1:33:43	0:00:52	0:58:39	



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Age Group Awards Olympic Triathlon



Place	Finish	Bib	Name	City	State	Swim	T1	Bike	T2	Run	Nat.
Olympic Triathlon											
Female 75-79											
1.	3:21:21	2783	Bliss, Deborah	Spencer	NY	0:42:22	0:02:19	1:19:52	0:02:37	1:14:10	
Female 65-69											
1.	2:52:55	2948	Pedersen, Victoria	Sherrill	NY	0:36:21	0:01:08	1:13:15	0:01:24	1:00:46	
Female 60-64											
1.	2:51:26	2966	Rappaport, Joan	Manlius	NY	0:39:03	0:01:51	1:18:11	0:01:54	0:50:24	
2.	2:58:00	2911	McCarthy, Kate	Lockport	NY	0:30:26	0:02:43	1:18:10	0:01:53	1:04:46	
Female 55-59											
1.	2:53:05	2907	Mariano, Meg	Syracuse	NY	0:34:03	0:03:33	1:13:05	0:02:21	1:00:00	
2.	2:57:36	2908	Marinelli, Dawn	Bridgewater	NJ	0:40:10	0:04:23	1:14:39	0:01:42	0:56:39	
3.	3:38:30	2848	Gavenda, Pam	Manlius	NY	0:44:20	0:04:21	1:31:47	0:02:10	1:15:49	
Female 50-54											
1.	2:33:42	2897	Kresge, Jennifer	Rexford	NY	0:28:33	0:01:56	1:08:56	0:00:54	0:53:21	
2.	2:33:49	2771	Barclay, Julie	Groton	NY	0:31:34	0:01:03	1:10:00	0:01:00	0:50:10	
3.	2:35:35	2902	Macneil, Nicola	Rotterdam Junction	NY	0:31:08	0:01:21	1:08:56	0:01:08	0:53:00	
Female 45-49											
1.	2:39:07	2842	Fodor, Willow	Jamestown	NY	0:31:33	0:01:48	1:05:51	0:01:11	0:58:43	
2.	2:48:09	3050	Whipps, Melissa	Fayetteville	NY	0:31:53	0:01:53	1:09:23	0:01:47	1:03:11	
3.	2:54:32	3025	Tassone, Aimee	Scottsville	NY	0:33:52	0:02:04	1:15:29	0:01:28	1:01:37	
Female 40-44											
1.	2:36:01	2804	Cooreman, Dana	New Hartford	NY	0:40:12	0:02:06	1:06:27	0:00:55	0:46:20	



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Place	Finish	Bib	Name	City	State	Swim	T1	Bike	T2	Run	Nat.
2.	2:49:54	2885	Keller, Jamie	Rome	NY	0:28:43	0:02:01	1:14:26	0:01:28	1:03:14	
3.	2:50:14	2836	Finch, Katie	Kennedy	NY	0:30:34	0:02:12	1:13:36	0:01:11	1:02:39	

Female 35-39

1.	2:47:15	2922	Moon, Nichole	Manotick	ON	0:31:44	0:02:12	1:12:26	0:01:07	0:59:42	
2.	3:02:50	2891	Kmush, Brittany	East Syracuse	NY	0:30:24	0:02:48	1:14:24	0:02:14	1:12:59	

Female 30-34

1.	2:51:06	2944	Parriott, Erica	Ringwood	NJ	0:30:42	0:01:31	1:14:47	0:01:35	1:02:29	
2.	3:36:27	2988	Schaal, Kirsten	Baton rouge	LA	0:37:27	0:02:21	1:23:32	0:01:32	1:31:33	

Female 25-29

1.	2:50:17	2945	Alesi, Rebecca	Syracuse	NY	0:33:39	0:01:47	1:19:20	0:01:39	0:53:50	
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Female 15-19

1.	2:46:51	2949	Peebles, Sarah	Lowville	NY	0:31:00	0:02:07	1:12:42	0:00:39	1:00:22	
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Male 70-74

1.	2:59:13	2913	McManus, Bill	Baldwinsville	NY	0:34:57	0:02:43	1:09:03	0:03:38	1:08:50	
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Male 65-69

