

# WES - Delta Lake Triathlon - 20240713



## Overall Results

Place	Finish	Bib	Name	AG	City	State	Swim	Swim Rank	T1	T1 Rank	Bike	Bike Rank	T2	T2 Rank	Run	Run Rank	Nat.
<b>Sprint Triathlon</b>																	
1.	1:00:16	28992	Kreuser, Ryan	Male 25-29	Newark	NY	11:28	2	00:40	1	27:32	1	00:33	3	20:03	2	
2.	1:01:36	2921	Mohr, Lucas	Male 25-29	Vestal	NY	10:49	1	00:49	3	28:23	5	00:40	5	20:55	4	
3.	1:02:57	29202	Mizener, Chris	Male 45-49	Fort Worth	TX	11:58	5	01:18	19	27:57	3	00:52	21	20:52	3	
4.	1:03:08	2952	Penoyer, Chad	Male 35-39	Brewerton	NY	12:13	7	01:00	7	29:17	8	00:52	19	19:46	1	
5.	1:04:32	2950	Peebles, Michael	Male 20-24	Lowville	NY	12:30	10	00:51	4	28:23	4	00:55	26	21:53	6	
6.	1:07:12	29982	Olt, Alex	Male 35-39	Syracuse	NY	12:32	11	00:58	6	29:47	9	00:47	9	23:08	13	
7.	1:07:20	3017	Harris, Michael	Male 60-64	Chaumont	NY	13:33	19	01:09	11	28:38	6	00:51	16	23:09	14	
8.	1:07:33	29812	McGrew, Ian	Male 35-39	Kingston	NY	13:32	18	01:07	9	27:50	2	00:52	20	24:12	22	
9.	1:08:22	3160	Porter, Annaleigh	Female 35-39	Syracuse	NY	13:38	21	01:26	28	29:52	10	01:06	48	22:20	8	
10.	1:08:27	30012	Smith, Greg	Male 40-44	Rome	NY	14:29	31	01:37	39	30:02	11	01:01	38	21:18	5	
11.	1:09:10	2795	Carsten, Kelli	Female 30-34	Syracuse	NY	13:46	22	00:57	5	30:31	13	00:51	15	23:05	12	
12.	1:10:00	2830	Earl, Gary	Male 60-64	Weedsport	NY	11:46	4	01:13	14	30:51	15	01:03	42	25:07	36	
13.	1:10:59	29792	Roman, Brandon	Male 40-44	High Falls	NY	14:01	24	01:13	13	32:42	24	00:52	23	22:11	7	
14.	1:11:36	3041	Virkler, Eric	Male 55-59	Lowville	NY	11:44	3	01:20	24	33:11	29	00:53	22	24:28	26	
15.	1:11:52	28822	Kapinus, Patrick	Male 60-64	Chenango Forks	NY	15:28	42	01:41	43	28:44	7	01:06	46	24:53	32	
16.	1:12:07	2883	Kapinus, Thomas	Male 20-24	Binghamton	NY	12:33	12	01:53	52	32:13	21	00:51	17	24:37	27	
17.	1:12:10	2870	Henck, Colin	Male 45-49	Albany	NY	14:03	25	01:54	53	30:21	12	01:07	49	24:45	29	
18.	1:12:51	2770	Bach, Allison	Female 35-39	Weedsport	NY	12:38	15	01:25	27	32:55	26	00:55	30	24:58	33	
19.	1:12:51	28922	Kodzas, Petar	Male 55-59	Rochester	NY	14:11	27	01:27	29	31:46	18	01:29	82	23:58	18	
20.	1:13:38	2904	Mainville, Claudette R	Female 55-59	Carthage	NY	15:38	47	01:05	8	33:11	28	00:43	6	23:01	11	
21.	1:13:45	29492	Peebles, Sarah	Female 15-19	Lowville	NY	12:26	9	01:11	12	33:59	36	00:54	25	25:15	40	
22.	1:13:56	3023	Sweeney, Jacob	Male 20-24	Gloversville	NY	12:37	14	01:08	10	34:36	41	00:54	27	24:41	28	
23.	1:14:07	2811	Croteau, Kelly	Female 30-34	Syracuse	NY	14:54	34	01:37	40	32:48	25	00:50	14	23:58	17	
24.	1:14:37	2888	Kidder, Kyle	Male 45-49	Cassville	NY	12:06	6	01:18	18	35:36	53	01:23	73	24:14	23	
25.	1:14:58	29912	Seaton, Dale	Male 60-64	Utica	NY	15:14	37	00:44	2	30:46	14	00:54	24	27:20	60	



