



Overall Results

Place	Finish	Bib	Name	AG	City	State	Swim	Swim Rank	T1	T1 Rank	Bike	Bike Rank	T2	T2 Rank	Run	Run Rank	Nat.
Triathlon																	
1.	51:35	219	McGrew, Ian	Male 35-39	Kingston	NY	07:03	5	00:25	1	32:06	1	00:20	5	11:41	1	
2.	56:22	232	Roman, Brandon	Male 40-44	High Falls	NY	06:27	3	00:26	2	36:47	2	00:31	15	12:11	2	
3.	59:59	250	Nielson, Michael	Male 50-54	New Paltz	NY	08:38	29	00:51	11	37:05	3	00:30	14	12:55	4	
4.	1:01:37	228	Palsgraf, Valerie	Female 20-24	Solymar		06:47	4	00:38	5	40:32	10	00:24	6	13:16	7	
5.	1:02:18	262	Boyko, Arthur	Male 60-64	Poughkeepsie	NY	05:51	2	00:30	3	41:17	12	00:25	9	14:15	13	
6.	1:03:20	259	Murray, Sophia	Female 15-19	Gansevoort	NY	07:32	12	00:51	10	40:03	9	00:26	10	14:28	14	
7.	1:03:22	223	Moyer, Christopher	Male 35-39	Clinton Corners	NY	08:06	19	01:54	50	39:04	7	00:46	34	13:32	8	
8.	1:03:39	218	Mazzella, Danielle	Female 45-49	New Paltz	NY	09:18	37	00:40	6	39:02	6	00:46	33	13:53	11	
9.	1:03:54	260	Schoonmaker, Dylan	Male 30-34	New Paltz	NY	10:01	46	00:56	12	38:45	5	00:33	18	13:39	9	
10.	1:05:18	187	Brutvan, Marty	Male 50-54	Gardiner	NY	08:32	25	01:03	22	42:28	16	00:34	20	12:41	3	
11.	1:05:20	205	Harrod-McGrew, Anna	Female 40-44	Kingston	NY	08:53	30	00:58	14	41:57	14	00:32	16	13:00	5	
12.	1:05:32	243	Slavin, Sean	Male 50-54	Red Hook	NY	07:40	14	01:03	23	38:12	4	00:41	30	17:56	49	
13.	1:05:55	213	Learn, Roger	Male 70-74	Troy	PA	07:56	17	01:04	24	41:05	11	00:53	44	14:57	22	
14.	1:07:21	242	Signorelli, Michael	Male 40-44	Scarsdale	NY	07:32	13	01:00	17	41:39	13	01:08	54	16:02	36	
15.	1:07:52	193	Cross, Vicki	Female 50-54	Davenport	NY	07:26	8	00:56	13	43:51	22	00:35	22	15:04	23	
16.	1:08:16	269	Ouimet, Patricia	Female 65-69	Millbrook	NY	08:21	21	01:15	26	43:17	19	00:49	39	14:34	18	
17.	1:08:23	252	Graminski, Mark	Male 70-74	Red Hook	NY	08:25	23	01:44	40	40:00	8	01:09	56	17:05	46	
18.	1:08:28	253	Verhaegh, Jens	Male 45-49	Accord	NY	07:45	16	01:28	34	43:19	20	00:36	23	15:20	28	
19.	1:08:36	190	Cadenhead, Bruce	Male 60-64	Dobbs Ferry	NY	08:00	18	01:48	45	42:30	17	00:39	26	15:39	31	
20.	1:09:03	256	Edmonds, Asher	Male 10-14	Cooperstown	NY	07:09	6	00:58	15	46:23	35	00:42	29	13:51	10	
21.	1:09:39	221	Miller, Richard	Male 70-74	Accord	NY	08:22	22	01:01	20	43:00	18	00:54	46	16:22	40	
22.	1:10:49	257	Edmonds, Ezekiel	Male 10-14	Cooperstown	NY	07:29	10	01:24	31	46:16	34	01:10	57	14:30	16	
23.	1:10:50	255	Edmonds, Josh	Male 35-39	Cooperstown	NY	07:30	11	01:27	33	46:12	33	01:10	57	14:31	17	
24.	1:10:55	226	O'Toole, Kevin	Male 40-44	Ronkonkoma	NY	10:03	47	01:17	28	45:39	30	00:54	45	13:02	6	
25.	1:10:59	197	Feder, Victoria	Female 55-59	New York	NY	09:35	42	02:25	57	42:28	15	01:03	52	15:28	29	