1.	3:10:08	2962	Prince, Glenn	Palmyra	NY	0:40:09	0:02:21	1:13:39	0:01:55	1:12:02	
2.	3:19:18	2935	Olander, Kurt	Pine Bush	NY	0:38:40	0:03:57	1:23:29	0:02:59	1:10:10	
3.	3:36:19	2814	Davis, Thomas	Whitesboro	NY	0:41:08	0:04:45	1:18:15	0:05:02	1:27:06	

Male 60-64

1.	2:19:22	3014	Stalker, Michael	Chestertown	NY	0:30:31	0:01:28	0:59:22	0:01:40	0:46:21	
2.	2:28:43	2818	Demos, Nick	Queensbury	NY	0:34:15	0:02:00	1:02:05	0:01:05	0:49:17	
3.	2:33:39	2882	Kapinus, Patrick	Chenango Forks	NY	0:33:26	0:02:29	0:58:08	0:01:19	0:58:15	



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Place	Finish	Bib	Name	City	State	Swim	T1	Bike	T2	Run	Nat.
Male 55-59											
1.	2:15:53	2898	Kresge, Matthew	Rexford	NY	0:26:55	0:02:44	1:01:56	0:00:50	0:43:26	
2.	2:29:50	2943	Parker, Craig	East Hampton	CT	0:28:08	0:03:30	1:05:42	0:01:57	0:50:32	
3.	2:30:26	2889	Kiteveles, Ted	Warners	NY	0:34:28	0:01:30	1:03:22	0:00:56	0:50:07	
Male 50-54											
1.	2:06:53	3066	Lambers, Tjibbe	Cooperstown	NY	0:22:41	0:01:38	1:01:54	0:01:28	0:39:10	
2.	2:18:43	2834	Fernando, Christopher	Albany	NY	0:28:23	0:01:28	1:02:23	0:01:27	0:45:01	
3.	2:27:34	3028	Thompson, Chris	Delmar	NY	0:27:32	0:01:14	1:06:35	0:00:56	0:51:15	
Male 45-49											
1.	2:04:45	2920	Mizener, Chris	Fort Worth	TX	0:25:35	0:01:34	0:54:06	0:00:48	0:42:40	
2.	2:34:12	2802	Connery, Brian	New Hartford	NY	0:29:15	0:02:22	1:03:39	0:01:35	0:57:19	
3.	2:53:38	2961	Powers, Thomas	Baldwinsville	NY	0:34:55	0:05:01	1:12:44	0:01:57	0:58:58	
Male 40-44											
1.	2:01:34	2990	Schutt, Darren	Webster	NY	0:25:22	0:00:52	0:55:23	0:01:06	0:38:49	
2.	2:06:52	2855	Goggs, Robert	Ithaca	NY	0:27:24	0:01:17	0:55:04	0:01:18	0:41:48	
3.	2:13:15	3001	Smith, Greg	Rome	NY	0:29:51	0:01:43	0:57:45	0:00:58	0:42:56	
Male 35-39											
1.	2:09:02	2769	Bach, Brandon	Weedsport	NY	0:32:41	0:01:06	0:55:23	0:00:53	0:38:56	
2.	2:09:56	2789	Bright, Joe	Syracuse	NY	0:27:07	0:01:48	0:59:21	0:01:01	0:40:37	
3.	2:10:58	2981	McGrew, Ian	Kingston	NY	0:28:21	0:01:57	0:55:22	0:00:51	0:44:24	
Male 30-34											
1.	2:05:30	2867	Hartwell, Mike	Cicero	NY	0:22:26	0:01:11	1:01:44	0:00:55	0:39:12	
2.	2:35:42	2879	Jimerson, Corey	Liverpool	NY	0:28:41	0:02:08	1:08:07	0:01:37	0:55:07	



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Place	Finish	Bib	Name	City	State	Swim	T1	Bike	T2	Run	Nat.
Male 25-29											
1.	3:23:21	2931	Njoku, Prince	Rome	NY	0:39:49	0:03:09	1:27:18	0:02:03	1:11:00	
Male 20-24											
1.	3:01:59	2853	Gleason, Colin	East Durham	NY	0:33:09	0:02:27	1:18:45	0:01:12	1:06:23	
Male 15-19											
1.	2:31:56	3015	Stephens, Jacob	Concord	NC	0:25:09	0:01:41	1:10:49	0:01:49	0:52:25	