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Place	Finish	Bib	Name	AG	City	State	Swim	Swim Rank	T1	T1 Rank	Bike	Bike Rank	T2	T2 Rank	Run	Run Rank	Nat.
26.	1:15:09	2967	Reardon, Tim	Male 75-79	Watertown	NY	13:03	16	01:38	41	32:59	27	01:08	52	26:21	49	
27.	1:15:30	28042	Cooreman, Dana	Female 40-44	New Hartford	NY	16:23	54	01:54	54	33:55	35	00:57	31	22:21	9	
28.	1:16:03	2819	Denham, Dr. Tom	Male 55-59	Delmar	NY	16:01	52	01:20	23	31:42	17	00:30	1	26:30	52	
29.	1:16:08	3012	Sposato, Brian	Male 25-29	Uticaca	NY	13:34	20	01:44	46	34:15	38	01:46	105	24:49	30	
30.	1:16:11	2877	Huntley, Joshua	Male 40-44	Mohawk	NY	15:00	36	01:57	57	34:22	40	02:03	119	22:49	10	
31.	1:16:28	2975	Robson, Guy	Male 65-69	Fairport	NY	14:16	28	01:29	30	33:39	31	01:33	90	25:31	44	
32.	1:16:47	3147	Place, Joe	Male 60-64	Saratoga Springs	NY	15:28	41	02:46	97	31:39	16	01:32	87	25:22	42	
33.	1:16:49	2997	Shene, Cayden	Male 15-19	Oneida	NY	12:25	8	02:12	73	37:31	66	00:43	7	23:58	19	
34.	1:17:01	3065	Kuhlmann, Maxime	Male 25-29	Montréal	QC	16:34	58	01:37	38	32:06	20	01:25	77	25:19	41	
35.	1:17:05	3052	Willis, John	Male 50-54	Ballston Lake	NY	17:32	71	01:36	36	32:05	19	00:49	11	25:03	34	
36.	1:17:14	2977	Rodriguez, Megan	Female 50-54	Sherburne	NY	16:00	51	02:01	64	32:33	23	01:08	54	25:32	45	
37.	1:17:37	2785	Bono, Katie	Female 45-49	Clinton	NY	14:11	26	01:24	26	35:34	52	01:04	44	25:24	43	
38.	1:18:02	3022	Sweeney, Connor	Male 15-19	Gloversville	NY	14:53	33	02:32	89	35:31	51	00:55	29	24:11	21	
39.	1:18:34	2930	Nicol, Betsy	Female 65-69	Copenhagen	NY	14:24	30	01:30	31	33:38	30	01:00	36	28:02	64	
40.	1:19:18	3019	Steyer, Guillaume	Male 25-29	Toronto	ON	17:40	77	02:05	69	34:13	37	01:15	62	24:05	20	
41.	1:19:22	2890	Kliment, Jennie	Female 55-59	Cicero	NY	12:34	13	01:42	44	35:25	49	01:21	70	28:20	65	
42.	1:19:28	2766	Aungier, Brigitte	Female 40-44	Syracuse	NY	17:25	69	01:17	17	33:44	32	00:34	4	26:28	51	
43.	1:19:38	3037	VanDeMark, Lisa	Female 60-64	Brockport	NY	16:46	60	01:16	16	33:45	33	01:06	45	26:45	54	
44.	1:21:25	2868	Haselbacher, Dieter	Male 45-49	Baldwinsville	NY	16:39	59	01:18	20	35:06	46	01:11	58	27:11	57	
45.	1:21:36	2871	Hertzog, Todd	Male 55-59	Port Crane	NY	15:33	44	01:46	47	32:14	22	01:16	63	30:47	86	
46.	1:21:46	2976	Rodrick, Marty	Male 30-34	Newark	NY	13:07	17	02:09	71	40:35	93	01:03	41	24:52	31	
47.	1:21:49	2835	Fesenger, Gordon	Male 65-69	Cazenovia	NY	15:35	45	01:32	33	34:20	39	01:14	61	29:08	73	
48.	1:22:03	2863	Habecker, Terry	Male 75-79	Ithaca	NY	15:43	49	01:58	60	33:54	34	01:22	72	29:06	72	
49.	1:22:21	2759	Leuthold, Matthew	Male 30-34	Rome	NY	17:27	70	01:57	58	38:05	70	01:26	78	23:26	15	
50.	1:22:23	2917	Meininger, Thomas	Male 40-44	Richfield Springs	NY	16:30	57	01:58	59	35:46	54	01:13	60	26:56	55	
51.	1:22:46	2985	Rusch, Kara	Female 55-59	Hamilton	NY	18:50	97	02:04	67	35:52	56	02:22	133	23:38	16	



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52.	1:22:49	2958	Pistilli, Jason	Male 40-44	Fayetteville	NY	16:25	55	05:09	152	35:51	55	00:57	32	24:27	25	
53.	1:22:57	2816	Day, Hayden	Male 20-24	Ballston Lake	NY	20:01	112	01:55	56	35:23	48	00:32	2	25:06	35	
54.	1:23:48	29442	Parriott, Erica	Female 30-34	Ringwood	NJ	14:36	32	01:19	21	36:46	62	01:13	59	29:54	79	
55.	1:23:52	3059	Zahariev, Kimberly	Female 30-34	Stamford	CT	14:21	29	03:35	126	34:54	44	02:12	126	28:50	71	
56.	1:23:57	3062	Zdanowicz, Susan	Female 55-59	Oneida	NY	15:21	38	02:34	91	36:05	58	01:36	94	28:21	66	
57.	1:24:29	2796	Cebula, Michael	Male 55-59	Mechanicville	NY	17:03	63	02:34	90	34:51	42	01:37	95	28:24	68	
58.	1:24:39	2786	Bouchard, Tammy	Female 40-44	Barton	NY	15:25	40	02:24	82	38:51	77	02:02	118	25:57	46	
59.	1:25:19	3053	Willis, Lucas	Male 20-24	Ballston Lake	NY	17:07	64	01:20	22	38:44	76	00:44	8	27:24	62	
60.	1:25:39	2906	Mancini, Ashley	Female 35-39	Whitesboro	NY	16:30	56	01:35	35	34:52	43	01:44	102	30:58	88	
61.	1:26:20	2806	Cornick, Jeff	Male 45-49	Mechanicville	NY	15:38	46	01:38	42	37:51	67	01:08	53	30:05	80	
62.	1:26:39	2869	Hash-Davis, Laura	Female 60-64	Rome	NY	17:33	72	03:25	118	36:37	61	01:52	108	27:12	58	
63.	1:26:41	2884	Kellar, Danielle	Female 45-49	Evans Mills	NY	17:55	83	02:18	78	37:00	63	01:07	51	28:21	67	
64.	1:26:48	2873	Howard, Mandy	Female 40-44	Baldwinsville	NY	17:40	76	01:30	32	38:38	75	01:18	66	27:42	63	
65.	1:26:57	2872	Hickey, Stone	Male 25-29	Utica	NY	17:34	73	02:47	98	38:58	80	02:24	134	25:14	38	
66.	1:27:03	3026	Tavares, Mathias	Male 25-29	Trois-Rivières	QC	17:38	75	02:15	75	38:38	74	01:08	56	27:24	61	
67.	1:27:08	2833	Fehrman, Christine	Female 50-54	Cicero	NY	15:52	50	01:49	50	37:53	68	01:26	76	30:08	82	
68.	1:27:20	2779	Bernabe, Betsy	Female 50-54	Rome	NY	16:51	61	02:29	88	35:26	50	01:32	89	31:02	90	
69.	1:27:32	2763	Alley, Mary	Female 60-64	Jordan	NY	17:55	84	01:46	48	35:02	45	01:48	106	31:01	89	
70.	1:27:56	2777	Beltz, Suzanne	Female 40-44	Ithaca	NY	16:58	62	02:00	62	38:08	71	01:28	80	29:22	76	
71.	1:27:57	2956	Pezdek, Nick	Male 45-49	Marcy	NY	15:23	39	02:54	103	37:59	69	01:17	64	30:24	84	
72.	1:28:11	2878	Jakubowski, Bonnie	Female 55-59	Fairport	NY	16:03	53	02:17	77	35:53	57	02:43	145	31:15	93	
73.	1:28:27	2963	Radosta, Peter	Male 55-59	Erieville	NY	18:13	89	02:35	93	39:12	83	01:52	109	26:35	53	
74.	1:28:51	2915	McNaughton, Sarah	Female 40-44	Syracuse	NY	13:50	23	02:52	100	41:17	98	00:58	34	29:54	78	
75.	1:29:01	2984	Roy, Devyn	Female 15-19	Clinton	NY	18:17	90	03:10	112	41:18	99	01:06	47	25:10	37	
76.	1:29:11	2933	O'Neil, Richard	Male 75-79	Fayetteville	NY	18:24	93	03:35	124	36:05	59	01:45	103	29:22	75	
77.	1:29:20	2929	Neubauer, Eric	Male 65-69	East Syracuse	NY	19:48	108	02:42	95	39:05	82	01:41	99	26:04	47	



