



Overall Results

Place	Finish	Bib	Name	AG	City	State	Swim	Swim Rank	T1	T1 Rank	Bike	Bike Rank	T2	T2 Rank	Run	Run Rank	Nat.
Triathlon - Intermediate																	
1.	2:07:29	823	Edmonds, Josh	Male 35-39	Cooperstown	NY	17:48	3	02:35	3	1:08:16	1	01:18	8	37:32	1	
2.	2:20:28	857	Lambers, Tjibbe	Male 50-54	Cooperstown	NY	19:14	4	03:24	10	1:11:42	2	01:44	13	44:24	4	
3.	2:25:17	816	Cokenakes, George	Male 35-39	Haddonfield	NJ	24:59	9	03:18	9	1:12:34	4	01:12	5	43:14	2	
4.	2:37:42	818	DeGirolamo, Ben	Male 20-24	Manlius	NY	21:02	5	02:57	6	1:16:37	6	01:08	4	55:58	12	
5.	2:40:17	854	Kline, Nathan	Male 35-39	Jamesville	NY	33:15	26	03:48	13	1:11:57	3	02:44	26	48:33	5	
6.	2:42:23	812	Carr, Michelle	Female 35-39	Schenectady	NY	28:32	18	04:05	16	1:17:43	7	01:33	11	50:30	7	
7.	2:44:23	883	Reardon, Mike	Male 50-54	Sackets Harbor	NY	31:52	23	05:56	28	1:13:56	5	01:15	6	51:24	8	
8.	2:45:02	864	Mead, Ryan	Male 25-29	Clay	NY	23:33	8	03:46	12	1:20:54	10	00:45	1	56:04	13	
9.	2:47:57	808	Bordenave, Keven	Male 35-39	Carthage	NY	26:19	11	04:21	19	1:31:28	21	01:50	14	43:59	3	
10.	2:49:07	910	Smith, Chris	Male 50-54	Brunswick	OH	25:45	10	03:52	15	1:20:30	9	01:00	2	58:00	17	
11.	2:51:45	817	D'Hont, Brady	Male 25-29	Syracuse	NY	29:57	20	02:43	4	1:23:12	11	02:37	25	53:16	9	
12.	2:54:43	932	Burns, Nathan	Male 25-29	Jamesville	NY	27:55	14	04:32	20	1:24:28	13	02:35	24	55:13	10	
13.	2:58:24	800	Aloi Jr, Christopher	Male 15-19	Baldwinsville	NY	21:54	6	03:17	8	1:36:06	23	01:15	7	55:52	11	
14.	2:59:17	858	Lawrence, Tyler	Male 25-29	Canonsburg	PA	33:50	28	05:56	27	1:27:43	15	02:23	21	49:25	6	
15.	3:01:03	926	Hayes, Brett	Male 45-49	Jamesville	NY	37:24	32	06:12	29	1:19:00	8	01:38	12	56:49	14	
16.	3:01:37	863	Ouimet, Patricia	Female 65-69	Millbrook	NY	28:30	17	05:13	25	1:27:50	16	02:06	18	57:58	16	
17.	3:07:21	832	Foster, Jon	Male 40-44	Vincentown	NJ	31:03	21	04:49	21	1:28:06	18	03:24	28	59:59	20	
18.	3:07:58	827	Fesenger, Gordon	Male 65-69	Cazenovia	NY	27:32	12	02:50	5	1:26:43	14	01:49	15	1:09:04	25	
19.	3:09:04	877	Olt, Alex	Male 35-39	Oyster Bay	NY	28:35	19	01:39	2	1:24:17	12	01:32	10	1:13:01	28	
20.	3:16:51	892	Salisbury, Matt	Male 35-39	Canonsburg	PA	33:17	27	04:13	17	1:29:55	19	01:30	9	1:07:56	24	
21.	3:22:02	935	Neckar, Pamela	Female 50-54	Cleveland	OH	27:42	13	03:48	14	1:31:01	20	02:32	23	1:16:59	31	
22.	3:23:45	899	Skramko, Julie	Female 35-39	Hartwick	NY	47:18	36	05:03	24	1:27:54	17	03:48	32	59:42	19	
23.	3:25:22	813	Carrier, Nicholas	Male 35-39	Sherrill	NY	28:13	16	03:31	11	1:53:23	32	02:31	22	57:44	15	
24.	3:32:17	848	Huntress-Kennedy, Austin	Male 20-24	Liverpool	NY	34:53	31	04:14	18	1:40:24	26	01:02	3	1:11:44	27	
25.	3:33:58	853	Kingsbury, Alex	Male 30-34	Watertown	NY	31:53	24	04:53	23	1:54:00	33	02:13	19	1:00:59	21	





