

WES - Delta Lake Triathlon - 20250712

Overall Results



Place	Finish	Bib	Name	AG	City	State	Swim	Swim Rank	T1	T1 Rank	Bike	Bike Rank	T2	T2 Rank	Run	Run Rank	Nat.
Sprint Triathlon																	
1.	1:03:17	8659	Mizener, Chris	Male 45-49	Fort Worth	TX	12:51	2	01:13	9	27:18	2	01:03	44	20:52	3	
2.	1:06:41	8807	Woods, Simon	Male 50-54	Pittsford (Go Bills)	NY	12:21	1	01:10	7	29:45	4	00:54	24	22:31	7	
3.	1:08:10	8652	McGrew, Ian	Male 35-39	Kingston	NY	15:51	17	01:08	5	26:52	1	00:50	17	23:29	15	
4.	1:09:28	781	Sweeney, Jacob	Male 20-24	Gloversville	NY	13:19	4	01:32	24	31:19	9	00:46	6	22:32	8	
5.	1:09:51	549	Cordone, Andrew	Male 20-24	Northville	NY	15:09	10	01:20	14	32:49	18	00:55	23	19:38	2	
6.	1:10:18	774	Sposato, Brian	Male 25-29	Uticaca	NY	15:42	16	01:24	16	31:17	8	00:51	18	21:04	4	
7.	1:10:47	8722	Roman, Brandon	Male 40-44	High Falls	NY	15:06	9	01:19	13	32:14	14	00:47	11	21:21	5	
8.	1:11:01	8684	Olt, Alex	Male 35-39	Oyster Bay	NY	15:35	13	00:42	1	30:17	6	00:46	7	23:41	17	
9.	1:11:16	742	Seaton, Dale	Male 60-64	Utica	NY	15:35	12	00:56	2	29:58	5	00:51	16	23:56	18	
10.	1:11:28	569	Earl, Gary	Male 60-64	Weedsport	NY	13:24	5	01:19	11	31:03	7	01:01	41	24:41	26	
11.	1:11:37	693	Payne, Alex	Male 20-24	Gloversville	NY	13:11	3	01:01	3	31:55	12	00:36	2	24:54	30	
12.	1:13:43	780	Sweeney, Connor	Male 15-19	Gloversville	NY	15:39	14	01:18	12	32:24	16	00:48	12	23:34	16	
13.	1:15:27	643	Mainville, Claudette R	Female 55-59	Carthage	NY	16:50	26	01:09	6	33:37	20	01:02	42	22:49	10	
14.	1:17:26	237	Murray, Sophia	Female 15-19	Gansevoort	ny	17:36	36	01:12	8	35:09	31	00:49	13	22:40	9	
15.	1:17:32	525	Bolster, Jake	Male 25-29	New York	NY	16:28	23	01:30	22	39:03	67	01:15	63	19:16	1	
16.	1:17:52	619	Kapinus, Patrick	Male 60-64	Chenango Forks	NY	20:16	72	02:06	55	29:32	3	01:21	71	24:37	24	
17.	1:18:09	818	Sherwood, Paige	Female 10-14	Morris	NY	16:07	19	01:56	48	35:22	34	01:24	79	23:20	14	
18.	1:18:54	484	Murray, Emma	Female 15-19	Gansevoort	ny	20:44	77	01:42	36	33:41	21	00:50	14	21:57	6	
19.	1:19:11	819	Sherwood, Rebecca	Female 25-29	Fayetteville	NY	18:15	51	02:07	57	35:01	29	00:46	8	23:02	12	
20.	1:19:21	507	Aungier, Brigitte	Female 45-49	Syracuse	NY	18:54	60	01:21	15	31:19	10	00:57	34	26:50	50	
21.	1:19:25	803	Willis, John	Male 50-54	Ballston Lake	NY	20:08	69	01:08	4	31:45	11	00:47	9	25:37	36	
22.	1:19:32	8744	Sergott, Neil	Male 50-54	Clifton Park	NY	17:14	30	01:49	44	32:29	17	00:59	37	27:01	53	
23.	1:19:46	8599	Lewis, Joshua	Male 40-44	Oriskany Falls	NY	17:50	42	01:37	29	34:47	26	01:28	81	24:04	20	
24.	1:19:47	677	Nicol, Betsy	Female 65-69	Copenhagen	NY	17:03	28	01:54	46	33:25	19	00:55	26	26:30	47	
25.	1:19:59	620	Kapinus, Thomas	Male 20-24	Binghamton	NY	15:40	15	02:05	54	34:53	28	00:52	20	26:29	48	