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78.	1:29:22	2820	Desai, Deven	Male 25-29	Rome	NY	17:43	78	02:59	105	39:57	86	02:28	135	26:15	48	
79.	1:29:32	3029	Pianella, Matt	Male 20-24	Rome	NY	14:58	35	03:17	116	43:03	122	00:55	28	27:19	59	
80.	1:29:55	2919	Mielnicki, Carey	Male 30-34	Marcellus	NY	19:50	109	03:09	111	35:14	47	01:21	71	30:21	83	
81.	1:30:21	2821	Dibelius, David	Male 75-79	Lake George	NY	17:37	74	01:56	55	37:05	64	01:35	92	32:08	100	
82.	1:30:43	2860	Grant, Lorna	Female 40-44	Deansboro	NY	18:53	98	01:58	61	36:36	60	01:40	98	31:36	95	
83.	1:31:39	2837	Fisher, Brandon	Male 30-34	Bergen	NY	17:08	66	02:35	92	39:58	88	00:49	10	31:09	91	
84.	1:31:47	2826	Dormer, Liz	Female 55-59	Naples	NY	17:11	68	01:32	34	39:17	84	01:27	79	32:20	101	
85.	1:33:14	2972	Ringwald, Jillian	Female 40-44	West Leyden	NY	21:03	123	03:10	113	42:21	113	02:21	132	24:19	24	
86.	1:33:24	3051	Williams, Lakiesha	Female 40-44	Liverpool	NY	17:48	80	02:09	72	39:58	87	01:50	107	31:39	96	
87.	1:33:31	3071	Lidestri, Amy	Female 55-59	Victor	NY	17:54	82	02:02	65	41:35	101	01:02	39	30:58	87	
88.	1:33:42	3024	Swieck, Valerie	Female 40-44	Liverpool	NY	20:41	118	01:53	51	41:21	100	00:59	35	28:48	70	
89.	1:34:49	2839	Fisher, Dale	Male 60-64	Bergen	NY	20:26	115	02:53	102	38:16	72	00:50	13	32:24	102	
90.	1:35:48	2782	Bissetta, Shawn	Male 50-54	Baldwinsville	NY	21:29	128	03:42	132	39:00	81	02:06	123	29:31	77	
91.	1:36:04	2843	Kulis, Susan	Female 60-64	Sherburne	NY	18:25	94	02:27	86	37:27	65	02:39	141	35:06	122	
92.	1:36:35	2895	Kowalewski, Bethany	Female 30-34	Minoa	NY	17:08	65	03:04	107	43:36	127	01:19	69	31:28	94	
93.	1:36:52	2955	Petteys, Brian	Male 40-44	Sauquoit	NY	19:01	99	03:43	133	40:44	96	01:39	96	31:45	98	
94.	1:37:11	3161	Piscitelli, Mickey	Female 65-69	Baldwinsville	NY	19:15	101	02:28	87	40:02	89	01:30	83	33:56	114	
95.	1:37:14	2903	Mahar garcia, Deborah	Female 55-59	Canyon Lake	TX	23:04	139	01:48	49	42:18	112	00:50	12	29:14	74	
96.	1:37:31	2918	Metler, Cory	Male 50-54	Clifton Park	NY	18:17	91	02:56	104	38:31	73	02:10	125	35:37	125	
97.	1:38:08	3038	Vetter, Sherri	Female 60-64	Waterville	NY	18:10	87	03:37	129	42:31	118	02:04	121	31:46	97	
98.	1:38:08	3049	West, Hunter	Male 10-14	Oneida	NY	15:39	48	04:33	146	42:46	119	01:17	65	33:53	113	
99.	1:38:10	2928	Neish, Kelly	Female 50-54	Baldwinsville	NY	19:35	105	03:25	119	40:17	90	01:01	37	33:52	112	
100.	1:38:22	3009	Soto, Stephanie	Female 25-29	Saratoga Springs	NY	15:29	43	02:39	94	45:31	134	01:06	50	33:37	109	
101.	1:38:22	2799	Chase, Lindsey	Female 25-29	Rochester	NY	19:43	107	02:22	81	39:34	85	02:02	117	34:41	117	
102.	1:38:50	3000	Smaldon, Adam	Male 35-39	Blossvale	NY	20:03	113	02:13	74	38:52	78	00:57	33	36:45	132	
103.	1:39:01	2778	Berman, Leo	Male 70-74	Syracuse	NY	17:51	81	02:06	70	42:53	121	01:56	112	34:15	115	