Overall Results

Place	Finish	Bib	Name	AG	City	State	Swim	Swim Rank	T1	T1 Rank	Bike	Bike Rank	T2	T2 Rank	Run	Run Rank	Nat.
26.	3:36:10	805	Bendell, Dan	Male 55-59	Liverpool	NY	31:13	22	07:11	33	1:36:53	24	04:04	35	1:16:49	30	
27.	3:43:42	889	Rusk, Amy	Female 35-39	Cooperstown	NY	28:11	15	07:51	35	1:43:59	30	01:54	16	1:21:47	36	
28.	3:44:41	919	Tran, Philip	Male 40-44	Mount Laurel	NJ	34:04	29	09:13	37	1:34:57	22	06:26	38	1:20:01	35	
29.	3:51:09	884	Reff, Aidan	Male 20-24	Watertown	NY	47:16	35	07:11	34	1:43:24	28	03:51	33	1:09:27	26	
30.	3:53:05	850	Katchmar, Joe	Male 30-34	La Fayette	NY	34:33	30	11:53	40	1:43:55	29	07:11	39	1:15:33	29	
31.	3:54:57	887	Roller, Collen	Male 30-34	La Fayette	NY	43:32	34	08:58	36	1:37:49	25	07:19	40	1:17:19	32	
32.	4:06:16	882	Prince, Glenn	Male 65-69	Palmyra	NY	55:46	40	07:05	32	1:41:55	27	02:45	27	1:18:45	33	
33.	4:06:30	930	Perry, Chris	Male 35-39	Ft Drum	NY	40:59	33	07:00	31	1:55:59	34	03:39	31	1:18:53	34	
34.	4:50:03	815	Cohen, Joseph	Male 35-39	Bronx	NY	1:12:59	41	06:34	30	1:50:18	31	04:01	34	1:36:11	38	
35.	5:07:55	912	Somarowthu, Meghanath	Male 25-29	Syracuse	NY	51:25	38	11:34	38	2:02:31	37	02:18	20	2:00:07	39	
36.	5:25:24	897	Scott, Robert	Male 55-59	New York Mills	NY	33:02	25	11:46	39	3:31:33	39	05:48	37	1:03:15	22	
37.	5:37:44	861	Marsallo, Joseph	Male 25-29	Baldwinsville	NY	50:51	37	05:23	26	3:37:44	40	04:11	36	59:35	18	

Relay Team - Intermediate

1.	2:39:31	2721	FMCC,	Male 55-59	Manlius	NY	23:04	2	01:01	2	1:16:57	1	00:26	1	58:03	1	
2.	3:55:18	3311	Team Tri-ing Our Best!,	Male 55-59	Washington	DC	37:22	3	01:01	3	1:39:02	3	03:11	4	1:34:42	4	
3.	4:01:38	3313	TEAM TRUE NORTH,	Male 55-59	Rome	NY	50:50	4	00:56	1	1:56:02	4	02:07	3	1:11:43	3	

Number of records: 40





Top 3 Awards

Place	Finish Time	Bib	Name	City	State	Nat.	Swim	T1	Bike	T2	Run	AG
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Triathlon - Intermediate

Female

1.	2:42:23	812	Carr, Michelle	Schenectady	NY		28:32	04:05	1:17:43	01:33	50:30	Female 35-39
2.	3:01:37	863	Ouimet, Patricia	Millbrook	NY		28:30	05:13	1:27:50	02:06	57:58	Female 65-69
3.	3:22:02	935	Neckar, Pamela	Cleveland	OH		27:42	03:48	1:31:01	02:32	1:16:59	Female 50-54

Male

1.	2:07:29	823	Edmonds, Josh	Cooperstown	NY		17:48	02:35	1:08:16	01:18	37:32	Male 35-39
2.	2:20:28	857	Lambers, Tjibbe	Cooperstown	NY		19:14	03:24	1:11:42	01:44	44:24	Male 50-54
3.	2:25:17	816	Cokenakes, George	Haddonfield	NJ		24:59	03:18	1:12:34	01:12	43:14	Male 35-39