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Place	Finish	Bib	Name	AG	City	State	Swim	Swim Rank	T1	T1 Rank	Bike	Bike Rank	T2	T2 Rank	Run	Run Rank	Nat.
26.	1:20:11	559	Denham, Dr. Tom	Male 55-59	Delmar	NY	18:11	48	01:30	23	32:20	15	00:46	5	27:24	55	
27.	1:20:15	526	Bono, Katie	Female 45-49	Clinton	NY	17:34	34	01:27	19	35:25	35	00:56	32	24:53	29	
28.	1:20:25	658	Miretto, Giuseppe	Male 35-39	Latham	NY	16:38	24	02:31	84	36:17	43	02:03	120	22:56	11	
29.	1:21:16	625	Kiteveles, Shelby	Female 25-29	WarnerS	NY	18:18	53	01:14	10	35:08	30	00:37	3	25:59	45	
30.	1:21:23	604	Henck, Colin	Male 45-49	Albany	NY	17:38	37	01:49	43	32:14	13	01:32	89	28:10	61	
31.	1:21:29	560	Desai, Deven	Male 25-29	Rome	NY	18:15	52	03:13	126	35:26	36	01:18	65	23:17	13	
32.	1:22:09	720	Rodriguez, Megan	Female 50-54	Sherburne	NY	18:43	57	02:13	64	34:53	27	01:11	58	25:09	31	
33.	1:22:10	553	Cross, Vicki	Female 50-54	Davenport	NY	16:45	25	01:25	17	36:57	47	01:06	48	25:57	44	
34.	1:22:15	8639	Macneil, Nicola	Female 50-54	Rotterdam Junction	NY	18:08	47	01:41	32	35:51	39	00:43	4	25:52	41	
35.	1:22:37	8535	Camidge, Andrew	Male 40-44	Suncook	NH	17:22	32	01:58	49	34:21	23	00:55	29	28:01	60	
36.	1:22:42	716	Robson, Allison	Female 25-29	Fairport	NY	18:13	49	01:28	20	37:19	53	01:01	40	24:41	27	
37.	1:23:10	815	Shene, Cayden	Male 15-19	Oneida	NY	15:02	7	02:12	62	39:04	68	01:12	59	25:40	37	
38.	1:24:17	8656	Meininger, Thomas	Male 40-44	Richfield Springs	NY	18:47	58	02:07	56	36:08	40	01:20	68	25:55	42	
39.	1:24:33	547	Cochise, Tom	Male 65-69	Fabius	NY	18:13	50	02:21	70	37:57	60	01:31	88	24:31	22	
40.	1:24:42	626	Kliment, Jennie	Female 60-64	Cicero	NY	14:24	6	01:36	28	37:03	50	01:12	56	30:27	77	
41.	1:24:51	731	Rusch, Kara	Female 55-59	Hamilton	NY	22:14	100	02:02	53	35:13	32	01:23	75	23:59	19	
42.	1:24:59	783	Tonzi, Sean	Male 65-69	Skaneateles	NY	20:00	66	01:57	50	34:38	25	01:24	78	27:00	52	
43.	1:25:00	557	Day, Hayden	Male 20-24	Ballston Lake	NY	21:35	87	01:45	38	36:26	44	00:35	1	24:39	25	
44.	1:25:09	718	Robson, Guy	Male 65-69	Fairport	NY	16:21	22	01:33	25	35:18	33	03:21	157	28:36	65	
45.	1:26:40	730	Roy, Bryan	Male 45-49	CLINTON	NY	21:49	90	01:39	31	36:13	41	01:19	66	25:40	38	
46.	1:26:42	527	Bouchard, Tammy	Female 40-44	Barton	NY	17:20	31	02:19	68	37:55	59	01:47	105	27:21	54	
47.	1:27:35	810	Zdanowicz, Susan	Female 55-59	Oneida	NY	17:50	43	02:21	71	37:09	51	01:29	84	28:46	66	
48.	1:27:36	708	Rasmussen, Caroline	Female 65-69	Lansing	NY	20:06	68	01:38	30	36:17	42	01:05	47	28:30	64	
49.	1:28:04	831	Soto, Stephanie	Female 30-34	Saratoga Springs	NY	17:48	41	02:46	101	41:40	98	01:04	46	24:46	28	
50.	1:28:12	645	Mancini, Ashley	Female 35-39	Whitesboro	NY	17:44	39	01:57	51	34:21	22	02:12	125	31:58	90	
51.	1:28:25	586	Bansbach, Eric	Male 60-64	Fayetteville	NY	17:33	33	02:39	93	36:27	45	01:12	60	30:34	78	



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52.	1:28:33	537	Carrier, AJ	Male 60-64	Rexford	NY	21:47	89	03:17	127	36:58	48	01:56	111	24:35	23	
53.	1:28:53	606	Hertzog, Todd	Male 55-59	Port Crane	NY	18:29	55	02:13	63	34:26	24	01:28	82	32:17	95	
54.	1:29:12	518	Beuttenmuller, Andrew	Male 40-44	Watertown	NY	22:02	96	02:54	109	38:13	61	01:38	96	24:25	21	
55.	1:29:47	441	Seeber, Aliza	Female 40-44	Skaneateles	NY	18:08	46	01:46	41	37:47	57	01:41	98	30:25	76	
56.	1:30:11	615	Johnson, Nancy	Female 70-74	Jamestown	NY	16:09	20	02:52	107	42:01	101	00:56	30	28:13	62	
57.	1:30:33	503	Alley, Mary	Female 60-64	Jordan	NY	21:00	81	01:47	42	35:37	38	01:35	94	30:34	79	
58.	1:31:06	804	Willis, Lucas	Male 20-24	Ballston Lake	NY	20:15	71	01:36	27	40:12	78	01:08	52	27:55	59	
59.	1:31:19	188	Johnson, Carlyn	Female 20-24	Dallas	TX	17:00	27	02:43	99	44:30	122	01:08	54	25:58	43	
60.	1:32:14	517	Beuttenmuller, Burke	Male 10-14	Watertown	NY	17:08	29	02:11	60	44:11	118	01:05	49	27:39	58	
61.	1:32:18	817	Sherwood, Piper	Female 10-14	Morris	NY	19:44	62	02:32	86	40:29	85	01:55	110	27:38	57	
62.	1:32:18	820	Sherwood, Jaime	Female 40-44	Morris	NY	19:45	63	02:33	89	40:28	84	01:55	109	27:37	56	
63.	1:32:25	621	Kellar, Danielle	Female 50-54	Evans Mills	NY	20:10	70	02:09	59	36:58	49	01:00	38	32:08	93	
64.	1:32:55	727	Roy, Devyn	Female 15-19	CLINTON	NY	20:59	80	02:28	81	41:37	97	00:51	19	27:00	51	
65.	1:33:08	665	West, Hunter	Male 10-14	Oneida	NY	15:04	8	03:21	131	43:42	113	00:54	21	30:07	73	
66.	1:34:20	698	Pezdek, Nick	Male 45-49	Marcy	NY	17:35	35	03:10	124	38:54	66	01:35	95	33:06	97	
67.	1:34:24	715	Robinson, Christopher	Male 20-24	Rochester	NY	21:24	84	02:10	61	42:58	107	01:35	93	26:17	46	
68.	1:34:43	737	Schafer, Molly	Female 35-39	Whitesboro	NY	17:54	44	02:24	78	46:26	134	01:12	57	26:47	49	
69.	1:35:21	590	Gimbar, Michelle	Female 35-39	Binghamton	NY	15:56	18	01:35	26	44:20	120	01:17	64	32:13	94	
70.	1:35:32	562	Dibelius, David	Male 75-79	Lake George	NY	20:39	75	01:46	40	37:51	58	01:30	86	33:46	100	
71.	1:36:10	603	Hash-Davis, Laura	Female 60-64	Rome	NY	22:03	97	04:14	152	39:44	73	01:45	103	28:24	63	
72.	1:36:12	699	Piazza, Michael	Male 40-44	New York Mills	NY	27:07	144	02:34	88	40:00	76	01:21	72	25:10	32	
73.	1:36:42	813	Shah, Sovrin	Male 50-54	Staten Island	NY	23:28	113	02:27	80	44:33	123	00:55	27	25:19	34	
74.	1:37:24	726	Rosenthal, Marty	Male 55-59	Cooperstown	NY	19:44	61	03:22	132	39:15	69	02:57	151	32:06	92	
75.	1:37:32	675	Neubauer, Eric	Male 65-69	East Syracuse	NY	23:04	111	02:23	74	39:52	74	02:23	137	29:50	71	
76.	1:37:35	579	Fisher, Brandon	Male 30-34	Bergen	NY	21:29	85	02:20	67	40:56	90	00:56	31	31:54	89	
77.	1:37:38	516	Bernabe, Betsy	Female 55-59	Rome	NY	20:25	74	02:24	77	37:42	56	01:21	73	35:46	117	