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104.	1:39:02	3056	Wordingham, Deb	Female 70-74	Prattsburgh	NY	19:07	100	02:01	63	40:41	95	01:40	97	35:33	123	
105.	1:40:01	2875	Hrynczak, Dyllon	Male 25-29	Clarence	NY	27:29	158	03:36	127	40:58	97	01:35	93	26:23	50	
106.	1:40:17	2850	Giardino, Justin	Male 40-44	Jamesville	NY	19:59	111	04:25	143	42:01	108	02:38	140	31:14	92	
107.	1:40:40	3039	Vidulich, Robert	Male 75-79	Cortland	NY	21:41	131	02:17	76	41:42	102	02:57	153	32:03	99	
108.	1:40:41	3040	Vince, Roger	Male 70-74	Rochester	NY	20:32	116	02:45	96	40:26	92	02:00	114	34:58	121	
109.	1:40:49	2886	Kelly, Lauren	Female 20-24	East Greenbush	NY	18:08	86	02:24	83	42:29	116	01:09	57	36:39	130	
110.	1:41:07	3008	Sohovic-Urban, Joanna	Female 60-64	Brewerton	NY	18:28	95	02:25	84	41:58	106	02:41	143	35:35	124	
111.	1:41:13	2876	Huang, Jingya	Female 35-39	Clinton	NY	19:19	103	03:28	121	43:28	125	01:18	67	33:40	111	
112.	1:41:39	2881	Jones, Krista	Female 55-59	Honeoye Falls	NY	17:57	85	01:42	45	42:03	109	01:41	100	38:16	135	
113.	1:41:44	2866	Hardin, Trever	Male 35-39	Rome	NY	23:08	140	06:32	162	41:45	103	03:10	158	27:09	56	
114.	1:42:16	2880	Johnston, Patricia	Female 60-64	Ballston Lake	NY	19:15	102	03:45	134	42:21	114	02:07	124	34:48	120	
115.	1:42:19	2909	Mauro-Bertolo, Mary	Female 70-74	Tully	NY	22:11	137	01:14	15	43:52	129	01:46	104	33:16	107	
116.	1:42:24	2995	Shah, Sovrin	Male 50-54	Staten Island	NY	19:23	104	03:35	125	51:43	154	02:28	136	25:15	39	
117.	1:42:43	2942	Panighetti, Elisabeth	Female 45-49	Syracuse	NY	20:43	120	01:23	25	38:57	79	02:02	116	39:38	139	
118.	1:42:50	2788	Bove, Erica	Female 40-44	Albany	NY	24:03	143	05:06	151	42:25	115	02:43	146	28:33	69	
119.	1:44:36	2941	Pacific, Julie	Female 40-44	Frankfort	NY	21:04	124	04:21	140	44:37	130	01:43	101	32:51	105	
120.	1:45:22	2761	Allen, Kelly	Female 45-49	Oswego	NY	21:33	130	03:36	128	41:56	104	02:06	122	36:11	128	
121.	1:45:42	3048	West, Shannon	Female 40-44	Oneida	NY	18:12	88	03:24	117	42:30	117	01:05	43	40:31	142	
122.	1:45:59	3031	Chaturvedi, Abhishek	Male 50-54	Pittsford	NY	18:43	96	03:08	109	41:59	105	02:13	127	39:56	140	
123.	1:46:26	2934	Oberkircher, Oscar	Male 60-64	Laurens	NY	24:52	147	04:23	142	40:38	94	01:51	110	34:42	118	
124.	1:46:35	3032	Townsend, Jonathan	Male 30-34	Rome	NY	27:27	157	03:09	110	43:06	123	02:21	129	30:32	85	
125.	1:47:01	2900	Lord, Steven	Male 60-64	Honeoye Falls	NY	18:19	92	03:03	106	42:13	110	02:40	142	40:46	143	
126.	1:47:31	2965	Ransom, Nichole	Female 50-54	Rochester	NY	21:33	129	03:34	123	47:15	140	01:32	88	33:37	110	
127.	1:48:00	2803	Cooper-Vince, Pamela	Female 70-74	Rochester	NY	20:18	114	05:23	155	44:37	131	02:56	152	34:46	119	
128.	1:48:33	2987	Scanlon, Missy	Female 50-54	Herkimer	NY	21:24	126	03:56	137	47:05	138	02:55	150	33:13	106	
129.	1:49:25	2983	Rowe, Andrea	Female 60-64	Schenectady	NY	19:38	106	03:37	130	42:13	111	03:27	162	40:30	141	