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Overall Results



Place	Finish	Bib	Name	AG	City	State	Swim	Swim Rank	T1	T1 Rank	Bike	Bike Rank	T2	T2 Rank	Run	Run Rank	Nat.
26.	1:10:59	196	Falkner, Adam	Male 40-44	Brooklyn	NY	07:11	7	02:10	54	45:11	26	01:17	60	15:10	26	
27.	1:11:27	217	Lopane, Kelly	Female 30-34	Millerton	NY	08:15	20	00:49	9	44:02	23	00:59	48	17:22	47	
28.	1:11:28	164	Bankowski, Michelle	Female 55-59	Poughkeepsie	NY	09:00	33	01:29	35	43:43	21	00:52	41	16:24	41	
29.	1:11:48	248	Zeve, Amelia	Female 25-29	Brooklyn	NY	07:28	9	01:58	51	44:39	24	01:30	63	16:13	38	
30.	1:12:19	211	Kristofik, Michael	Male 65-69	Rhinebeck	NY	08:33	26	01:33	38	45:50	31	00:34	19	15:49	32	
31.	1:12:54	244	Stowe, Eliakim	Male 20-24	Poughkeepsie	NY	08:26	24	00:59	16	48:25	40	00:16	1	14:48	20	
32.	1:13:22	270	Bary, Joshua	Male 35-39	Athens	NY	09:25	39	01:46	42	47:04	36	00:20	3	14:47	19	
33.	1:13:38	220	Mercurio, Dominick	Male 80-84	Cottkill	NY	10:00	45	00:46	8	45:01	25	00:47	36	17:04	45	
34.	1:14:37	212	Lavin, Edward	Male 50-54	Howard Beach	NY	08:35	28	01:50	47	45:34	29	00:52	42	17:46	48	
35.	1:14:47	222	Miller, Aiden	Male 15-19	New York	NY	07:42	15	01:32	37	48:47	44	00:29	13	16:17	39	
36.	1:14:51	194	Czarnecki, David	Male 50-54	Clifton Park	NY	10:27	50	03:45	66	45:20	27	01:07	53	14:12	12	
37.	1:14:52	246	Truslow, Erin	Female 55-59	Kerrville	TX	09:37	43	01:26	32	45:24	28	01:20	61	17:05	44	
38.	1:15:28	198	Felix, Peyton	Female 20-24	Burnt Hills	NY	09:25	40	01:00	18	48:37	42	00:34	21	15:52	33	
39.	1:15:34	233	Ross, David	Male 40-44	Latham	NY	09:15	36	01:00	18	48:10	38	01:01	50	16:08	37	
40.	1:16:00	249	Zornoza, Rafael	Male 15-19	Brooklyn	NY	09:14	35	01:09	25	50:51	48	00:17	2	14:29	15	
41.	1:16:35	266	Fernekes, David	Male 65-69	Poughkeepsie	NY	08:34	27	02:08	53	48:25	39	00:47	38	16:41	42	
42.	1:17:57	236	Schweppe, Michael	Male 60-64	Germantown	NY	10:20	48	01:51	48	46:03	32	01:44	65	17:59	50	
43.	1:17:59	247	Turner, Michael	Male 40-44	Brooklyn	NY	10:56	55	02:30	60	47:59	37	00:41	27	15:53	34	
44.	1:18:08	267	Stephens, Anthony	Male 65-69	Ulster Park	NY	10:52	54	01:35	39	48:45	43	01:22	62	15:34	30	
45.	1:20:08	263	Guest, Donald	Male 30-34	Middleburgh	NY	08:53	31	01:01	21	50:53	49	01:07	55	18:14	53	
46.	1:20:21	261	Winter, Christina	Female 15-19	Elka Park	NY	09:19	38	01:16	27	54:08	56	00:29	12	15:09	24	
47.	1:21:03	200	Gillett, Arthur	Male 45-49	High Falls	NY	08:54	32	03:03	65	50:11	46	00:47	35	18:08	52	
48.	1:21:53	208	Keehn, Jeremy	Male 50-54	Brooklyn	NY	11:11	58	01:45	41	49:06	45	00:37	24	19:14	57	
49.	1:22:55	229	Pinkerton, Ross	Male 40-44	New York	NY	09:06	34	02:44	62	54:44	57	01:11	59	15:10	25	
50.	1:25:28	258	Murray, Candice	Female 55-59	Gansevoort	NY	10:46	53	01:20	30	52:40	53	00:56	47	19:46	58	
51.	1:25:31	159	Aster, Nick	Male 50-54	Philadelphia	PA	09:29	41	02:36	61	52:04	50	00:47	37	20:35	59	





