

WES - Delta Lake Triathlon - 20260718

Overall Results



Place	Finish	Bib	Name	AG	City	State	Swim	Swim Rank	T1	T1 Rank	Bike	Bike Rank	T2	T2 Rank	Run	Run Rank	Nat.
Sprint Triathlon																	
1.	59:31	156	Kreuser, Ryan	Male 25-29	Newark	NY	09:07	1	00:51	2	28:14	1	00:37	6	20:42	4	
2.	1:01:46	125	Heyer, Erik	Male 50-54	Chevy Chase	MD	10:20	3	00:44	1	28:41	3	00:41	10	21:20	7	
3.	1:01:53	269	Sikorski, Michael	Male 45-49	New York	NY	10:34	5	00:54	4	30:10	5	00:54	31	19:21	2	
4.	1:03:04	8187	Mizener, Chris	Male 45-49	Fort Worth	TX	10:49	9	01:32	22	28:32	2	01:15	74	20:56	5	
5.	1:03:57	279	Sposato, Brian	Male 25-29	Utica	NY	11:47	15	01:27	18	30:05	4	00:51	25	19:47	3	
6.	1:04:14	20	Bergeron, Mason	Male 15-19	Delmar	NY	10:36	7	01:10	8	33:02	18	00:55	34	18:31	1	
7.	1:04:59	159	Lamothe, Christopher	Male 35-39	Fayetteville	NY	10:36	6	01:24	14	30:29	7	01:11	64	21:19	6	
8.	1:08:07	197	Murphy, Dan	Male 55-59	Cornelius	NC	12:12	21	01:27	16	30:54	9	01:08	58	22:26	13	
9.	1:08:26	256	Seaton, Dale	Male 60-64	Utica	NY	11:56	17	01:03	5	30:19	6	00:43	14	24:25	25	
10.	1:08:30	83	Earl, Gary	Male 65-69	Weedsport	NY	10:30	4	01:23	12	31:03	10	00:59	40	24:35	27	
11.	1:09:55	264	Sherwood, Paige	Female 10-14	Morris	NY	11:22	12	01:38	27	32:39	15	01:06	55	23:10	16	
12.	1:10:00	299	Virkler, Eric	Male 60-64	Lowville	NY	10:37	8	01:35	23	33:18	21	00:49	23	23:41	20	
13.	1:10:39	8017	Barth, Jade	Female 45-49	Syracuse	NY	12:19	22	01:05	6	33:56	29	01:17	79	22:02	9	
14.	1:11:46	169	Mainville, Claudette R	Female 55-59	Carthage	NY	12:57	29	01:29	20	32:57	16	00:55	33	23:28	18	
15.	1:12:24	135	Murray, Emma	Female 15-19	Gansevoort	NY	13:50	43	01:23	11	34:15	32	00:47	20	22:09	10	
16.	1:12:41	105	Murray, Sophia	Female 15-19	Gansevoort	NY	11:52	16	01:09	7	33:02	19	01:12	71	25:26	45	
17.	1:12:43	23	Berntson, Ross	Male 55-59	New Hartford	NY	11:46	14	01:51	36	33:19	22	00:57	35	24:50	33	
18.	1:12:48	13	Bach, Allison	Female 35-39	Weedsport	NY	11:15	11	01:37	24	33:33	26	00:59	37	25:24	44	
19.	1:12:52	291	Tebo, Matthew	Male 45-49	Clifton Park	NY	12:04	18	01:41	31	32:30	14	01:17	78	25:20	42	
20.	1:13:03	313	Willis, John	Male 50-54	Ballston Lake	NY	13:51	44	01:23	13	32:20	12	00:52	30	24:37	29	
21.	1:13:17	266	Sherwood, Rebecca	Female 25-29	Fayetteville	NY	13:52	45	01:58	51	34:31	33	00:38	7	22:18	11	
22.	1:13:30	8032	Blood, John	Male 40-44	Buffalo	NY	11:45	13	02:59	99	33:00	17	02:11	142	23:35	19	
23.	1:13:54	8075	Dinero, Doug	Male 45-49	Fayetteville	NY	13:02	31	01:30	21	33:06	20	01:03	49	25:13	40	
24.	1:14:15	61	Cross, Vicki	Female 50-54	Davenport	NY	12:28	24	01:37	26	35:15	37	00:37	5	24:18	23	
25.	1:14:20	70	Denham, Dr. Tom	Male 60-64	Delmar	NY	13:09	32	01:40	29	32:04	11	00:27	1	27:00	64	