# WES - Delta Lake Triathlon - 20240713



## Overall Results

Place	Finish	Bib	Name	AG	City	State	Swim	Swim Rank	T1	T1 Rank	Bike	Bike Rank	T2	T2 Rank	Run	Run Rank	Nat.
130.	1:50:19	2823	Doherty, Kristen	Female 30-34	Clinton	NY	21:57	136	02:03	66	51:30	153	01:31	85	33:18	108	
131.	1:50:39	2858	Goppert, Cassandra	Female 25-29	Whitesboro	NY	25:14	149	02:49	99	50:55	152	01:34	91	30:07	81	
132.	1:50:39	3006	Snow, Jackie	Female 55-59	Cicero	NY	20:48	121	04:36	147	43:23	124	02:30	137	39:22	137	
133.	1:51:08	3004	Smith, Zachary	Male 30-34	Ionia	NY	24:55	148	03:10	114	46:04	136	01:02	40	35:57	127	
134.	1:51:37	2776	Belanger, Evan	Male 40-44	Oneida	NY	24:09	144	02:20	79	45:42	135	02:44	147	36:42	131	
135.	1:53:46	2822	DiStefano, Richard	Male 65-69	Jamesville	NY	26:48	153	03:33	122	45:15	133	02:33	138	35:37	126	
136.	1:54:56	3047	Wassel, Mary	Female 45-49	Liverpool	NY	20:56	122	02:26	85	42:02	107	01:08	55	48:24	158	
137.	1:55:54	2936	Jacobson, Sibyl	Female 80-84	Palm Beach Gardens	FL	20:42	119	03:46	135	42:48	120	02:56	151	45:42	150	
138.	1:57:37	2793	Carrier, Roxanne	Female 45-49	East Syracuse	NY	21:19	125	03:56	136	43:30	126	02:42	144	46:10	153	
139.	1:57:46	2805	Cornick, Kristin	Female 40-44	Mechanicville	NY	17:11	67	01:36	36	40:23	91	02:21	131	56:15	166	
140.	2:00:47	2857	Goodrich, Joyce	Female 65-69	Ballston Lake	NY	33:38	165	05:15	153	47:26	141	01:55	111	32:33	104	
141.	2:01:42	2969	Reittinger, Lisa	Female 45-49	Ballston Spa	NY	20:35	117	06:53	164	55:53	163	01:32	86	36:49	133	
142.	2:03:05	2874	Hrynczak, Sheri	Female 55-59	Clarence	NY	26:51	154	04:41	149	50:54	151	01:23	74	39:16	136	
143.	2:03:39	2992	Seaver, Christie	Female 40-44	Barneveld	NY	24:45	146	06:43	163	49:38	149	03:03	156	39:30	138	
144.	2:03:45	2989	Schell, Eileen	Female 60-64	Syracuse	NY	25:54	152	04:15	138	44:50	132	02:47	148	45:59	152	
145.	2:04:02	3011	Spears, Major	Male 35-39	Rome	NY	24:15	145	05:55	161	48:02	144	03:04	157	42:46	146	
146.	2:05:00	2910	Maxwell, Peg	Female 55-59	Syracuse	NY	21:43	132	05:29	156	47:35	143	02:33	139	47:40	157	
147.	2:05:01	3034	Tyo, Donna	Female 65-69	Minoa	NY	26:54	155	04:22	141	48:16	145	03:14	161	42:15	144	
148.	2:05:10	2807	Corrice, Monica	Female 55-59	Liverpool	NY	21:48	135	05:18	154	43:43	128	04:36	166	49:45	159	
149.	2:05:15	2925	Moylan, Maureen	Female 60-64	Utica	NY	27:26	156	05:45	159	52:05	155	02:58	155	37:01	134	
150.	2:06:12	2937	Armstrong, Rebecca	Female 55-59	Pownal	VT	23:43	142	02:22	80	47:09	139	02:52	149	50:06	160	
151.	2:06:28	2968	Reilly, Timothy	Male 60-64	BALLSTON LAKE	NY	17:47	79	26:42	167	47:29	142	01:59	113	32:31	103	
152.	2:06:35	2978	Rolfzen, Carrie	Female 50-54	Carthage	NY	21:45	133	02:04	68	50:17	150	01:19	68	51:10	162	
153.	2:08:23	2808	Corrice, Caitlin	Female 30-34	Liverpool	NY	21:48	134	04:32	145	53:38	159	01:28	81	46:57	154	
154.	2:09:14	2980	Romeo, Jordan	Male 25-29	New Hartford	NY	23:33	141	08:52	166	52:09	157	01:31	84	43:09	147	
155.	2:11:06	2817	DeForest, Michele	Female 50-54	Chittenango	NY	25:45	151	02:52	101	46:53	137	02:15	128	53:21	164	



# WES - Delta Lake Triathlon - 20240713



## Overall Results

Place	Finish	Bib	Name	AG	City	State	Swim	Swim Rank	T1	T1 Rank	Bike	Bike Rank	T2	T2 Rank	Run	Run Rank	Nat.
156.	<b>2:11:25</b>	2905	Majoros, Mary	Female 50-54	Houghton	NY	25:43	150	03:28	120	54:13	161	00:52	18	47:09	155	
157.	<b>2:12:30</b>	2847	Gattman, Elizabeth	Female 40-44	Jamestown	NY	21:26	127	03:41	131	52:07	156	03:12	159	52:04	163	
158.	<b>2:12:56</b>	3033	Tunkel, Kathryn	Female 70-74	La Fayette	NY	32:18	162	04:26	144	49:30	148	04:23	164	42:19	145	
159.	<b>2:16:52</b>	2840	Fitzgerald, Gretchen	Female 40-44	Syracuse	NY	30:08	159	03:05	108	48:21	146	04:25	165	50:53	161	
160.	<b>2:22:48</b>	3010	Spears, Shana	Female 30-34	Rome	NY	19:55	110	03:15	115	1:21:22	167	02:02	115	36:14	129	
161.	<b>2:23:11</b>	2859	Graf, Georgia	Female 55-59	Syracuse	NY	32:52	164	05:53	160	55:41	162	02:57	154	45:48	151	
162.	<b>2:23:16</b>	2957	Pierson, Della	Female 60-64	Syracuse	NY	32:50	163	05:31	158	56:08	164	03:12	160	45:35	149	
163.	<b>2:24:47</b>	2772	Barnes, Jay	Male 70-74	Freeville	NY	22:17	138	05:29	157	52:44	158	04:38	167	59:39	167	
164.	<b>2:25:47</b>	2760	Abdulla, Robin	Female 60-64	Utica	NY	34:31	166	07:57	165	53:58	160	04:11	163	45:10	148	
165.	<b>2:26:01</b>	3003	Smith, Renae	Female 30-34	Ionia	NY	30:31	160	05:03	150	1:01:36	166	01:25	75	47:26	156	
166.	<b>2:32:07</b>	3005	Smith, Lisa	Female 60-64	Rush	NY	32:01	161	04:40	148	57:25	165	02:04	120	55:57	165	