Overall Results

Place	Finish	Bib	Name	AG	City	State	Swim	Swim Rank	T1	T1 Rank	Bike	Bike Rank	T2	T2 Rank	Run	Run Rank	Nat.
52.	1:26:31	251	Winter, Doreen	Female 15-19	Morgantown	WV	10:23	49	00:45	7	59:42	62	00:26	7	15:15	27	
53.	1:27:09	178	Boyles, Danielle	Female 35-39	Pine Plains	NY	11:07	57	01:30	36	55:23	59	00:44	32	18:25	54	
54.	1:27:09	265	Damato, Shelia	Male 35-39	Mount Tremper	NY	12:02	59	01:48	46	53:47	55	00:33	17	18:59	55	
55.	1:27:38	254	Benson, Peter	Male 15-19	Wurtsboro	NY	12:59	64	03:54	67	55:26	60	00:27	11	14:52	21	
56.	1:28:34	240	Shapiro, Sam	Male 40-44	New York	NY	10:46	52	02:29	59	52:29	51	00:50	40	22:00	63	
57.	1:30:29	237	Sciacca, M Dean	Male 60-64	Poughkeepsie	NY	09:57	44	02:48	63	54:47	58	00:42	28	22:15	64	
58.	1:32:03	192	Coconis, Deborah	Female 55-59	Poughkeepsie	NY	11:02	56	01:19	29	58:26	61	00:19	4	20:57	60	
59.	1:32:17	202	Graff, James	Male 65-69	Washington	DC	12:20	63	01:48	44	52:30	52	00:37	25	25:02	66	
60.	1:32:59	204	Hanehan, Martin	Male 60-64	Saratoga Springs	NY	13:31	65	02:27	58	52:41	54	00:59	49	23:21	65	
61.	1:36:47	216	Leon, Michael	Male 45-49	Brookfield	CT	17:34	68	01:52	49	1:00:21	63	01:02	51	15:58	35	
62.	1:40:19	230	Pinkerton, Charlotte	Female 40-44	New York	NY	12:13	61	02:55	64	1:06:38	64	00:25	8	18:08	51	
63.	1:49:03	234	Rossi, Barbara	Female 55-59	New York	NY	13:34	66	02:00	52	1:10:59	65	00:44	31	21:46	61	
64.	1:55:22	239	Shanthan, Sharanya	Female 20-24	Baldwin Place	NY	14:25	67	02:10	55	1:18:45	66	00:52	43	19:10	56	

AquaBike

1.	48:32	215	Lehman, Joel	Male 65-69	Avon	CT	09:43	1	00:50	1	37:59	1	-1	-1	
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Number of records: 65