WES - Delta Lake Triathlon - 20260718

Overall Results



Place	Finish	Bib	Name	AG	City	State	Swim	Swim Rank	T1	T1 Rank	Bike	Bike Rank	T2	T2 Rank	Run	Run Rank	Nat.
26.	1:14:34	350	Place, Joseph	Male 60-64	Saratoga Springs	NY	13:32	37	02:18	64	32:28	13	01:55	132	24:21	24	
27.	1:14:50	73	Desai, Deven	Male 25-29	Syracuse	NY	13:41	39	02:46	84	33:56	30	01:13	72	23:14	17	
28.	1:15:16	12	Aungier, Brigitte	Female 45-49	Syracuse	NY	14:13	53	01:13	9	30:52	8	00:42	12	28:16	77	
29.	1:15:53	298	Learn, Roger	Male 70-74	Troy	PA	12:34	25	01:37	25	34:14	31	01:18	83	26:10	51	
30.	1:16:09	205	Nicol, Betsy	Female 65-69	Copenhagen	NY	13:20	35	01:57	46	33:28	23	00:47	19	26:37	60	
31.	1:16:28	149	Kiteveles, Shelby	Female 25-29	Warners	NY	13:16	34	01:25	15	35:48	41	01:02	46	24:57	35	
32.	1:17:21	193	Mucurio, Anthony	Male 40-44	New Hartford	NY	15:51	76	03:16	119	36:02	44	00:50	24	21:22	8	
33.	1:17:33	121	Henck, Colin	Male 45-49	Albany	NY	13:50	42	01:55	45	33:29	24	01:34	106	26:45	61	
34.	1:17:38	95	Fisher-Liggera, Maggie	Female 15-19	Webster	NY	14:39	64	01:54	44	38:03	57	00:39	8	22:23	12	
35.	1:19:24	305	West, Hunter	Male 15-19	Oneida	NY	09:52	2	03:25	125	39:18	74	00:42	13	26:07	50	
36.	1:19:38	295	Tonzi, Sean	Male 65-69	Skaneateles	NY	13:54	47	01:41	30	35:20	38	01:18	82	27:25	68	
37.	1:19:40	265	Sherwood, Jaime	Female 40-44	Morris	NY	13:57	50	01:52	38	38:01	55	01:11	66	24:39	30	
38.	1:19:51	217	Person, Mark	Male 65-69	Syracuse	NY	14:32	61	01:57	47	33:51	27	01:22	87	28:09	74	
39.	1:19:59	249	Roy, Bryan	Male 45-49	Clinton	NY	15:39	75	02:15	63	35:53	42	01:23	88	24:49	32	
40.	1:20:10	247	Roy, Devyn	Female 15-19	Clinton	NY	14:10	52	02:20	67	38:05	59	00:42	11	24:53	34	
41.	1:20:26	227	Rasmussen, Caroline	Female 65-69	Lansing	NY	14:43	65	01:53	41	35:07	35	01:15	73	27:28	70	
42.	1:21:09	261	Shene, Cayden	Male 15-19	Oneida	NY	10:53	10	02:26	73	39:14	73	01:04	50	27:32	71	
43.	1:21:17	251	Sarbaugh, Vance	Male 70-74	Boulder	CO	12:48	27	04:16	151	35:12	36	02:27	156	26:34	59	
44.	1:21:39	204	Newton, Theresa	Female 60-64	Halfmoon	NY	14:19	56	02:22	68	36:19	45	02:18	150	26:21	55	
45.	1:21:43	240	Robson, Allison	Female 30-34	Fairport	NY	14:05	51	01:58	49	38:36	62	01:12	68	25:52	48	
46.	1:21:44	113	Haberbusch, Molly	Female 50-54	Clinton	NY	12:09	20	02:13	61	39:26	76	01:36	109	26:20	56	
47.	1:21:59	230	Redmond, Brian	Male 45-49	Billerica	MA	14:27	59	02:11	60	37:55	53	01:10	62	26:16	54	
48.	1:22:01	171	Mancini, Ashley	Female 40-44	Whitesboro	NY	14:16	54	01:49	35	33:30	25	01:45	117	30:41	103	
49.	1:22:08	263	Sherwood, Piper	Female 10-14	Morris	NY	16:26	95	01:52	40	38:01	56	01:12	67	24:37	28	
50.	1:22:23	56	Cooper, Brianna	Female 30-34	Batavia	NY	16:05	83	01:27	19	38:42	65	01:01	41	25:08	37	
51.	1:22:49	268	Shurter, Wayne	Male 65-69	Pine Bush	NY	16:01	81	02:48	88	34:57	34	01:48	123	27:15	67	



WES - Delta Lake Triathlon - 20260718

Overall Results



Place	Finish	Bib	Name	AG	City	State	Swim	Swim Rank	T1	T1 Rank	Bike	Bike Rank	T2	T2 Rank	Run	Run Rank	Nat.
52.	1:23:27	239	Robson, Elizabeth	Female 30-34	Cohoes	NY	15:00	70	02:47	86	38:22	60	01:03	51	26:15	53	
53.	1:23:28	128	Hrynczak, Dyllon	Male 30-34	Clarence	NY	19:29	145	02:14	62	35:23	39	02:12	144	24:10	22	
54.	1:23:56	248	Roy, Emily	Female 15-19	Clinton	NY	15:58	79	02:19	66	41:49	97	00:46	18	23:04	15	
55.	1:24:01	144	Kellar, Danielle	Female 50-54	Evans Mills	NY	16:27	96	01:52	37	36:36	48	00:54	32	28:12	75	
56.	1:24:03	252	Schafer, Molly	Female 35-39	Whitesboro	NY	13:27	36	02:34	80	41:59	102	00:52	28	25:11	38	
57.	1:24:15	136	Johnson, Nancy	Female 70-74	Jamestown	NY	13:00	30	02:39	82	41:19	91	00:52	29	26:25	57	
58.	1:24:33	122	Henderson, Mallory	Female 30-34	Sauquoit	NY	16:08	85	02:23	70	38:47	66	01:11	65	26:04	49	
59.	1:24:33	44	Campbell, Andrew	Male 65-69	Palmetto	FL	16:34	97	02:08	56	38:25	61	02:13	147	25:13	39	
60.	1:24:39	124	Hertzog, Todd	Male 55-59	Port Crane	NY	13:14	33	02:10	59	33:55	28	01:33	104	33:47	118	
61.	1:24:48	180	McIntyre, Tim	Male 50-54	Nedrow	NY	14:26	58	03:15	117	36:22	46	01:08	59	29:37	90	
62.	1:24:58	68	DeLany, Zachary	Male 55-59	Brockport	NY	13:54	46	02:56	95	36:28	47	01:31	102	30:09	94	
63.	1:25:18	138	Jones, Krista	Female 55-59	Honeoye Falls	NY	13:35	38	01:26	17	37:18	51	01:23	90	31:36	110	
64.	1:25:34	139	Jordan, Andrew	Male 25-29	Macedon	NY	14:21	57	02:34	79	41:30	93	00:58	36	26:11	52	
65.	1:25:49	25	Beuttenmuller, Andrew	Male 45-49	Watertown	NY	16:48	102	02:08	57	40:18	87	01:29	97	25:06	36	
66.	1:25:52	26	Beuttenmuller, Burke	Male 10-14	Watertown	NY	12:40	26	02:09	58	43:41	116	00:35	3	26:47	62	
67.	1:25:56	15	Bansbach, Eric	Male 60-64	Fayetteville	NY	14:33	62	02:06	54	35:42	40	01:27	95	32:08	112	
68.	1:25:59	88	Fehrman, Christine	Female 55-59	Cicero	NY	13:49	41	01:57	50	38:01	54	01:34	105	30:38	101	
69.	1:26:05	306	West, Howard	Male 15-19	Oneida	NY	12:49	28	01:52	39	43:51	121	00:28	2	27:05	65	
70.	1:26:10	43	Calidonna, Rylee	Female 25-29	Clinton	NY	15:56	78	03:07	108	42:15	103	00:44	15	24:08	21	
71.	1:26:23	78	Doherty, Kristen	Female 30-34	Clinton	NY	17:14	114	01:47	33	38:56	70	01:00	43	27:26	69	
72.	1:26:27	308	White, Brian	Male 45-49	New Hartford	NY	17:13	113	03:16	118	39:42	81	01:48	125	24:28	26	
73.	1:26:35	8215	Pedersen, Victoria	Female 70-74	Sherrill	NY	16:19	92	01:20	10	38:50	67	01:05	53	29:01	83	
74.	1:27:03	201	Needleman, Cathy	Female 60-64	Middleburgh	NY	14:59	68	02:40	83	39:31	77	01:41	113	28:12	76	
75.	1:27:19	209	Oshins, Jaclyn	Female 25-29	New Hartford	NY	14:34	63	02:02	53	38:42	64	01:50	127	30:11	95	
76.	1:27:29	710	McAuliffe, Murray	Male 15-19	Lewiston	NY	12:08	19	02:22	69	45:23	133	01:07	56	26:29	58	
77.	1:27:29	60	Cousins, Cherie	Female 45-49	Corfu	NY	16:36	98	02:50	90	41:18	90	01:00	39	25:45	46	