## Sprint AquaBike

1.	<b>44:40</b>	2916	McQueen, Patrick	Male 60-64	Marcy	NY	12:37	2	01:12	1	30:51	1	-1	-1	
2.	<b>47:35</b>	2780	Bisaccia, Paul	Male 55-59	New Hartford	NY	13:47	3	01:39	3	32:09	2	-1	-1	
3.	<b>51:00</b>	30362	VanDeMark, Chris	Male 60-64	Brockport	NY	15:13	5	01:51	5	33:56	4	-1	-1	
4.	<b>51:03</b>	2762	Alley, John	Male 60-64	Jordan	NY	12:00	1	01:48	4	37:15	8	-1	-1	
5.	<b>52:01</b>	29272	Nasto, Jennifer	Female 50-54	Rome	NY	15:49	6	01:36	2	34:36	5	-1	-1	
6.	<b>52:08</b>	30552	Winter, Cassie	Female 55-59	Taberg	NY	17:18	10	02:27	8	32:23	3	-1	-1	
7.	<b>55:37</b>	2856	Gomez, Barbara	Female 60-64	Baldwinsville	NY	15:08	4	03:18	13	37:11	7	-1	-1	
8.	<b>55:39</b>	2815	Davis, Brad	Male 55-59	Rome	NY	17:14	9	02:22	7	36:03	6	-1	-1	
9.	<b>1:00:28</b>	2831	Engle, Collen	Male 65-69	Oneonta	NY	16:17	7	03:06	10	41:05	10	-1	-1	
10.	<b>1:01:32</b>	2932	Norris, Laura	Female 65-69	Manlius	NY	18:32	11	02:39	9	40:21	9	-1	-1	
11.	<b>1:11:07</b>	2996	Shavick, Margaret	Female 65-69	Rochester	NY	16:55	8	03:43	14	50:29	15	-1	-1	
12.	<b>1:11:29</b>	29642	Rankins-Burd, Margot	Female 25-29	West Winfield	NY	21:42	13	03:10	11	46:37	12	-1	-1	
13.	<b>1:13:37</b>	2832	Fedor, Kristin	Female 50-54	Whitesboro	NY	24:02	16	05:52	18	43:43	11	-1	-1	
14.	<b>1:17:28</b>	2828	Doucette, Katie	Female 75-79	Syracuse	NY	21:58	14	05:06	17	50:24	14	-1	-1	



# WES - Delta Lake Triathlon - 20240713



## Overall Results

Place	Finish	Bib	Name	AG	City	State	Swim	Swim Rank	T1	T1 Rank	Bike	Bike Rank	T2	T2 Rank	Run	Run Rank	Nat.
15.	<b>1:18:45</b>	3020	Storrings, Deborah	Female 65-69	Manlius	NY	26:03	18	03:14	12	49:28	13		-1		-1	
16.	<b>1:26:58</b>	2947	Pattison, Kennedy	Female 20-24	Cassadaga	NY	22:13	15	03:55	16	1:00:50	16		-1		-1	
17.	<b>1:44:08</b>	3002	Smith, Sandy	Female 60-64	Camillus	NY	24:32	17	03:45	15	1:15:51	17		-1		-1	

## Sprint Relay

1.	<b>1:25:09</b>	243	Triple Thrive Tribe,		Endicott	NY	17:17	1	01:06	2	41:39	1	00:41	1	24:26	1	
2.	<b>1:33:10</b>	228	Steele-macs,		Barton	NY	20:49	2	00:48	1	42:10	2	00:48	2	28:35	2	
3.	<b>1:48:10</b>	229	Tri Amigos,		Baldwinsville	NY	21:40	3	01:11	3	48:34	3	00:54	3	35:51	3	

Number of records: 186





# WES - Delta Lake Triathlon - 20240713



## Top 3 Awards

Place	Finish Time	Bib	Name	City	State	Nat.	Swim	T1	Bike	T2	Run	AG
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### Sprint Triathlon

#### Female

1.	1:08:22	3160	Porter, Annaleigh	Syracuse	NY		13:38	01:26	29:52	01:06	22:20	Female 35-39
2.	1:09:10	2795	Carsten, Kelli	Syracuse	NY		13:46	00:57	30:31	00:51	23:05	Female 30-34
3.	1:12:51	2770	Bach, Allison	Weedsport	NY		12:38	01:25	32:55	00:55	24:58	Female 35-39

#### Male

1.	1:00:16	28992	Kreuser, Ryan	Newark	NY		11:28	00:40	27:32	00:33	20:03	Male 25-29
2.	1:01:36	2921	Mohr, Lucas	Vestal	NY		10:49	00:49	28:23	00:40	20:55	Male 25-29
3.	1:02:57	29202	Mizener, Chris	Fort Worth	TX		11:58	01:18	27:57	00:52	20:52	Male 45-49

### Sprint AquaBike

#### Female

1.	52:01	29272	Nasto, Jennifer	Rome	NY		15:49	01:36	34:36			Female 50-54
2.	52:08	30552	Winter, Cassie	Taberg	NY		17:18	02:27	32:23			Female 55-59
3.	55:37	2856	Gomez, Barbara	Baldwinsville	NY		15:08	03:18	37:11			Female 60-64

#### Male

1.	44:40	2916	McQueen, Patrick	Marcy	NY		12:37	01:12	30:51			Male 60-64
2.	47:35	2780	Bisaccia, Paul	New Hartford	NY		13:47	01:39	32:09			Male 55-59
3.	51:00	30362	VanDeMark, Chris	Brockport	NY		15:13	01:51	33:56			Male 60-64