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78.	1:37:39	729	Roy, Emily	Female 15-19	CLINTON	NY	21:55	93	03:39	137	45:19	127	01:02	43	25:44	39	
79.	1:37:52	664	Moth, Chris	Male 40-44	Kirkville	NY	24:13	120	03:52	145	38:21	62	01:21	69	30:05	72	
80.	1:37:54	797	West, Howard	Male 15-19	Oneida	NY	18:06	45	02:57	112	46:29	135	00:46	10	29:36	70	
81.	1:37:55	605	Herkenham, Elizabeth	Female 65-69	Ballston Lake	NY	19:59	65	03:06	119	40:32	88	02:17	130	32:01	91	
82.	1:38:10	580	Fisher, Dale	Male 60-64	Bergen	NY	24:32	123	03:01	114	38:50	65	00:55	25	30:52	82	
83.	1:38:31	705	Radosta, Peter	Male 55-59	Erieville	NY	24:21	122	02:51	105	40:13	79	02:12	124	28:54	67	
84.	1:38:37	536	Carlson, Trisha	Female 50-54	Lakewood	NY	18:53	59	02:30	82	41:00	91	02:21	135	33:53	101	
85.	1:39:15	823	Smaldon, Adam	Male 35-39	Blossvale	NY	22:36	106	02:45	100	37:39	55	01:28	83	34:47	113	
86.	1:39:22	772	Spears, Major	Male 35-39	Rome	NY	24:54	125	02:36	91	39:43	71	01:50	106	30:19	74	
87.	1:39:48	616	Johnson, Douglas	Male 60-64	Hamilton	NY	22:00	94	02:51	106	35:34	37	02:49	148	36:34	124	
88.	1:40:01	832	Spears, Shana	Female 35-39	Rome	NY	20:54	78	02:43	98	40:07	77	01:22	74	34:55	114	
89.	1:40:20	701	Piscitelli, Mickey	Female 65-69	Baldwinsville	NY	20:57	79	02:23	75	40:31	87	01:43	102	34:46	112	
90.	1:40:28	640	Mahar garcia, Deborah	Female 55-59	Canyon Lake	TX	25:21	130	01:40	33	39:29	70	02:16	128	31:42	86	
91.	1:40:29	734	Salvaggio, Susan	Female 65-69	Webster	NY	19:58	64	02:40	95	41:18	93	02:39	143	33:54	102	
92.	1:40:55	673	Needle, Emma	Female 35-39	Latham	NY	25:33	133	03:19	128	41:34	96	01:29	85	29:00	68	
93.	1:41:16	631	Kulis, Susan	Female 60-64	Sherburne	NY	21:20	82	03:24	133	37:36	54	02:33	140	36:23	121	
94.	1:41:17	660	Mizener, Parker	Male 10-14	Fort Worth	TX	24:43	124	02:36	92	39:55	75	02:15	127	31:48	88	
95.	1:41:42	617	Jones, Krista	Female 55-59	Honeoye Falls	NY	20:05	67	01:54	47	40:22	81	01:53	107	37:28	128	
96.	1:41:53	611	Hrynczak, Dyllon	Male 30-34	Clarence	NY	30:28	157	02:59	113	41:34	95	01:20	70	25:32	35	
97.	1:41:59	667	Murphy, Len	Male 45-49	Clinton	NY	29:36	153	02:52	108	43:05	108	01:08	53	25:18	33	
98.	1:42:24	829	Snow, Jackie	Female 60-64	Cicero	NY	22:08	99	01:58	52	38:42	63	02:30	138	37:06	126	
99.	1:42:47	750	Shene, Finley	Female 10-14	Oneida	NY	16:16	21	02:23	73	46:54	138	01:01	39	36:13	120	
100.	1:43:00	725	Rosenberg, Carleigh	Female 30-34	Saratoga Springs	NY	22:57	109	03:46	141	42:55	106	02:08	122	31:14	83	
101.	1:43:01	542	Chase, Lindsey	Female 25-29	Pittsford	NY	22:58	110	03:44	138	40:16	80	04:47	168	31:16	84	
102.	1:43:03	663	Moses, Heather	Female 50-54	LaFayette	NY	21:44	88	01:54	45	40:23	83	02:37	142	36:25	122	
103.	1:43:19	529	Wallack, Honorine	Female 60-64	Utica	NY	15:28	11	03:45	139	48:35	147	04:52	169	30:39	81	