WES - Delta Lake Triathlon - 20260718

Overall Results



Place	Finish	Bib	Name	AG	City	State	Swim	Swim Rank	T1	T1 Rank	Bike	Bike Rank	T2	T2 Rank	Run	Run Rank	Nat.
78.	1:28:27	5	Alley, Mary	Female 60-64	Jordan	NY	17:38	126	01:55	42	35:57	43	01:49	126	31:08	108	
79.	1:28:31	257	Secor, Shawn	Male 40-44	Verona	NY	17:00	106	03:31	127	38:37	63	01:31	99	27:52	72	
80.	1:28:42	85	English-Bowers, Molly	Female 65-69	Liverpool	NY	17:11	111	02:36	81	38:05	58	02:09	141	28:41	80	
81.	1:29:06	18	Baxter, Michael	Male 70-74	Pittsford	NY	14:29	60	02:06	55	36:49	49	00:40	9	35:02	127	
82.	1:29:49	303	Walton, Annmarie	Female 40-44	Chadwicks	NY	17:10	110	01:39	28	39:12	72	00:49	22	30:59	107	
83.	1:29:58	189	Mizener, Parker	Male 10-14	Fort Worth	TX	17:05	107	02:32	77	38:52	68	01:40	112	29:49	91	
84.	1:30:05	94	Fisher, Dale	Male 60-64	Bergen	NY	13:45	40	03:01	101	40:34	88	00:51	27	31:54	111	
85.	1:30:08	237	Ringwald, Jillian	Female 40-44	West Leyden	NY	17:34	123	03:11	113	41:42	96	01:55	131	25:46	47	
86.	1:30:52	221	Piazza, Michael	Male 40-44	New York Mills	NY	21:18	159	02:57	97	39:41	79	01:41	114	25:15	41	
87.	1:31:05	27	Beuttenmuller, Rhett	Male 15-19	Watertown	NY	18:27	135	00:54	3	42:31	105	00:47	21	28:26	78	
88.	1:31:31	50	Chrysler, Josh	Male 25-29	Syracuse	NY	19:39	148	01:48	34	39:24	75	01:09	61	29:31	87	
89.	1:31:55	317	Young, Terry	Male 55-59	Fabius	NY	17:33	121	02:55	94	38:54	69	01:53	129	30:40	102	
90.	1:32:07	160	LaVeck, Allison	Female 40-44	Clinton	NY	16:22	93	02:23	71	44:37	127	00:37	4	28:08	73	
91.	1:32:11	22	Bernabe, Betsy	Female 55-59	Rome	NY	16:04	82	02:24	72	41:51	98	01:18	84	30:34	100	
92.	1:32:25	724	McAuliffe, Quinn	Male 15-19	Lewiston	NY	18:53	139	03:55	143	46:02	139	01:02	45	22:33	14	
93.	1:32:31	117	Hash-Davis, Laura	Female 60-64	Rome	NY	17:20	117	04:37	156	39:49	83	01:45	120	29:00	82	
94.	1:32:32	274	Snyder, Kathleen	Female 50-54	Attica	NY	18:18	133	02:27	74	41:52	99	01:03	47	28:52	81	
95.	1:32:40	218	Petteys, Brian	Male 45-49	Sauquoit	NY	18:06	131	03:22	122	39:50	84	01:31	103	29:51	92	
96.	1:32:57	74	Dibelius, David	Male 80-84	Lake George	NY	16:11	88	03:02	103	39:12	71	01:42	116	32:50	115	
97.	1:33:04	123	Herkenham, Elizabeth	Female 70-74	Ballston Lake	NY	15:55	77	04:04	148	41:23	92	02:08	140	29:34	89	
98.	1:33:37	143	Keating, Carlie	Female 30-34	Rome	NY	14:45	66	03:14	116	43:48	119	01:09	63	30:41	104	
99.	1:33:54	190	Moore, Kellen	Male 25-29	Rome	NY	17:16	115	03:32	129	41:53	100	01:08	60	30:05	93	
100.	1:33:58	93	Fisher, Brandon	Male 35-39	Bergen	NY	20:29	151	03:42	134	37:51	52	00:45	16	31:11	109	
101.	1:33:59	146	Kelly, Lauren	Female 25-29	East Greenbush	NY	14:18	55	02:46	85	39:34	78	01:37	111	35:44	131	
102.	1:34:22	223	Piscitelli, Mickey	Female 70-74	Baldwinsville	NY	16:18	91	01:55	43	40:01	86	01:59	135	34:09	120	
103.	1:34:33	296	Townsend, Jonathan	Male 30-34	Rome	NY	20:40	152	04:38	157	43:19	115	01:16	75	24:40	31	