### Sprint Relay


1.	1:25:09	243	Triple Thrive Tribe,	Endicott	NY		17:17	01:06	41:39	00:41	24:26	
2.	1:33:10	228	Steele-macs,	Barton	NY		20:49	00:48	42:10	00:48	28:35	



# WES - Delta Lake Triathlon - 20240713



## Top 3 Awards

Place	Finish Time	Bib	Name	City	State	Nat.	Swim	T1	Bike	T2	Run	AG
3.	1:48:10	229	Tri Amigos,	Baldwinsville	NY		21:40	01:11	48:34	00:54	35:51	



# WES - Delta Lake Triathlon - 20240713

## Age Group Awards Sprint Triathlon



Place	Finish	Bib	Name	City	State	Swim	T1	Bike	T2	Run	Nat.
<b>Sprint Triathlon</b>											
<b>Female 80-84</b>											
1.	1:55:54	2936	Jacobson, Sibyl	Palm Beach Gardens	FL	20:42	03:46	42:48	02:56	45:42	
<b>Female 70-74</b>											
1.	1:39:02	3056	Wordingham, Deb	Prattsburgh	NY	19:07	02:01	40:41	01:40	35:33	
2.	1:42:19	2909	Mauro-Bertolo, Mary	Tully	NY	22:11	01:14	43:52	01:46	33:16	
3.	1:48:00	2803	Cooper-Vince, Pamela	Rochester	NY	20:18	05:23	44:37	02:56	34:46	
<b>Female 65-69</b>											
1.	1:18:34	2930	Nicol, Betsy	Copenhagen	NY	14:24	01:30	33:38	01:00	28:02	
2.	1:37:11	3161	Piscitelli, Mickey	Baldwinsville	NY	19:15	02:28	40:02	01:30	33:56	
3.	2:00:47	2857	Goodrich, Joyce	Ballston Lake	NY	33:38	05:15	47:26	01:55	32:33	
<b>Female 60-64</b>											
1.	1:19:38	3037	VanDeMark, Lisa	Brockport	NY	16:46	01:16	33:45	01:06	26:45	
2.	1:26:39	2869	Hash-Davis, Laura	Rome	NY	17:33	03:25	36:37	01:52	27:12	
3.	1:27:32	2763	Alley, Mary	Jordan	NY	17:55	01:46	35:02	01:48	31:01	
<b>Female 55-59</b>											
1.	1:13:38	2904	Mainville, Claudette R	Carthage	NY	15:38	01:05	33:11	00:43	23:01	
2.	1:19:22	2890	Kliment, Jennie	Cicero	NY	12:34	01:42	35:25	01:21	28:20	
3.	1:22:46	2985	Rusch, Kara	Hamilton	NY	18:50	02:04	35:52	02:22	23:38	
<b>Female 50-54</b>											
1.	1:17:14	2977	Rodriguez, Megan	Sherburne	NY	16:00	02:01	32:33	01:08	25:32	
2.	1:27:08	2833	Fehrman, Christine	Cicero	NY	15:52	01:49	37:53	01:26	30:08	



# WES - Delta Lake Triathlon - 20240713

## Age Group Awards Sprint Triathlon



Place	Finish	Bib	Name	City	State	Swim	T1	Bike	T2	Run	Nat.
3.	1:27:20	2779	Bernabe, Betsy	Rome	NY	16:51	02:29	35:26	01:32	31:02	

### Female 45-49

1.	1:17:37	2785	Bono, Katie	Clinton	NY	14:11	01:24	35:34	01:04	25:24	
2.	1:26:41	2884	Kellar, Danielle	Evans Mills	NY	17:55	02:18	37:00	01:07	28:21	
3.	1:42:43	2942	Panighetti, Elisabeth	Syracuse	NY	20:43	01:23	38:57	02:02	39:38	

### Female 40-44

1.	1:15:30	28042	Cooreman, Dana	New Hartford	NY	16:23	01:54	33:55	00:57	22:21	
2.	1:19:28	2766	Aungier, Brigitte	Syracuse	NY	17:25	01:17	33:44	00:34	26:28	
3.	1:24:39	2786	Bouchard, Tammy	Barton	NY	15:25	02:24	38:51	02:02	25:57	

### Female 35-39

1.	1:25:39	2906	Mancini, Ashley	Whitesboro	NY	16:30	01:35	34:52	01:44	30:58	
2.	1:41:13	2876	Huang, Jingya	Clinton	NY	19:19	03:28	43:28	01:18	33:40	

### Female 30-34

1.	1:14:07	2811	Croteau, Kelly	Syracuse	NY	14:54	01:37	32:48	00:50	23:58	
2.	1:23:48	29442	Parriott, Erica	Ringwood	NJ	14:36	01:19	36:46	01:13	29:54	
3.	1:23:52	3059	Zahariev, Kimberly	Stamford	CT	14:21	03:35	34:54	02:12	28:50	

### Female 25-29

1.	1:38:22	3009	Soto, Stephanie	Saratoga Springs	NY	15:29	02:39	45:31	01:06	33:37	
2.	1:38:22	2799	Chase, Lindsey	Rochester	NY	19:43	02:22	39:34	02:02	34:41	
3.	1:50:39	2858	Goppert, Cassandra	Whitesboro	NY	25:14	02:49	50:55	01:34	30:07	

### Female 20-24

1.	1:40:49	2886	Kelly, Lauren	East Greenbush	NY	18:08	02:24	42:29	01:09	36:39	
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# WES - Delta Lake Triathlon - 20240713