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104.	1:43:48	607	Hickok, Andrew	Male 20-24	Gloversville	NY	25:20	129	02:31	83	40:29	86	00:50	15	34:38	110	
105.	1:44:02	623	Kelly, Lauren	Female 25-29	East Greenbush	NY	20:43	76	02:49	103	40:22	82	01:26	80	38:42	131	
106.	1:44:06	739	Schepisi Maier, Karen	Female 60-64	Manlius	NY	28:44	149	01:42	35	38:48	64	01:06	51	33:46	99	
107.	1:44:24	714	Ringwald, Jillian	Female 40-44	West Leyden	NY	29:46	154	03:20	129	43:24	110	02:10	123	25:44	40	
108.	1:45:26	597	Young, Connie	Female 60-64	Liverpool	NY	23:17	112	03:25	134	41:13	92	00:59	36	36:32	123	
109.	1:45:28	554	Cruz, Amy	Female 30-34	Troy	NY	18:29	56	01:27	18	46:39	136	01:43	100	37:10	127	
110.	1:45:34	515	Berman, Leo	Male 75-79	Syracuse	NY	20:19	73	02:32	85	43:42	112	02:20	134	36:41	125	
111.	1:46:11	649	Mauro-Bertolo, Mary	Female 70-74	Tully	NY	23:32	114	01:41	34	44:00	116	01:59	115	34:59	115	
112.	1:46:43	618	Kapinus, Marsha	Female 55-59	Chenango Forks	NY	25:32	132	03:06	120	37:15	52	01:58	112	38:52	133	
113.	1:46:49	520	Beuttenmuller, Calvin	Male 10-14	Watertown	NY	22:01	95	04:40	157	46:54	139	01:40	97	31:34	85	
114.	1:47:47	608	Hoalcraft, Cynthia	Female 60-64	East Syracuse	NY	23:34	115	03:03	115	39:43	72	02:43	146	38:44	132	
115.	1:48:18	736	Scanlon, Missy	Female 50-54	Herkimer	NY	25:18	128	03:50	143	44:16	119	03:10	154	31:44	87	
116.	1:49:45	728	Roy, Beth	Female 45-49	CLINTON	NY	22:26	103	02:22	72	46:00	131	00:55	28	38:02	129	
117.	1:50:17	519	Beuttenmuller, Jessica	Female 40-44	Watertown	NY	27:02	142	02:42	97	48:12	145	02:01	117	30:20	75	
118.	1:50:47	672	Naumann, Sean	Male 40-44	Rochester	NY	26:50	141	04:18	153	44:23	121	01:59	114	33:17	98	
119.	1:51:12	566	Dorr, Mark	Male 50-54	Schenectady	NY	29:26	152	02:55	110	41:59	100	02:51	150	34:01	105	
120.	1:52:06	669	Murray, Danielle	Female 30-34	Latham	NY	23:58	117	02:25	79	42:55	104	02:34	141	40:14	137	
121.	1:52:10	688	Pacific, Julie	Female 40-44	Frankfort	NY	25:28	131	04:32	156	45:29	130	02:00	116	34:41	111	
122.	1:52:44	828	Smith, Zachary	Male 30-34	Ionia	NY	26:08	135	03:50	144	47:19	142	00:54	22	34:33	108	
123.	1:52:52	711	Reittinger, Lisa	Female 45-49	Ballston Spa	NY	22:51	108	05:47	165	48:49	149	01:30	87	33:55	103	
124.	1:53:09	551	Corrice, Monica	Female 60-64	Liverpool	NY	24:58	126	04:06	150	40:35	89	03:35	160	39:55	136	
125.	1:53:09	700	Pierson, Della	Female 60-64	Syracuse	NY	23:49	116	02:33	87	41:44	99	02:17	129	42:46	144	
126.	1:53:48	585	Freuder, Evan	Male 50-54	Fayetteville	NY	27:21	146	02:35	90	46:26	133	01:19	67	36:07	118	
127.	1:54:14	712	Rhoades, Jennifer	Female 50-54	Cleveland	NY	27:42	147	03:55	147	46:09	132	02:20	132	34:08	107	
128.	1:54:44	680	West, Shannon	Female 40-44	Oneida	NY	21:54	92	02:56	111	45:25	129	01:09	55	43:20	145	
129.	1:55:02	543	Chaturvedi, Abhishek	Male 50-54	Pittsford	NY	22:14	101	03:37	136	44:33	124	02:01	118	42:37	143	