Overall Results



Place	Finish	Bib	Name	AG	City	State	Swim	Swim Rank	T1	T1 Rank	Bike	Bike Rank	T2	T2 Rank	Run	Run Rank	Nat.
104.	1:34:40	142	Kaye, Lara	Female 55-59	Averill Park	NY	15:00	69	03:06	106	46:24	142	01:02	44	29:08	85	
105.	1:35:22	938	McAuliffe, Jeffrey	Male 50-54	Lewiston	NY	17:34	122	03:13	115	39:51	85	02:03	138	32:41	113	
106.	1:35:43	292	Thomason, Tiffany	Female 25-29	Rome	NY	16:41	100	05:31	167	44:01	123	02:21	152	27:09	66	
107.	1:36:01	316	Young, Beth	Female 55-59	Fabius	NY	15:05	71	03:04	104	40:45	89	02:07	139	35:00	125	
108.	1:36:41	176	Mauro-Bertolo, Mary	Female 70-74	Tully	NY	17:17	116	01:46	32	42:55	109	01:47	121	32:56	116	
109.	1:37:12	232	Reilley, Cathleen	Female 50-54	Oneida	NY	16:06	84	03:46	137	45:05	132	01:17	81	30:58	106	
110.	1:37:12	185	Mielnicki, Hayley	Female 30-34	Sauquoit	NY	16:57	105	05:07	163	46:15	141	01:57	134	26:56	63	
111.	1:37:17	273	Snow, Jackie	Female 60-64	Cicero	NY	15:19	72	03:13	114	39:44	82	02:28	155	36:33	133	
112.	1:37:29	71	Denton, Alyssa	Female 30-34	Sauquoit	NY	16:10	87	03:01	102	45:28	135	02:27	154	30:23	99	
113.	1:37:35	226	Ransom, Nichole	Female 50-54	Rochester	NY	16:17	90	03:30	126	41:56	101	01:57	133	33:55	119	
114.	1:38:25	21	Berman, Leo	Male 75-79	Syracuse	NY	15:20	73	02:56	92	43:07	111	02:13	146	34:49	124	
115.	1:39:01	54	Colburn, Lynn	Female 40-44	Whitesboro	NY	20:26	150	03:24	124	43:01	110	01:53	130	30:17	97	
116.	1:39:16	166	Madonna, Emma	Female 25-29	SyracusE	NY	13:56	49	03:50	139	43:51	120	01:35	108	36:04	132	
117.	1:39:32	140	Joyce, Lisa	Female 65-69	Ballston Spa	NY	16:09	86	03:10	111	37:09	50	01:48	124	41:16	152	
118.	1:40:05	202	Neish, Kelly	Female 55-59	Baldwinsville	NY	17:41	127	03:34	130	43:17	114	01:17	80	34:16	121	
119.	1:41:02	49	Ching, Harry	Male 60-64	Clifton Park	NY	19:09	141	04:54	161	39:42	80	02:41	160	34:36	122	
120.	1:41:15	236	Reynolds, Steve	Male 25-29	Rome	NY	25:47	170	05:37	168	43:44	117	00:45	17	25:22	43	
121.	1:42:05	42	Calaprico, Gina	Female 25-29	Liverpool	NY	17:25	119	01:59	52	44:58	131	01:04	52	36:39	134	
122.	1:42:18	260	Shene, Finley	Female 10-14	Oneida	NY	12:24	23	03:21	121	48:09	148	01:12	70	37:12	139	
123.	1:42:22	318	Young, Connie	Female 60-64	Liverpool	NY	17:59	130	02:31	76	42:46	107	01:00	38	38:06	142	
124.	1:42:25	130	Ince, Heather	Female 50-54	La Fayette	NY	16:25	94	03:00	100	42:30	104	01:44	118	38:46	146	
125.	1:42:28	718	McAuliffe, Callan	Male 15-19	Lewiston	NY	19:11	142	03:45	136	48:17	151	01:03	48	30:12	96	
126.	1:43:11	41	Bonner, Elizabeth	Female 25-29	Oswego	NY	17:35	124	03:56	144	49:52	157	02:16	149	29:32	88	
127.	1:43:20	162	Leon, Sam	Female 20-24	Attica	NY	14:47	67	01:57	48	46:14	140	01:17	77	39:05	147	
128.	1:43:39	89	Felski, Elizabeth	Female 40-44	Darien Center	NY	19:13	144	03:32	128	51:09	159	01:17	76	28:28	79	
129.	1:43:54	172	Mangla, Rajiv	Male 55-59	Fayetteville	NY	18:41	136	04:43	159	42:31	106	01:00	42	36:59	135	





Overall Results

Place	Finish	Bib	Name	AG	City	State	Swim	Swim Rank	T1	T1 Rank	Bike	Bike Rank	T2	T2 Rank	Run	Run Rank	Nat.
130.	1:44:03	99	Freuder, Evan	Male 50-54	Fayetteville	NY	18:57	140	02:50	89	44:50	129	02:02	137	35:24	129	
131.	1:44:08	72	Desai, Chandni	Female 20-24	Rome	NY	17:13	112	03:10	112	43:45	118	01:23	92	38:37	145	
132.	1:44:26	270	Smith, Zachary	Male 30-34	Ionia	NY	18:16	132	03:23	123	48:26	152	01:37	110	32:44	114	
133.	1:44:53	29	Beuttenmuller, Jessica	Female 45-49	Watertown	NY	21:13	157	02:59	98	49:25	155	02:15	148	29:01	84	
134.	1:45:45	203	Newton, Lee	Male 65-69	Halfmoon	NY	15:35	74	04:22	153	41:37	95	02:20	151	41:51	154	
135.	1:46:04	116	Hash, Amanda	Female 30-34	Rome	NY	16:44	101	03:43	135	46:39	143	03:17	171	35:41	130	
136.	1:46:38	109	Goodrich, Joyce	Female 65-69	Ballston Lake	NY	27:06	173	04:35	155	43:13	113	01:23	91	30:21	98	
137.	1:47:02	137	Johnston, Patricia	Female 65-69	Ballston Lake	NY	17:57	129	04:49	160	43:57	122	02:40	159	37:39	140	
138.	1:47:02	10	Aronowitz, Carol	Female 55-59	Binghamton	NY	23:17	168	03:41	132	47:57	145	01:23	89	30:44	105	
139.	1:48:06	207	Oberkircher, Oscar	Male 65-69	Laurens	NY	22:33	164	03:52	142	43:08	112	01:26	94	37:07	138	
140.	1:49:00	129	Hrynczak, Sheri	Female 55-59	Clarence	NY	20:52	153	04:16	152	44:30	125	01:31	101	37:51	141	
141.	1:49:29	58	Corrice, Monica	Female 60-64	Liverpool	NY	17:33	120	05:08	164	41:35	94	03:15	170	41:58	155	
142.	1:49:32	48	Ching, Michelle	Female 65-69	Clifton Park	NY	18:25	134	02:51	91	45:28	134	03:01	165	39:47	148	
143.	1:50:12	112	Gregorio, Eugenia	Female 45-49	Delmar	NY	16:51	103	05:05	162	44:51	130	03:12	168	40:13	150	
144.	1:50:36	3	Allen, Kelly	Female 45-49	Oswego	NY	18:46	137	03:51	141	46:43	144	02:45	162	38:31	144	
145.	1:52:13	243	Roller, Sarah	Female 30-34	La Fayette	NY	17:52	128	09:52	172	44:24	124	05:03	174	35:02	126	
146.	1:52:33	210	Oshins, Patricia	Female 55-59	New Hartford	NY	16:00	80	02:30	75	48:10	149	01:41	115	44:12	159	
147.	1:52:50	233	Reilly, Tim	Male 65-69	Ballston Lake	NY	13:55	48	24:00	173	42:53	108	02:33	157	29:29	86	
148.	1:53:10	81	Douglas, Emily	Female 45-49	Oakfield	NY	19:41	149	03:51	140	52:56	160	01:25	93	35:17	128	
149.	1:53:43	110	Gossin, Traci	Female 50-54	Wesley Chapel	FL	22:12	163	03:19	120	49:27	156	01:45	119	37:00	136	
150.	1:55:17	287	Storrings, Deborah	Female 65-69	Manlius	NY	21:50	162	03:06	107	44:32	126	02:11	143	43:38	158	
151.	1:55:23	234	Reittinger, Lisa	Female 50-54	Ballston Spa	NY	17:06	108	06:13	169	56:02	166	01:22	85	34:40	123	
152.	1:57:00	304	Wedgren, Meghan	Female 35-39	Rome	NY	22:36	165	02:47	87	48:00	147	01:52	128	41:45	153	
153.	1:57:12	33	Boettrich, Ellen	Female 75-79	Hilton	NY	19:11	143	02:34	78	47:58	146	01:05	54	46:24	163	
154.	1:58:33	141	Seeley, Jeremy	Male 35-39	Cherry Valley	NY	26:44	172	03:36	131	53:21	163	01:12	69	33:40	117	
155.	1:58:46	24	Beuttenmuller, Calvin	Male 10-14	Watertown	NY	18:49	138	04:15	150	57:16	170	01:22	86	37:04	137	