Relay Team - Intermediate

1.	2:39:31	2721	FMCC,	Manlius	NY		23:04	01:01	1:16:57	00:26	58:03	Male 55-59
2.	3:55:18	3311	Team Tri-ing Our Best!,	Washington	DC		37:22	01:01	1:39:02	03:11	1:34:42	Male 55-59
3.	4:01:38	3313	TEAM TRUE NORTH,	Rome	NY		50:50	00:56	1:56:02	02:07	1:11:43	Male 55-59





Age Group Awards Triathlon - Intermediate

Place	Finish	Bib	Name	City	State	Swim	T1	Bike	T2	Run	Nat.
Triathlon - Intermediate											
Female 35-39											
1.	3:23:45	899	Skramko, Julie	Hartwick	NY	47:18	05:03	1:27:54	03:48	59:42	
2.	3:43:42	889	Rusk, Amy	Cooperstown	NY	28:11	07:51	1:43:59	01:54	1:21:47	
Male 15-19											
1.	2:58:24	800	Aloi Jr, Christopher	Baldwinsville	NY	21:54	03:17	1:36:06	01:15	55:52	
Male 20-24											
1.	2:37:42	818	DeGirolamo, Ben	Manlius	NY	21:02	02:57	1:16:37	01:08	55:58	
2.	3:32:17	848	Huntress-Kennedy, Austin	Liverpool	NY	34:53	04:14	1:40:24	01:02	1:11:44	
3.	3:51:09	884	Reff, Aidan	Watertown	NY	47:16	07:11	1:43:24	03:51	1:09:27	
Male 25-29											
1.	2:45:02	864	Mead, Ryan	Clay	NY	23:33	03:46	1:20:54	00:45	56:04	
2.	2:51:45	817	D'Hont, Brady	Syracuse	NY	29:57	02:43	1:23:12	02:37	53:16	
3.	2:54:43	932	Burns, Nathan	Jamesville	NY	27:55	04:32	1:24:28	02:35	55:13	
Male 30-34											
1.	3:33:58	853	Kingsbury, Alex	Watertown	NY	31:53	04:53	1:54:00	02:13	1:00:59	
2.	3:53:05	850	Katchmar, Joe	La Fayette	NY	34:33	11:53	1:43:55	07:11	1:15:33	
3.	3:54:57	887	Roller, Collen	La Fayette	NY	43:32	08:58	1:37:49	07:19	1:17:19	
Male 35-39											
1.	2:40:17	854	Kline, Nathan	Jamesville	NY	33:15	03:48	1:11:57	02:44	48:33	
2.	2:47:57	808	Bordenave, Keven	Carthage	NY	26:19	04:21	1:31:28	01:50	43:59	
3.	3:09:04	877	Olt, Alex	Oyster Bay	NY	28:35	01:39	1:24:17	01:32	1:13:01	





Age Group Awards Triathlon - Intermediate

Place	Finish	Bib	Name	City	State	Swim	T1	Bike	T2	Run	Nat.
Male 40-44											
1.	3:07:21	832	Foster, Jon	Vincentown	NJ	31:03	04:49	1:28:06	03:24	59:59	
2.	3:44:41	919	Tran, Philip	Mount Laurel	NJ	34:04	09:13	1:34:57	06:26	1:20:01	
Male 45-49											
1.	3:01:03	926	Hayes, Brett	Jamesville	NY	37:24	06:12	1:19:00	01:38	56:49	
Male 50-54											
1.	2:44:23	883	Reardon, Mike	Sackets Harbor	NY	31:52	05:56	1:13:56	01:15	51:24	
2.	2:49:07	910	Smith, Chris	Brunswick	OH	25:45	03:52	1:20:30	01:00	58:00	
Male 55-59											
1.	3:36:10	805	Bendell, Dan	Liverpool	NY	31:13	07:11	1:36:53	04:04	1:16:49	
2.	5:25:24	897	Scott, Robert	New York Mills	NY	33:02	11:46	3:31:33	05:48	1:03:15	
Male 65-69											
1.	3:07:58	827	Fesenger, Gordon	Cazenovia	NY	27:32	02:50	1:26:43	01:49	1:09:04	
2.	4:06:16	882	Prince, Glenn	Palmyra	NY	55:46	07:05	1:41:55	02:45	1:18:45	