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Place	Finish	Bib	Name	AG	City	State	Swim	Swim Rank	T1	T1 Rank	Bike	Bike Rank	T2	T2 Rank	Run	Run Rank	Nat.
130.	1:55:43	816	Shene, Matthew	Male 40-44	Oneida	NY	21:24	83	04:02	148	46:50	137	01:33	91	41:54	140	
131.	1:55:57	576	Ferri, Tish	Female 50-54	Baldwinsville	NY	24:12	119	01:44	37	41:32	94	02:42	145	45:47	151	
132.	1:55:59	600	Hash, Holly	Female 25-29	New Hartford	NY	22:33	105	05:21	163	43:20	109	02:34	139	42:11	141	
133.	1:56:19	613	Lamb, Colleen	Female 50-54	Niskayuna	NY	22:32	104	03:06	121	43:32	111	01:59	113	45:10	148	
134.	1:57:01	704	Pritchard, Megan	Female 25-29	Rome	NY	26:20	139	07:13	168	47:44	144	01:42	99	34:02	106	
135.	1:57:12	814	Shene, Megan	Female 40-44	Oneida	NY	21:53	91	02:42	96	48:21	146	01:46	104	42:30	142	
136.	1:57:26	830	Snyder, Kathleen	Female 50-54	Attica	NY	28:57	151	03:12	125	44:00	117	01:32	90	39:45	135	
137.	1:58:05	635	LaVeck, Allison	Female 40-44	Clinton	NY	22:48	107	02:15	66	58:04	165	00:58	35	34:00	104	
138.	1:58:36	546	Clarke, Lori	Female 60-64	Vernon Center	NY	24:13	121	02:50	104	43:59	115	02:20	133	45:14	149	
139.	1:58:40	552	Cousins, Cherie	Female 45-49	Corfu	NY	34:07	164	02:40	94	51:29	153	01:03	45	29:21	69	
140.	1:59:53	595	Goodrich, Joyce	Female 65-69	Ballston Lake	NY	38:20	166	04:54	160	42:55	105	03:06	153	30:38	80	
141.	2:00:36	840	White, Jody	Female 50-54	Webster	NY	32:02	159	04:21	154	44:40	125	04:27	166	35:06	116	
142.	2:01:05	568	Dunn, Claire	Female 70-74	Marcellus	NY	22:07	98	03:03	116	52:32	155	01:34	92	41:49	139	
143.	2:01:24	822	Sirianni, Suzanne	Female 55-59	Webster	NY	34:55	165	03:04	118	47:05	141	01:43	101	34:37	109	
144.	2:01:48	610	Hrynczak, Sheri	Female 55-59	Clarence	NY	27:07	145	03:54	146	50:20	150	02:18	131	38:09	130	
145.	2:03:19	236	Kuliesius, Gabriella	Female 15-19	Utica	ny	18:29	54	02:48	102	1:01:03	169	02:04	121	38:55	134	
146.	2:03:31	751	Shene, Evey	Female 15-19	Oneida	NY	17:45	40	02:20	69	54:53	161	01:23	76	47:10	156	
147.	2:03:43	564	Dolan, June	Female 60-64	Hendersonville	TN	30:23	156	05:52	166	42:12	102	03:59	164	41:17	138	
148.	2:05:32	738	Schell, Eileen	Female 60-64	Syracuse	NY	28:51	150	03:09	123	43:58	114	03:55	163	45:39	150	
149.	2:06:31	812	Jacobson, Sibyl	Female 80-84	Palm Beach Gardens	FL	27:05	143	03:45	142	44:58	126	04:20	165	46:23	153	
150.	2:07:42	524	Boettrich, Ellen	Female 75-79	Hilton	NY	25:47	134	02:08	58	47:01	140	02:40	144	50:06	160	
151.	2:07:45	578	Fisher, Amber	Female 35-39	Byron	NY	22:24	102	03:20	130	54:20	158	01:15	62	46:26	154	
152.	2:07:58	838	Storrings, Deborah	Female 65-69	Manlius	NY	32:02	160	03:07	122	45:19	128	02:23	136	45:07	147	
153.	2:08:13	710	Reilly, Tim	Male 60-64	Ballston Lake	NY	21:33	86	27:58	170	42:47	103	03:14	155	32:41	96	
154.	2:08:37	567	Douglas, Emily	Female 45-49	Oakfield	NY	26:18	138	04:53	159	58:31	166	02:45	147	36:10	119	
155.	2:11:30	650	Maxwell, Peg	Female 55-59	Syracuse	NY	25:03	127	04:45	158	51:21	152	03:32	159	46:49	155	





Overall Results

Place	Finish	Bib	Name	AG	City	State	Swim	Swim Rank	T1	T1 Rank	Bike	Bike Rank	T2	T2 Rank	Run	Run Rank	Nat.
156.	2:12:31	721	Rolfzen, Carrie	Female 50-54	Carthage	NY	26:12	136	02:14	65	48:41	148	01:06	50	54:18	167	
157.	2:14:13	504	Armstrong, Rebecca	Female 55-59	Pownal	VT	26:43	140	03:03	117	47:37	143	03:05	152	53:45	166	
158.	2:16:27	550	Corrice, Caitlin	Female 30-34	Liverpool	NY	26:15	137	03:34	135	55:41	162	02:01	119	48:56	159	
159.	2:17:15	719	Tyo, Donna	Female 65-69	Minoa	NY	33:38	162	03:45	140	51:04	151	04:31	167	44:17	146	
160.	2:19:27	644	Majoros, Mary	Female 50-54	Houghton	NY	29:55	155	02:23	76	57:48	163	01:13	61	48:08	158	
161.	2:22:13	587	Gattman, Elizabeth	Female 40-44	Jamestown	NY	27:46	148	04:28	155	54:45	160	03:41	161	51:33	163	
162.	2:25:08	609	Hosmer, Lori	Female 55-59	Rochester	NY	24:01	118	05:13	161	59:46	168	03:25	158	52:43	164	
163.	2:27:33	825	Smith, Lisa	Female 60-64	Rush	NY	32:16	161	04:08	151	57:54	164	02:12	126	51:03	161	
164.	2:28:25	826	Smith, Renae	Female 30-34	Ionia	NY	33:57	163	06:19	167	58:58	167	01:24	77	47:47	157	
165.	2:29:23	505	Armstrong, Lisa	Female 55-59	Ava	NY	42:27	169	04:04	149	53:40	156	02:50	149	46:22	152	
166.	2:31:38	506	Armstrong, James	Male 60-64	Ava	NY	31:41	158	11:29	169	52:24	154	03:18	156	52:46	165	
167.	2:34:46	596	Graf, Georgia	Female 55-59	Syracuse	NY	42:23	168	05:20	162	53:53	157	01:54	108	51:16	162	
168.	2:41:12	589	Pfeiffer, Kathleen	Female 70-74	Queensbury	ny	38:38	167	05:43	164	54:34	159	03:55	162	58:22	168	