Overall Results

Place	Finish	Bib	Name	AG	City	State	Swim	Swim Rank	T1	T1 Rank	Bike	Bike Rank	T2	T2 Rank	Run	Run Rank	Nat.
156.	1:59:21	55	Conger, Sarah	Female 45-49	Baldwinsville	NY	16:38	99	03:05	105	44:45	128	02:33	158	52:20	172	
157.	1:59:22	59	Corrice, Caitlin	Female 30-34	Liverpool	NY	17:21	118	04:04	147	50:30	158	01:47	122	45:40	162	
158.	1:59:23	222	Pierson, Della	Female 65-69	Syracuse	NY	17:09	109	04:14	149	45:47	138	03:00	164	49:13	169	
159.	1:59:23	253	Schell, Eileen	Female 60-64	Syracuse	NY	21:11	156	04:00	145	45:34	136	03:18	172	45:20	161	
160.	2:01:18	46	Chaba, Kevin	Male 35-39	Walworth	NY	19:33	146	03:48	138	55:21	165	01:30	98	41:06	151	
161.	2:01:35	92	Fisher, Amber	Female 35-39	Byron	NY	16:12	89	03:08	109	56:38	168	00:51	26	44:46	160	
162.	2:02:26	297	Tyo, Donna	Female 65-69	Minoa	NY	24:17	169	05:31	166	49:11	154	03:20	173	40:07	149	
163.	2:02:46	90	Ferri, Tish	Female 50-54	Baldwinsville	NY	19:37	147	02:56	96	45:46	137	02:42	161	51:45	171	
164.	2:06:41	82	Dudhedia, Purvi	Female 25-29	Utica	NY	17:36	125	05:11	165	1:03:13	173	02:13	145	38:28	143	
165.	2:07:51	101	Gavenda, Pam	Female 60-64	Manlius	NY	21:14	158	06:16	170	53:45	164	03:09	166	43:27	156	
166.	2:08:04	8	Armstrong, James	Male 60-64	Ava	NY	23:08	167	04:03	146	48:53	153	02:01	136	49:59	170	
167.	2:08:06	97	Fite, Candi	Female 55-59	Fulton	NY	20:55	154	03:41	133	53:03	161	03:12	169	47:15	165	
168.	2:08:50	7	Armstrong, Rebecca	Female 55-59	Pownal	VT	21:10	155	03:09	110	48:18	150	03:11	167	53:02	174	
169.	2:09:05	170	Majoros, Mary	Female 55-59	Houghton	NY	21:27	160	02:56	93	57:10	169	01:08	57	46:24	164	
170.	2:10:42	127	Hosmer, Lori	Female 55-59	Rochester	NY	16:53	104	04:41	158	58:12	171	02:50	163	48:06	166	
171.	2:11:56	9	Armstrong, Lisa	Female 55-59	Ava	NY	28:22	174	04:28	154	53:04	162	02:25	153	43:37	157	
172.	2:17:51	272	Smith, Renae	Female 30-34	Ionia	NY	22:54	166	06:40	171	58:17	172	01:35	107	48:25	168	
173.	2:19:48	289	Swift, Bethany	Female 40-44	Whitesboro	NY	21:49	161	02:19	65	1:06:00	174	01:30	100	48:10	167	
174.	2:53:31	271	Smith, Lisa	Female 60-64	Rush	NY	26:38	171	36:15	174	56:33	167	01:28	96	52:37	173	

Sprint AquaBike

1.	40:01	8315	Woods, Simon	Male 50-54	Pittsford	NY	09:32	1	01:11	2	29:18	1	-1	-1	
2.	45:00	8191	Mort, Michael	Male 40-44	Liverpool	NY	12:34	6	01:10	1	31:16	2	-1	-1	
3.	46:38	8245	Rowley, Michael	Male 75-79	Scottsville	NY	13:17	11	01:13	4	32:08	3	-1	-1	
4.	47:36	8063	Daun, Karin	Female 65-69	Brownsburg	IN	12:48	7	02:06	13	32:42	4	-1	-1	
5.	49:37	8309	Abraham, Lora	Female 55-59	Clinton	NY	12:09	4	01:23	5	36:05	10	-1	-1	
6.	49:41	8199	Nasto, Jennifer	Female 50-54	Rome	NY	14:24	14	01:50	10	33:27	5	-1	-1	