## Age Group Awards Sprint Triathlon



Place	Finish	Bib	Name	City	State	Swim	T1	Bike	T2	Run	Nat.
<b>Female 15-19</b>											
1.	1:13:45	29492	Peebles, Sarah	Lowville	NY	12:26	01:11	33:59	00:54	25:15	
2.	1:29:01	2984	Roy, Devyn	Clinton	NY	18:17	03:10	41:18	01:06	25:10	
<b>Male 75-79</b>											
1.	1:15:09	2967	Reardon, Tim	Watertown	NY	13:03	01:38	32:59	01:08	26:21	
2.	1:22:03	2863	Habecker, Terry	Ithaca	NY	15:43	01:58	33:54	01:22	29:06	
3.	1:29:11	2933	O'Neil, Richard	Fayetteville	NY	18:24	03:35	36:05	01:45	29:22	
<b>Male 70-74</b>											
1.	1:39:01	2778	Berman, Leo	Syracuse	NY	17:51	02:06	42:53	01:56	34:15	
2.	1:40:41	3040	Vince, Roger	Rochester	NY	20:32	02:45	40:26	02:00	34:58	
3.	2:24:47	2772	Barnes, Jay	Freeville	NY	22:17	05:29	52:44	04:38	59:39	
<b>Male 65-69</b>											
1.	1:16:28	2975	Robson, Guy	Fairport	NY	14:16	01:29	33:39	01:33	25:31	
2.	1:21:49	2835	Fesenger, Gordon	Cazenovia	NY	15:35	01:32	34:20	01:14	29:08	
3.	1:29:20	2929	Neubauer, Eric	East Syracuse	NY	19:48	02:42	39:05	01:41	26:04	
<b>Male 60-64</b>											
1.	1:07:20	3017	Harris, Michael	Chaumont	NY	13:33	01:09	28:38	00:51	23:09	
2.	1:10:00	2830	Earl, Gary	Weedsport	NY	11:46	01:13	30:51	01:03	25:07	
3.	1:11:52	28822	Kapinus, Patrick	Chenango Forks	NY	15:28	01:41	28:44	01:06	24:53	
<b>Male 55-59</b>											
1.	1:11:36	3041	Virkler, Eric	Lowville	NY	11:44	01:20	33:11	00:53	24:28	
2.	1:12:51	28922	Kodzas, Petar	Rochester	NY	14:11	01:27	31:46	01:29	23:58	
3.	1:16:03	2819	Denham, Dr. Tom	Delmar	NY	16:01	01:20	31:42	00:30	26:30	



# WES - Delta Lake Triathlon - 20240713

## Age Group Awards Sprint Triathlon



Place	Finish	Bib	Name	City	State	Swim	T1	Bike	T2	Run	Nat.
<b>Male 50-54</b>											
1.	1:17:05	3052	Willis, John	Ballston Lake	NY	17:32	01:36	32:05	00:49	25:03	
2.	1:35:48	2782	Bissetta, Shawn	Baldwinsville	NY	21:29	03:42	39:00	02:06	29:31	
3.	1:37:31	2918	Metler, Cory	Clifton Park	NY	18:17	02:56	38:31	02:10	35:37	
<b>Male 45-49</b>											
1.	1:12:10	2870	Henck, Colin	Albany	NY	14:03	01:54	30:21	01:07	24:45	
2.	1:14:37	2888	Kidder, Kyle	Cassville	NY	12:06	01:18	35:36	01:23	24:14	
3.	1:21:25	2868	Haselbacher, Dieter	Baldwinsville	NY	16:39	01:18	35:06	01:11	27:11	
<b>Male 40-44</b>											
1.	1:08:27	30012	Smith, Greg	Rome	NY	14:29	01:37	30:02	01:01	21:18	
2.	1:10:59	29792	Roman, Brandon	High Falls	NY	14:01	01:13	32:42	00:52	22:11	
3.	1:16:11	2877	Huntley, Joshua	Mohawk	NY	15:00	01:57	34:22	02:03	22:49	
<b>Male 35-39</b>											
1.	1:03:08	2952	Penoyer, Chad	Brewerton	NY	12:13	01:00	29:17	00:52	19:46	
2.	1:07:12	29982	Olt, Alex	Syracuse	NY	12:32	00:58	29:47	00:47	23:08	
3.	1:07:33	29812	McGrew, Ian	Kingston	NY	13:32	01:07	27:50	00:52	24:12	
<b>Male 30-34</b>											
1.	1:21:46	2976	Rodrick, Marty	Newark	NY	13:07	02:09	40:35	01:03	24:52	
2.	1:22:21	2759	Leuthold, Matthew	Rome	NY	17:27	01:57	38:05	01:26	23:26	
3.	1:29:55	2919	Mielnicki, Carey	Marcellus	NY	19:50	03:09	35:14	01:21	30:21	
<b>Male 25-29</b>											
1.	1:16:08	3012	Sposato, Brian	Uticaca	NY	13:34	01:44	34:15	01:46	24:49	
2.	1:17:01	3065	Kuhlmann, Maxime	Montréal	QC	16:34	01:37	32:06	01:25	25:19	



# WES - Delta Lake Triathlon - 20240713



## Age Group Awards Sprint Triathlon

Place	Finish	Bib	Name	City	State	Swim	T1	Bike	T2	Run	Nat.
3.	1:19:18	3019	Steyer, Guillaume	Toronto	ON	17:40	02:05	34:13	01:15	24:05	

### Male 20-24

1.	1:04:32	2950	Peebles, Michael	Lowville	NY	12:30	00:51	28:23	00:55	21:53	
2.	1:12:07	2883	Kapinus, Thomas	Binghamton	NY	12:33	01:53	32:13	00:51	24:37	
3.	1:13:56	3023	Sweeney, Jacob	Gloversville	NY	12:37	01:08	34:36	00:54	24:41	

### Male 15-19

1.	1:16:49	2997	Shene, Cayden	Oneida	NY	12:25	02:12	37:31	00:43	23:58	
2.	1:18:02	3022	Sweeney, Connor	Gloversville	NY	14:53	02:32	35:31	00:55	24:11	

### Male 10-14

1.	1:38:08	3049	West, Hunter	Oneida	NY	15:39	04:33	42:46	01:17	33:53	
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