Sprint AquaBike

1.	45:11	654	McQueen, Patrick	Male 60-64	Marcy	NY	14:31	3	00:38	1	30:02	1	-1	-1	
2.	50:35	8508	Bablok, Judy	Female 60-64	Cleveland	NY	13:33	1	01:55	4	35:07	4	-1	-1	
3.	53:27	502	Alley, John	Male 60-64	Jordan	NY	14:23	2	02:01	5	37:03	5	-1	-1	
4.	53:42	8685	Oriel, Bryan	Male 55-59	Fairport	NY	16:52	4	01:49	2	35:01	3	-1	-1	
5.	53:58	8671	Nasto, Jennifer	Female 50-54	Rome	NY	18:27	7	02:10	7	33:21	2	-1	-1	
6.	59:26	8641	Mahon, Elizabeth	Female 45-49	Ilion	NY	17:27	5	03:28	13	38:31	6	-1	-1	
7.	1:06:03	821	Shivell, Maria	Female 45-49	Pittsford	NY	17:56	6	01:56	3	46:11	11	-1	-1	
8.	1:07:02	689	Painting-Naumann, Jamie	Female 40-44	Rochester	NY	23:53	13	02:04	6	41:05	7	-1	-1	
9.	1:09:01	732	Ryder, Kim	Female 70-74	Bernhards Bay	NY	21:30	10	02:48	11	44:43	9	-1	-1	
10.	1:09:29	8532	Brummer, Tamara	Female 60-64	Stephentown	NY	22:34	11	02:27	8	44:28	8	-1	-1	
11.	1:15:23	692	Pattison, Kennedy	Female 20-24	Cassadaga	NY	22:41	12	02:35	10	50:07	15	-1	-1	
12.	1:17:22	748	Shavick, Margaret	Female 70-74	Rochester	NY	21:15	9	04:01	15	52:06	16	-1	-1	





Overall Results

Place	Finish	Bib	Name	AG	City	State	Swim	Swim Rank	T1	T1 Rank	Bike	Bike Rank	T2	T2 Rank	Run	Run Rank	Nat.
13.	1:18:09	592	Waggoner, Beth	Female 60-64	Pulaski	NY	20:49	8	03:34	14	53:46	17		-1		-1	
14.	1:19:51	538	Carrier, Roxanne	Female 45-49	East Syracuse	NY	28:01	15	03:08	12	48:42	13		-1		-1	
15.	1:20:08	574	Fedor, Kristin	Female 50-54	Whitesboro	NY	30:24	17	04:59	17	44:45	10		-1		-1	
16.	1:23:43	584	Fregoe, Susan	Female 60-64	Rochester	NY	29:30	16	04:34	16	49:39	14		-1		-1	

Sprint Relay

1.	1:16:13	376	The Triforce,		Chittenango	NY	11:56	1	00:37	1	44:07	5	00:45	2	18:48	1	
2.	1:19:59	394	Tri Too Hard,		North Tonawanda	NY	18:05	2	02:23	8	36:07	1	00:42	1	22:42	2	
3.	1:25:37	372	Team Avengers,		New Hartford	NY	19:44	3	00:47	2	38:59	3	00:46	3	25:21	3	
4.	1:34:21	366	SteeleMacs,		Barton	NY	24:04	5	00:54	3	40:24	4	00:54	5	28:05	4	
5.	1:40:53	324	P3,		Cassadaga	NY	21:36	4	00:55	4	37:31	2	00:47	4	40:04	5	
6.	2:01:28	329	Sisters 3,		Rome	NY	28:40	7	01:01	6	49:30	6	01:13	8	41:04	6	
7.	2:10:15	326	Sisterhood in Motion,		Baldwinsville	NY	25:08	6	00:59	5	50:54	7	01:00	6	52:14	8	
8.	2:16:41	377	Tri Sloths,		Camillus	NY	34:37	8	01:17	7	54:17	8	01:01	7	45:29	7	

Number of records: 192



WES - Delta Lake Triathlon - 20250712



Top 3 Awards

Place	Finish Time	Bib	Name	City	State	Nat.	Swim	T1	Bike	T2	Run	AG
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Sprint Triathlon

Female

1.	1:15:27	643	Mainville, Claudette R	Carthage	NY		16:50	01:09	33:37	01:02	22:49	Female 55-59
2.	1:17:26	237	Murray, Sophia	Gansevoort	ny		17:36	01:12	35:09	00:49	22:40	Female 15-19
3.	1:18:09	818	Sherwood, Paige	Morris	NY		16:07	01:56	35:22	01:24	23:20	Female 10-14

Male

1.	1:03:17	8659	Mizener, Chris	Fort Worth	TX		12:51	01:13	27:18	01:03	20:52	Male 45-49
2.	1:06:41	8807	Woods, Simon	Pittsford (Go Bills)	NY		12:21	01:10	29:45	00:54	22:31	Male 50-54
3.	1:08:10	8652	McGrew, Ian	Kingston	NY		15:51	01:08	26:52	00:50	23:29	Male 35-39

Sprint AquaBike

Female

1.	50:35	8508	Bablok, Judy	Cleveland	NY		13:33	01:55	35:07			Female 60-64
2.	53:58	8671	Nasto, Jennifer	Rome	NY		18:27	02:10	33:21			Female 50-54
3.	59:26	8641	Mahon, Elizabeth	Ilion	NY		17:27	03:28	38:31			Female 45-49

Male

1.	45:11	654	McQueen, Patrick	Marcy	NY		14:31	00:38	30:02			Male 60-64
2.	53:27	502	Alley, John	Jordan	NY		14:23	02:01	37:03			Male 60-64
3.	53:42	8685	Oriel, Bryan	Fairport	NY		16:52	01:49	35:01			Male 55-59