Overall Results

Place	Finish	Bib	Name	AG	City	State	Swim	Swim Rank	T1	T1 Rank	Bike	Bike Rank	T2	T2 Rank	Run	Run Rank	Nat.
7.	50:25	8307	Whipps, Melissa	Female 50-54	Fayetteville	NY	14:35	15	01:33	6	34:17	7		-1		-1	
8.	51:17	4	Alley, John	Male 60-64	Jordan	NY	11:28	3	01:52	11	37:57	16		-1		-1	
9.	51:32	8194	Mulinos, Stephanie	Female 60-64	Dryden	NY	13:15	10	01:13	3	37:04	14		-1		-1	
10.	51:39	8314	Winter, Cassie	Female 55-59	Taberg	NY	15:46	19	01:58	12	33:55	6		-1		-1	
11.	51:48	238	Robson, Guy	Male 65-69	Fairport	NY	13:11	9	01:46	8	36:51	12		-1		-1	
12.	52:37	8096	Fite, Brian	Male 60-64	Fulton	NY	13:06	8	02:32	18	36:59	13		-1		-1	
13.	53:35	8228	Rater, Sherri	Female 50-54	Sherman	NY	15:12	18	02:30	17	35:53	9		-1		-1	
14.	53:36	64	Davis, Brad	Male 55-59	Rome	NY	15:05	17	02:46	23	35:45	8		-1		-1	
15.	53:45	35	Bouchard, Tammy	Female 40-44	Barton	NY	14:19	13	03:04	26	36:22	11		-1		-1	
16.	57:05	153	Kreplin-Rose, Charlene	Female 65-69	Syracuse	NY	15:49	20	02:23	16	38:53	18		-1		-1	
17.	57:14	8178	McFadden, Sara	Female 35-39	Ballston Lake	NY	12:21	5	01:47	9	43:06	22		-1		-1	
18.	57:56	8184	Meany, Kathleen	Female 70-74	Altamont	NY	16:39	22	02:43	22	38:34	17		-1		-1	
19.	58:16	278	Spillane, Michael	Male 70-74	Fayetteville	NY	18:11	24	02:15	14	37:50	15		-1		-1	
20.	58:38	301	Wallack, Honorine	Female 60-64	Utica	NY	10:21	2	02:23	15	45:54	26		-1		-1	
21.	58:40	8076	Dinero, Rachel	Female 45-49	Fayetteville	NY	15:03	16	02:56	25	40:41	19		-1		-1	
22.	1:00:37	250	Ryder, Kim	Female 70-74	Bernhards Bay	NY	16:19	21	02:39	20	41:39	20		-1		-1	
23.	1:00:52	267	Shivell, Maria	Female 45-49	Pittsford	NY	14:03	12	01:38	7	45:11	25		-1		-1	
24.	1:04:02	31	Bliss, Deborah	Female 75-79	Spencer	NY	18:30	26	02:40	21	42:52	21		-1		-1	
25.	1:06:40	8225	Rankins-Burd, Margot	Female 30-34	West Winfield	NY	19:13	27	02:39	19	44:48	24		-1		-1	
26.	1:09:51	87	Fedor, Kristin	Female 50-54	Whitesboro	NY	20:45	28	04:33	28	44:33	23		-1		-1	
27.	1:13:25	259	Shavick, Margaret	Female 70-74	Rochester	NY	16:52	23	03:17	27	53:16	28		-1		-1	
28.	1:16:53	214	Pattison, Kennedy	Female 20-24	Cassadaga	NY	18:25	25	02:47	24	55:41	29		-1		-1	
29.	1:29:25	220	Pfeiffer, Kathleen	Female 70-74	Queensbury	NY	27:35	30	09:29	30	52:21	27		-1		-1	
30.	1:30:00	98	Fregoe, Susan	Female 60-64	Rochester	NY	24:21	29	08:20	29	57:19	30		-1		-1	

Sprint Relay

1.	1:07:31	3328	Triple Threat,		Rome	NY	13:28	2	00:37	1	33:49	1	00:23	1	19:14	2	
----	---------	------	----------------	--	------	----	-------	---	-------	---	-------	---	-------	---	-------	---	--





Overall Results

Place	Finish	Bib	Name	AG	City	State	Swim	Swim Rank	T1	T1 Rank	Bike	Bike Rank	T2	T2 Rank	Run	Run Rank	Nat.
2.	1:18:02	3338	Sub 3,		Rome	NY	10:50	1	01:03	3	46:54	4	00:32	2	18:43	1	
3.	1:29:31	3336	The Olympians,		Charlton	NY	16:19	3	01:08	5	45:10	3	00:44	3	26:10	3	
4.	1:37:01	3340	Pickle Me,		Utica	NY	17:36	4	01:01	2	47:04	5	01:00	6	30:20	4	
5.	1:45:48	3341	P3,		Cassadaga	NY	19:08	5	01:07	4	39:55	2	00:45	4	44:53	5	
6.	2:17:14	3331	Tri Sloths,		Camillus	NY	30:01	6	01:13	6	56:45	6	00:47	5	48:28	6	

Number of records: 210



WES - Delta Lake Triathlon - 20260718



Top 3 Awards

Place	Finish Time	Bib	Name	City	State	Nat.	Swim	T1	Bike	T2	Run	AG
-------	-------------	-----	------	------	-------	------	------	----	------	----	-----	----

Sprint Triathlon

Female

1.	1:09:55	264	Sherwood, Paige	Morris	NY		11:22	01:38	32:39	01:06	23:10	Female 10-14
2.	1:10:39	8017	Barth, Jade	Syracuse	NY		12:19	01:05	33:56	01:17	22:02	Female 45-49
3.	1:11:46	169	Mainville, Claudette R	Carthage	NY		12:57	01:29	32:57	00:55	23:28	Female 55-59

Male

1.	59:31	156	Kreuser, Ryan	Newark	NY		09:07	00:51	28:14	00:37	20:42	Male 25-29
2.	1:01:46	125	Heyer, Erik	Chevy Chase	MD		10:20	00:44	28:41	00:41	21:20	Male 50-54
3.	1:01:53	269	Sikorski, Michael	New York	NY		10:34	00:54	30:10	00:54	19:21	Male 45-49