Top 3 Awards

Place	Finish Time	Bib	Name	City	State	Nat.	Swim	T1	Bike	T2	Run	AG
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Triathlon

Female

1.	1:01:37	228	Palsgraf, Valerie	Solymar			06:47	00:38	40:32	00:24	13:16	Female 20-24
2.	1:03:20	259	Murray, Sophia	Gansevoort	NY		07:32	00:51	40:03	00:26	14:28	Female 15-19
3.	1:03:39	218	Mazzella, Danielle	New Paltz	NY		09:18	00:40	39:02	00:46	13:53	Female 45-49

Male

1.	51:35	219	McGrew, Ian	Kingston	NY		07:03	00:25	32:06	00:20	11:41	Male 35-39
2.	56:22	232	Roman, Brandon	High Falls	NY		06:27	00:26	36:47	00:31	12:11	Male 40-44
3.	59:59	250	Nielson, Michael	New Paltz	NY		08:38	00:51	37:05	00:30	12:55	Male 50-54

AquaBike

Male

1.	48:32	215	Lehman, Joel	Avon	CT		09:43	00:50	37:59			Male 65-69
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Age Group Awards

Place	Finish	Bib	Name	City	State	Swim	T1	Bike	T2	Run	Nat.
Triathlon											
Female 65-69											
1.	1:08:16	269	Ouimet, Patricia	Millbrook	NY	08:21	01:15	43:17	00:49	14:34	
Female 55-59											
1.	1:10:59	197	Feder, Victoria	New York	NY	09:35	02:25	42:28	01:03	15:28	
2.	1:11:28	164	Bankowski, Michelle	Poughkeepsie	NY	09:00	01:29	43:43	00:52	16:24	
3.	1:14:52	246	Truslow, Erin	Kerrville	TX	09:37	01:26	45:24	01:20	17:05	
Female 50-54											
1.	1:07:52	193	Cross, Vicki	Davenport	NY	07:26	00:56	43:51	00:35	15:04	
Female 40-44											
1.	1:05:20	205	Harrod-McGrew, Anna	Kingston	NY	08:53	00:58	41:57	00:32	13:00	
2.	1:40:19	230	Pinkerton, Charlotte	New York	NY	12:13	02:55	1:06:38	00:25	18:08	
Female 35-39											
1.	1:27:09	178	Boyles, Danielle	Pine Plains	NY	11:07	01:30	55:23	00:44	18:25	
Female 30-34											
1.	1:11:27	217	Lopane, Kelly	Millerton	NY	08:15	00:49	44:02	00:59	17:22	
Female 25-29											
1.	1:11:48	248	Zeve, Amelia	Brooklyn	NY	07:28	01:58	44:39	01:30	16:13	
Female 20-24											
1.	1:15:28	198	Felix, Peyton	Burnt Hills	NY	09:25	01:00	48:37	00:34	15:52	
2.	1:55:22	239	Shanthan, Sharanya	Baldwin Place	NY	14:25	02:10	1:18:45	00:52	19:10	