Sprint Relay

1.	1:16:13	376	The Triforce,	Chittenango	NY		11:56	00:37	44:07	00:45	18:48	
2.	1:19:59	394	Tri Too Hard,	North Tonawanda	NY		18:05	02:23	36:07	00:42	22:42	





Top 3 Awards

Place	Finish Time	Bib	Name	City	State	Nat.	Swim	T1	Bike	T2	Run	AG
3.	1:25:37	372	Team Avengers,	New Hartford	NY		19:44	00:47	38:59	00:46	25:21	



WES - Delta Lake Triathlon - 20250712

Age Group Awards Sprint Triathlon



Place	Finish	Bib	Name	City	State	Swim	T1	Bike	T2	Run	Nat.
Sprint Triathlon											
Female 80-84											
1.	2:06:31	812	Jacobson, Sibyl	Palm Beach Gardens	FL	27:05	03:45	44:58	04:20	46:23	
Female 75-79											
1.	2:07:42	524	Boettrich, Ellen	Hilton	NY	25:47	02:08	47:01	02:40	50:06	
Female 70-74											
1.	1:30:11	615	Johnson, Nancy	Jamestown	NY	16:09	02:52	42:01	00:56	28:13	
2.	1:46:11	649	Mauro-Bertolo, Mary	Tully	NY	23:32	01:41	44:00	01:59	34:59	
3.	2:01:05	568	Dunn, Claire	Marcellus	NY	22:07	03:03	52:32	01:34	41:49	
Female 65-69											
1.	1:19:47	677	Nicol, Betsy	Copenhagen	NY	17:03	01:54	33:25	00:55	26:30	
2.	1:27:36	708	Rasmussen, Caroline	Lansing	NY	20:06	01:38	36:17	01:05	28:30	
3.	1:37:55	605	Herkenham, Elizabeth	Ballston Lake	NY	19:59	03:06	40:32	02:17	32:01	
Female 60-64											
1.	1:24:42	626	Kliment, Jennie	Cicero	NY	14:24	01:36	37:03	01:12	30:27	
2.	1:30:33	503	Alley, Mary	Jordan	NY	21:00	01:47	35:37	01:35	30:34	
3.	1:36:10	603	Hash-Davis, Laura	Rome	NY	22:03	04:14	39:44	01:45	28:24	
Female 55-59											
1.	1:24:51	731	Rusch, Kara	Hamilton	NY	22:14	02:02	35:13	01:23	23:59	
2.	1:27:35	810	Zdanowicz, Susan	Oneida	NY	17:50	02:21	37:09	01:29	28:46	
3.	1:37:38	516	Bernabe, Betsy	Rome	NY	20:25	02:24	37:42	01:21	35:46	



WES - Delta Lake Triathlon - 20250712

Age Group Awards Sprint Triathlon



Place	Finish	Bib	Name	City	State	Swim	T1	Bike	T2	Run	Nat.
Female 50-54											
1.	1:22:09	720	Rodriguez, Megan	Sherburne	NY	18:43	02:13	34:53	01:11	25:09	
2.	1:22:10	553	Cross, Vicki	Davenport	NY	16:45	01:25	36:57	01:06	25:57	
3.	1:22:15	8639	Macneil, Nicola	Rotterdam Junction	NY	18:08	01:41	35:51	00:43	25:52	
Female 45-49											
1.	1:19:21	507	Aungier, Brigitte	Syracuse	NY	18:54	01:21	31:19	00:57	26:50	
2.	1:20:15	526	Bono, Katie	Clinton	NY	17:34	01:27	35:25	00:56	24:53	
3.	1:49:45	728	Roy, Beth	CLINTON	NY	22:26	02:22	46:00	00:55	38:02	
Female 40-44											
1.	1:26:42	527	Bouchard, Tammy	Barton	NY	17:20	02:19	37:55	01:47	27:21	
2.	1:29:47	441	Seeber, Aliza	Skaneateles	NY	18:08	01:46	37:47	01:41	30:25	
3.	1:32:18	820	Sherwood, Jaime	Morris	NY	19:45	02:33	40:28	01:55	27:37	
Female 35-39											
1.	1:28:12	645	Mancini, Ashley	Whitesboro	NY	17:44	01:57	34:21	02:12	31:58	
2.	1:34:43	737	Schafer, Molly	Whitesboro	NY	17:54	02:24	46:26	01:12	26:47	
3.	1:35:21	590	Gimbar, Michelle	Binghamton	NY	15:56	01:35	44:20	01:17	32:13	
Female 30-34											
1.	1:28:04	831	Soto, Stephanie	Saratoga Springs	NY	17:48	02:46	41:40	01:04	24:46	
2.	1:43:00	725	Rosenberg, Carleigh	Saratoga Springs	NY	22:57	03:46	42:55	02:08	31:14	
3.	1:45:28	554	Cruz, Amy	Troy	NY	18:29	01:27	46:39	01:43	37:10	
Female 25-29											
1.	1:19:11	819	Sherwood, Rebecca	Fayetteville	NY	18:15	02:07	35:01	00:46	23:02	
2.	1:21:16	625	Kiteveles, Shelby	WarnerS	NY	18:18	01:14	35:08	00:37	25:59	



WES - Delta Lake Triathlon - 20250712

Age Group Awards Sprint Triathlon



Place	Finish	Bib	Name	City	State	Swim	T1	Bike	T2	Run	Nat.
3.	1:22:42	716	Robson, Allison	Fairport	NY	18:13	01:28	37:19	01:01	24:41	

Female 20-24

1.	1:31:19	188	Johnson, Carlyn	Dallas	TX	17:00	02:43	44:30	01:08	25:58	
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Female 15-19