Sprint AquaBike

Female

1.	47:36	8063	Daun, Karin	Brownsburg	IN		12:48	02:06	32:42			Female 65-69
2.	49:37	8309	Abraham, Lora	Clinton	NY		12:09	01:23	36:05			Female 55-59
3.	49:41	8199	Nasto, Jennifer	Rome	NY		14:24	01:50	33:27			Female 50-54

Male

1.	40:01	8315	Woods, Simon	Pittsford	NY		09:32	01:11	29:18			Male 50-54
2.	45:00	8191	Mort, Michael	Liverpool	NY		12:34	01:10	31:16			Male 40-44
3.	46:38	8245	Rowley, Michael	Scottsville	NY		13:17	01:13	32:08			Male 75-79

Sprint Relay

1.	1:07:31	3328	Triple Threat,	Rome	NY		13:28	00:37	33:49	00:23	19:14	
2.	1:18:02	3338	Sub 3,	Rome	NY		10:50	01:03	46:54	00:32	18:43	



WES - Delta Lake Triathlon - 20260718



Top 3 Awards

Place	Finish Time	Bib	Name	City	State	Nat.	Swim	T1	Bike	T2	Run	AG
3.	1:29:31	3336	The Olympians,	Charlton	NY		16:19	01:08	45:10	00:44	26:10	



WES - Delta Lake Triathlon - 20260718

Age Group Awards Sprint Triathlon



Place	Finish	Bib	Name	City	State	Swim	T1	Bike	T2	Run	Nat.
Sprint Triathlon											
Female 75-79											
1.	1:57:12	33	Boettrich, Ellen	Hilton	NY	19:11	02:34	47:58	01:05	46:24	
Female 70-74											
1.	1:24:15	136	Johnson, Nancy	Jamestown	NY	13:00	02:39	41:19	00:52	26:25	
2.	1:26:35	8215	Pedersen, Victoria	Sherrill	NY	16:19	01:20	38:50	01:05	29:01	
3.	1:33:04	123	Herkenham, Elizabeth	Ballston Lake	NY	15:55	04:04	41:23	02:08	29:34	
Female 65-69											
1.	1:16:09	205	Nicol, Betsy	Copenhagen	NY	13:20	01:57	33:28	00:47	26:37	
2.	1:20:26	227	Rasmussen, Caroline	Lansing	NY	14:43	01:53	35:07	01:15	27:28	
3.	1:28:42	85	English-Bowers, Molly	Liverpool	NY	17:11	02:36	38:05	02:09	28:41	
Female 60-64											
1.	1:21:39	204	Newton, Theresa	Halfmoon	NY	14:19	02:22	36:19	02:18	26:21	
2.	1:27:03	201	Needleman, Cathy	Middleburgh	NY	14:59	02:40	39:31	01:41	28:12	
3.	1:28:27	5	Alley, Mary	Jordan	NY	17:38	01:55	35:57	01:49	31:08	
Female 55-59											
1.	1:25:18	138	Jones, Krista	Honeoye Falls	NY	13:35	01:26	37:18	01:23	31:36	
2.	1:25:59	88	Fehrman, Christine	Cicero	NY	13:49	01:57	38:01	01:34	30:38	
3.	1:32:11	22	Bernabe, Betsy	Rome	NY	16:04	02:24	41:51	01:18	30:34	
Female 50-54											
1.	1:14:15	61	Cross, Vicki	Davenport	NY	12:28	01:37	35:15	00:37	24:18	
2.	1:21:44	113	Haberbusch, Molly	Clinton	NY	12:09	02:13	39:26	01:36	26:20	



WES - Delta Lake Triathlon - 20260718

Age Group Awards Sprint Triathlon



Place	Finish	Bib	Name	City	State	Swim	T1	Bike	T2	Run	Nat.
3.	1:24:01	144	Kellar, Danielle	Evans Mills	NY	16:27	01:52	36:36	00:54	28:12	

Female 45-49

1.	1:15:16	12	Aungier, Brigitte	Syracuse	NY	14:13	01:13	30:52	00:42	28:16	
2.	1:27:29	60	Cousins, Cherie	Corfu	NY	16:36	02:50	41:18	01:00	25:45	
3.	1:44:53	29	Beuttenmuller, Jessica	Watertown	NY	21:13	02:59	49:25	02:15	29:01	

Female 40-44

1.	1:19:40	265	Sherwood, Jaime	Morris	NY	13:57	01:52	38:01	01:11	24:39	
2.	1:22:01	171	Mancini, Ashley	Whitesboro	NY	14:16	01:49	33:30	01:45	30:41	
3.	1:29:49	303	Walton, Annmarie	Chadwicks	NY	17:10	01:39	39:12	00:49	30:59	

Female 35-39

1.	1:12:48	13	Bach, Allison	Weedsport	NY	11:15	01:37	33:33	00:59	25:24	
2.	1:24:03	252	Schafer, Molly	Whitesboro	NY	13:27	02:34	41:59	00:52	25:11	
3.	1:57:00	304	Wedgren, Meghan	Rome	NY	22:36	02:47	48:00	01:52	41:45	

Female 30-34

1.	1:21:43	240	Robson, Allison	Fairport	NY	14:05	01:58	38:36	01:12	25:52	
2.	1:22:23	56	Cooper, Brianna	Batavia	NY	16:05	01:27	38:42	01:01	25:08	
3.	1:23:27	239	Robson, Elizabeth	Cohoes	NY	15:00	02:47	38:22	01:03	26:15	

Female 25-29

1.	1:13:17	266	Sherwood, Rebecca	Fayetteville	NY	13:52	01:58	34:31	00:38	22:18	
2.	1:16:28	149	Kiteveles, Shelby	Warners	NY	13:16	01:25	35:48	01:02	24:57	
3.	1:26:10	43	Calidonna, Rylee	Clinton	NY	15:56	03:07	42:15	00:44	24:08	

Female 20-24

1.	1:43:20	162	Leon, Sam	Attica	NY	14:47	01:57	46:14	01:17	39:05	
----	---------	-----	-----------	--------	----	-------	-------	-------	-------	-------	--



WES - Delta Lake Triathlon - 20260718

Age Group Awards Sprint Triathlon



Place	Finish	Bib	Name	City	State	Swim	T1	Bike	T2	Run	Nat.
2.	1:44:08	72	Desai, Chandni	Rome	NY	17:13	03:10	43:45	01:23	38:37	