Age Group Awards

Place	Finish	Bib	Name	City	State	Swim	T1	Bike	T2	Run	Nat.
Female 15-19											
1.	1:20:21	261	Winter, Christina	Elka Park	NY	09:19	01:16	54:08	00:29	15:09	
2.	1:26:31	251	Winter, Doreen	Morgantown	WV	10:23	00:45	59:42	00:26	15:15	
Male 80-84											
1.	1:13:38	220	Mercurio, Dominick	Cottekill	NY	10:00	00:46	45:01	00:47	17:04	
Male 70-74											
1.	1:05:55	213	Learn, Roger	Troy	PA	07:56	01:04	41:05	00:53	14:57	
2.	1:08:23	252	Graminski, Mark	Red Hook	NY	08:25	01:44	40:00	01:09	17:05	
3.	1:09:39	221	Miller, Richard	Accord	NY	08:22	01:01	43:00	00:54	16:22	
Male 65-69											
1.	1:12:19	211	Kristofik, Michael	Rhinebeck	NY	08:33	01:33	45:50	00:34	15:49	
2.	1:16:35	266	Fernekes, David	Poughkeepsie	NY	08:34	02:08	48:25	00:47	16:41	
3.	1:18:08	267	Stephens, Anthony	Ulster Park	NY	10:52	01:35	48:45	01:22	15:34	
Male 60-64											
1.	1:02:18	262	Boyko, Arthur	Poughkeepsie	NY	05:51	00:30	41:17	00:25	14:15	
2.	1:08:36	190	Cadenhead, Bruce	Dobbs Ferry	NY	08:00	01:48	42:30	00:39	15:39	
3.	1:17:57	236	Schweppe, Michael	Germantown	NY	10:20	01:51	46:03	01:44	17:59	
Male 50-54											
1.	1:05:18	187	Brutvan, Marty	Gardiner	NY	08:32	01:03	42:28	00:34	12:41	
2.	1:05:32	243	Slavin, Sean	Red Hook	NY	07:40	01:03	38:12	00:41	17:56	
3.	1:14:37	212	Lavin, Edward	Howard Beach	NY	08:35	01:50	45:34	00:52	17:46	



Age Group Awards

Place	Finish	Bib	Name	City	State	Swim	T1	Bike	T2	Run	Nat.
Male 45-49											
1.	1:08:28	253	Verhaegh, Jens	Accord	NY	07:45	01:28	43:19	00:36	15:20	
2.	1:21:03	200	Gillett, Arthur	High Falls	NY	08:54	03:03	50:11	00:47	18:08	
3.	1:36:47	216	Leon, Michael	Brookfield	CT	17:34	01:52	1:00:21	01:02	15:58	
Male 40-44											
1.	1:07:21	242	Signorelli, Michael	Scarsdale	NY	07:32	01:00	41:39	01:08	16:02	
2.	1:10:55	226	O'Toole, Kevin	Ronkonkoma	NY	10:03	01:17	45:39	00:54	13:02	
3.	1:10:59	196	Falkner, Adam	Brooklyn	NY	07:11	02:10	45:11	01:17	15:10	
Male 35-39											
1.	1:03:22	223	Moyer, Christopher	Clinton Corners	NY	08:06	01:54	39:04	00:46	13:32	
2.	1:10:50	255	Edmonds, Josh	Cooperstown	NY	07:30	01:27	46:12	01:10	14:31	
3.	1:13:22	270	Bary, Joshua	Athens	NY	09:25	01:46	47:04	00:20	14:47	
Male 30-34											
1.	1:03:54	260	Schoonmaker, Dylan	New Paltz	NY	10:01	00:56	38:45	00:33	13:39	
2.	1:20:08	263	Guest, Donald	Middleburgh	NY	08:53	01:01	50:53	01:07	18:14	
Male 20-24											
1.	1:12:54	244	Stowe, Eliakim	Poughkeepsie	NY	08:26	00:59	48:25	00:16	14:48	
Male 15-19											
1.	1:14:47	222	Miller, Aiden	New York	NY	07:42	01:32	48:47	00:29	16:17	
2.	1:16:00	249	Zornoza, Rafael	Brooklyn	NY	09:14	01:09	50:51	00:17	14:29	
3.	1:27:38	254	Benson, Peter	Wurtsboro	NY	12:59	03:54	55:26	00:27	14:52	



Age Group Awards

Place	Finish	Bib	Name	City	State	Swim	T1	Bike	T2	Run	Nat.
Male 10-14											
1.	1:09:03	256	Edmonds, Asher	Cooperstown	NY	07:09	00:58	46:23	00:42	13:51	
2.	1:10:49	257	Edmonds, Ezekiel	Cooperstown	NY	07:29	01:24	46:16	01:10	14:30	