1.	1:18:54	484	Murray, Emma	Gansevoort	ny	20:44	01:42	33:41	00:50	21:57	
2.	1:32:55	727	Roy, Devyn	CLINTON	NY	20:59	02:28	41:37	00:51	27:00	
3.	1:37:39	729	Roy, Emily	CLINTON	NY	21:55	03:39	45:19	01:02	25:44	

Female 10-14

1.	1:32:18	817	Sherwood, Piper	Morris	NY	19:44	02:32	40:29	01:55	27:38	
2.	1:42:47	750	Shene, Finley	Oneida	NY	16:16	02:23	46:54	01:01	36:13	

Male 75-79

1.	1:35:32	562	Dibelius, David	Lake George	NY	20:39	01:46	37:51	01:30	33:46	
2.	1:45:34	515	Berman, Leo	Syracuse	NY	20:19	02:32	43:42	02:20	36:41	

Male 65-69

1.	1:24:33	547	Cochise, Tom	Fabius	NY	18:13	02:21	37:57	01:31	24:31	
2.	1:24:59	783	Tonzi, Sean	Skaneateles	NY	20:00	01:57	34:38	01:24	27:00	
3.	1:25:09	718	Robson, Guy	Fairport	NY	16:21	01:33	35:18	03:21	28:36	

Male 60-64

1.	1:11:16	742	Seaton, Dale	Utica	NY	15:35	00:56	29:58	00:51	23:56	
2.	1:11:28	569	Earl, Gary	Weedsport	NY	13:24	01:19	31:03	01:01	24:41	
3.	1:17:52	619	Kapinus, Patrick	Chenango Forks	NY	20:16	02:06	29:32	01:21	24:37	



WES - Delta Lake Triathlon - 20250712

Age Group Awards Sprint Triathlon



Place	Finish	Bib	Name	City	State	Swim	T1	Bike	T2	Run	Nat.
Male 55-59											
1.	1:20:11	559	Denham, Dr. Tom	Delmar	NY	18:11	01:30	32:20	00:46	27:24	
2.	1:28:53	606	Hertzog, Todd	Port Crane	NY	18:29	02:13	34:26	01:28	32:17	
3.	1:37:24	726	Rosenthal, Marty	Cooperstown	NY	19:44	03:22	39:15	02:57	32:06	
Male 50-54											
1.	1:19:25	803	Willis, John	Ballston Lake	NY	20:08	01:08	31:45	00:47	25:37	
2.	1:19:32	8744	Sergott, Neil	Clifton Park	NY	17:14	01:49	32:29	00:59	27:01	
3.	1:36:42	813	Shah, Sovrin	Staten Island	NY	23:28	02:27	44:33	00:55	25:19	
Male 45-49											
1.	1:21:23	604	Henck, Colin	Albany	NY	17:38	01:49	32:14	01:32	28:10	
2.	1:26:40	730	Roy, Bryan	CLINTON	NY	21:49	01:39	36:13	01:19	25:40	
3.	1:34:20	698	Pezdek, Nick	Marcy	NY	17:35	03:10	38:54	01:35	33:06	
Male 40-44											
1.	1:10:47	8722	Roman, Brandon	High Falls	NY	15:06	01:19	32:14	00:47	21:21	
2.	1:19:46	8599	Lewis, Joshua	Oriskany Falls	NY	17:50	01:37	34:47	01:28	24:04	
3.	1:22:37	8535	Camidge, Andrew	Suncook	NH	17:22	01:58	34:21	00:55	28:01	
Male 35-39											
1.	1:11:01	8684	Olt, Alex	Oyster Bay	NY	15:35	00:42	30:17	00:46	23:41	
2.	1:20:25	658	Miretto, Giuseppe	Latham	NY	16:38	02:31	36:17	02:03	22:56	
3.	1:39:15	823	Smaldon, Adam	Blossvale	NY	22:36	02:45	37:39	01:28	34:47	
Male 30-34											
1.	1:37:35	579	Fisher, Brandon	Bergen	NY	21:29	02:20	40:56	00:56	31:54	
2.	1:41:53	611	Hrynczak, Dyllon	Clarence	NY	30:28	02:59	41:34	01:20	25:32	



WES - Delta Lake Triathlon - 20250712

Age Group Awards Sprint Triathlon



Place	Finish	Bib	Name	City	State	Swim	T1	Bike	T2	Run	Nat.
3.	1:52:44	828	Smith, Zachary	Ionia	NY	26:08	03:50	47:19	00:54	34:33	

Male 25-29

1.	1:10:18	774	Sposato, Brian	Uticaca	NY	15:42	01:24	31:17	00:51	21:04	
2.	1:17:32	525	Bolster, Jake	New York	NY	16:28	01:30	39:03	01:15	19:16	
3.	1:21:29	560	Desai, Deven	Rome	NY	18:15	03:13	35:26	01:18	23:17	

Male 20-24

1.	1:09:28	781	Sweeney, Jacob	Gloversville	NY	13:19	01:32	31:19	00:46	22:32	
2.	1:09:51	549	Cordone, Andrew	Northville	NY	15:09	01:20	32:49	00:55	19:38	
3.	1:11:37	693	Payne, Alex	Gloversville	NY	13:11	01:01	31:55	00:36	24:54	

Male 15-19

1.	1:13:43	780	Sweeney, Connor	Gloversville	NY	15:39	01:18	32:24	00:48	23:34	
2.	1:23:10	815	Shene, Cayden	Oneida	NY	15:02	02:12	39:04	01:12	25:40	
3.	1:37:54	797	West, Howard	Oneida	NY	18:06	02:57	46:29	00:46	29:36	

Male 10-14

1.	1:32:14	517	Beuttenmuller, Burke	Watertown	NY	17:08	02:11	44:11	01:05	27:39	
2.	1:33:08	665	West, Hunter	Oneida	NY	15:04	03:21	43:42	00:54	30:07	
3.	1:41:17	660	Mizener, Parker	Fort Worth	TX	24:43	02:36	39:55	02:15	31:48	