Female 15-19

1.	1:12:24	135	Murray, Emma	Gansevoort	NY	13:50	01:23	34:15	00:47	22:09	
2.	1:12:41	105	Murray, Sophia	Gansevoort	NY	11:52	01:09	33:02	01:12	25:26	
3.	1:17:38	95	Fisher-Liggera, Maggie	Webster	NY	14:39	01:54	38:03	00:39	22:23	

Female 10-14

1.	1:22:08	263	Sherwood, Piper	Morris	NY	16:26	01:52	38:01	01:12	24:37	
2.	1:42:18	260	Shene, Finley	Oneida	NY	12:24	03:21	48:09	01:12	37:12	

Male 80-84

1.	1:32:57	74	Dibelius, David	Lake George	NY	16:11	03:02	39:12	01:42	32:50	
----	---------	----	-----------------	-------------	----	-------	-------	-------	-------	-------	--

Male 75-79

1.	1:38:25	21	Berman, Leo	Syracuse	NY	15:20	02:56	43:07	02:13	34:49	
----	---------	----	-------------	----------	----	-------	-------	-------	-------	-------	--

Male 70-74

1.	1:15:53	298	Learn, Roger	Troy	PA	12:34	01:37	34:14	01:18	26:10	
2.	1:21:17	251	Sarbaugh, Vance	Boulder	CO	12:48	04:16	35:12	02:27	26:34	
3.	1:29:06	18	Baxter, Michael	Pittsford	NY	14:29	02:06	36:49	00:40	35:02	

Male 65-69

1.	1:08:30	83	Earl, Gary	Weedsport	NY	10:30	01:23	31:03	00:59	24:35	
2.	1:19:38	295	Tonzi, Sean	Skaneateles	NY	13:54	01:41	35:20	01:18	27:25	
3.	1:19:51	217	Person, Mark	Syracuse	NY	14:32	01:57	33:51	01:22	28:09	

Male 60-64

1.	1:08:26	256	Seaton, Dale	Utica	NY	11:56	01:03	30:19	00:43	24:25	
----	---------	-----	--------------	-------	----	-------	-------	-------	-------	-------	--



WES - Delta Lake Triathlon - 20260718

Age Group Awards Sprint Triathlon



Place	Finish	Bib	Name	City	State	Swim	T1	Bike	T2	Run	Nat.
2.	1:10:00	299	Virkler, Eric	Lowville	NY	10:37	01:35	33:18	00:49	23:41	
3.	1:14:20	70	Denham, Dr. Tom	Delmar	NY	13:09	01:40	32:04	00:27	27:00	

Male 55-59

1.	1:08:07	197	Murphy, Dan	Cornelius	NC	12:12	01:27	30:54	01:08	22:26	
2.	1:12:43	23	Berntson, Ross	New Hartford	NY	11:46	01:51	33:19	00:57	24:50	
3.	1:24:39	124	Hertzog, Todd	Port Crane	NY	13:14	02:10	33:55	01:33	33:47	

Male 50-54

1.	1:13:03	313	Willis, John	Ballston Lake	NY	13:51	01:23	32:20	00:52	24:37	
2.	1:24:48	180	McIntyre, Tim	Nedrow	NY	14:26	03:15	36:22	01:08	29:37	
3.	1:35:22	938	McAuliffe, Jeffrey	Lewiston	NY	17:34	03:13	39:51	02:03	32:41	

Male 45-49

1.	1:03:04	8187	Mizener, Chris	Fort Worth	TX	10:49	01:32	28:32	01:15	20:56	
2.	1:12:52	291	Tebo, Matthew	Clifton Park	NY	12:04	01:41	32:30	01:17	25:20	
3.	1:13:54	8075	Dinero, Doug	Fayetteville	NY	13:02	01:30	33:06	01:03	25:13	

Male 40-44

1.	1:13:30	8032	Blood, John	Buffalo	NY	11:45	02:59	33:00	02:11	23:35	
2.	1:17:21	193	Mucurio, Anthony	New Hartford	NY	15:51	03:16	36:02	00:50	21:22	
3.	1:28:31	257	Secor, Shawn	Verona	NY	17:00	03:31	38:37	01:31	27:52	

Male 35-39

1.	1:04:59	159	Lamothe, Christopher	Fayetteville	NY	10:36	01:24	30:29	01:11	21:19	
2.	1:33:58	93	Fisher, Brandon	Bergen	NY	20:29	03:42	37:51	00:45	31:11	
3.	1:58:33	141	Seeley, Jeremy	Cherry Valley	NY	26:44	03:36	53:21	01:12	33:40	



WES - Delta Lake Triathlon - 20260718

Age Group Awards Sprint Triathlon



Place	Finish	Bib	Name	City	State	Swim	T1	Bike	T2	Run	Nat.
Male 30-34											
1.	1:23:28	128	Hrynczak, Dyllon	Clarence	NY	19:29	02:14	35:23	02:12	24:10	
2.	1:34:33	296	Townsend, Jonathan	Rome	NY	20:40	04:38	43:19	01:16	24:40	
3.	1:44:26	270	Smith, Zachary	Ionia	NY	18:16	03:23	48:26	01:37	32:44	
Male 25-29											
1.	1:03:57	279	Sposato, Brian	Utica	NY	11:47	01:27	30:05	00:51	19:47	
2.	1:14:50	73	Desai, Deven	Syracuse	NY	13:41	02:46	33:56	01:13	23:14	
3.	1:25:34	139	Jordan, Andrew	Macedon	NY	14:21	02:34	41:30	00:58	26:11	
Male 15-19											
1.	1:04:14	20	Bergeron, Mason	Delmar	NY	10:36	01:10	33:02	00:55	18:31	
2.	1:19:24	305	West, Hunter	Oneida	NY	09:52	03:25	39:18	00:42	26:07	
3.	1:21:09	261	Shene, Cayden	Oneida	NY	10:53	02:26	39:14	01:04	27:32	
Male 10-14											
1.	1:25:52	26	Beuttenmuller, Burke	Watertown	NY	12:40	02:09	43:41	00:35	26:47	
2.	1:29:58	189	Mizener, Parker	Fort Worth	TX	17:05	02:32	38:52	01:40	29:49	
3.	1:58:46	24	Beuttenmuller, Calvin	Watertown	NY	18:49	04:15	57:16	01:22	37:04	

